



*We see a world
that works for everyone.*

Bulletin for Sunday, March 13, 2022

Today's Topic and Speaker: "A Spoonful of Medicine IS the Medicine," Dr. Edward Viljoen

This Month's Theme: "Play"

This Week's Affirmation: LAUGHTER REVEALS MY WHOLENESS.

Recommended Reading: *Happy for No Reason* by Marci Shimoff

Sunday Service Times

We offer two identical, in-person services at the Center. One is at 9 am; the other is at 11 am.

Open seating. No reservations required. Children can sit with accompanying adults.

The 9 am service is broadcast live and recorded for rebroadcast. Bookstore hours are from 10 to 11 am and from 12 to 12:30 pm.

Where to Watch Sunday Service from Home

You can watch our 9 am service live from your smartphone, tablet, or computer. (Around 10 am, you can watch a recording of the 9 am service at any time thereafter.)

- On our website: <https://cslsr.org/sunday-service-broadcast/> Live at 9 am and available afterwards in our online video archive: <https://cslsr.org/category/videos/>
- On our new YouTube channel: <https://www.youtube.com/cslsr>
- On Facebook: https://www.facebook.com/centerforspirituallivingsantarosa/live_videos

After Service Prayer

Connect on Zoom with a practitioner on Sunday at 10 am or 12 noon for a confidential one-on-one prayer. The Zoom link is www.cslsr.org/zoom-prayer. Spiritual Mind Treatment, also called Affirmative Prayer, may be the most precious tool of the Science of Mind philosophy. Simply tell the practitioner what is in your heart, and you will receive prayer to affirm that your desired good is present and available.

Spiritual Coaching

If you have benefited from prayer sessions on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone or Zoom. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer to make it so. Contact a practitioner through the online practitioner directory at <https://cslsr.org/members/practitioners/>

Don't Miss a Thing!

To see a list of all upcoming Center events, click here: <https://cslsr.org/events/>

For a monthly calendar view of our events, click here: <https://cslsr.org/events/month/>

Register for Current Classes

For details, go to <https://cslsr.org/class-schedule/>. Be sure to check out options for scholarships and discounts.

- Mental Equivalents, with Rev. Joyce Duffala, begins Monday, March 21.
- Non-Dual Spiritual Teaching: Advaita Vedanta, Taoism, Dzogchen, and Zen, with Dr. Kim Kaiser, begins Tuesday, March 22.

Register for Annual Member Meeting

Members of the Center are encouraged to register as soon as possible for our annual member meeting to be held again this year on Zoom. Your attendance is important so we can establish a quorum to do business. The date is Sunday, March 20. The meeting begins at 1 pm. Click on the following link for details: <https://cslsr.org/annual-member-meeting/>

Book Study: What's In the Way Is the Way

Ten weeks beginning March 30, from 12 noon to 1 pm, join Rev. Tara Steele for a weekly gathering that is much more than a book study. Using Mary O'Malley's book, will practice tuning out "the storyteller" to notice the gifts of the moment. For more information, and the link to register, go here: <https://cslsr.org/book-study-whats-in-the-way-is-the-way/>

Stepping Stones Raffle

Win a beautiful, hand-carved statue from Bali. Six additional winners will receive a selection of six books each that they can choose from designated stock. Tickets are on sale now in the store or online at <https://steppingstones-books-and-gifts.myshopify.com/>. Drawing is at 12 noon on Mother's Day, Sunday, May 15. Need not be present to win.

Travel to Hawaii with Dr. Edward and Spirit Tours

Tour dates are Monday, May 16 – Saturday, May 21. Space is limited. For details, go to <https://spirit.tours/tour/spirit-of-aloha-in-kauai-hawaii-with-dr-edward-viljoen/>

Contacts for Spiritual Support

- For grief support, call Rev. Siota Belle at (707) 527-3650
- To have someone pray with you, call our Telephone Prayer Ministry, (707) 527-3484. Leave your name and number; a prayer practitioner will return your call.
- To hear an inspirational message and prayer, call Dial-a-Thought, (707) 527-3545
- To request hospital or home telephone visits, call Heart in Hand, (707) 527-3574
- For additional spiritual support, click on "Resources" at the top of our homepage, www.cslsr.org.
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <https://cslsr.org/members/practitioners/> and contact the practitioner of your choice. Fees apply.

New Art in the Social Hall

For the months of March and April, member Gail Mardfin is exhibiting a variety of paintings and mixed media works she calls her "Ethereals." If you are a member of the Center and would like to exhibit your work, please contact Bob Hart at rihart9@gmail.com.

Stepping Stones Books and Gifts

- We are open Sundays from 10 to 11 am and from 12 to 12:30 pm
- March Science of Mind magazine now available
- Science of Mind books in Spanish
- Thich Nhat Hanh books in stock
- Calligraphy art gifts
- Children's section
- Visit our Facebook page:
<https://www.facebook.com/Stepping-Stones-Bookstore-116152508558>
- Shop online: <https://steppingstones-books-and-gifts.myshopify.com/>

Online Resources

AFFIRMATIVE PRAYER LIBRARY

Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is

<https://affirmativeprayerlibrary.blogspot.com/>

ONLINE PRAYER REQUESTS

Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <https://cslsr.org/online-prayer-request/>

Youth and Family Blog

The Center maintains an archive of inspiring blog posts full of ideas and activities for parents and children of all ages. You will find projects, games, and discussion questions, along with links to videos of music and even children's books being read aloud. Go to

<https://youthandfamilyministry.blogspot.com/>

Social Media

Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>

Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>

Instagram: <https://www.instagram.com/cslsantarosa/>

Twitter: <https://twitter.com/CSLSantaRosa>

Stepping Stones Facebook Page:

<https://www.facebook.com/Stepping-Stones-Bookstore-116152508558>

Our Nonprofit Partner Program

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our spiritual community. Each month we feature one of them. For March it is Daily Acts, promoting transformative actions that create connected, equitable, and climate resilient communities.

www.dailyacts.org.-To learn more about our nonprofit partner program and to see a list of all 12 partners for 2022, go here: <https://cslsr.org/our-nonprofit-partners/>

Daily and Weekly Groups

SUNDAY EVENINGS

Sunday Evening Conversations

We meet on Zoom every Sunday from 7 to 8 pm. Everyone is welcome. To see the topic and facilitator, visit our blog at <https://sundayeveningsatthecenter.blogspot.com/>. The Zoom link to our weekly gathering is <https://cslsr.org/zoom-SEC>

MONDAY AFTERNOONS

Life Visioning Practice

Every Monday from 12:15 to 1 pm on Zoom, we practice consciously opening to the still small voice within. Facilitators are Antonio Aversano; Rev. Joyce Duffala; Angél Fiorito, RScP; and Rev. Tara Steele. The Zoom link is <https://tinyurl.com/MondayVisioningCircle> . Everyone is welcome.

MONDAY THROUGH FRIDAY

Daily Practice: Generating Love

Every weekday, Monday through Friday, from 10 to 10:25 am. The Zoom link is <https://tinyurl.com/GeneratingLove> You can use a video of this meditation practice on your own at any time: <https://vimeo.com/489089737>

TUESDAY AFTERNOONS

Cancer Thrivers

We provide mutual support for those actively dealing with cancer. We meet on Tuesdays from 1 to 2:30 pm. For more information, please contact Kathy Galvin, RScP, at kgWrites@comcast.net

WEDNESDAY EVENINGS

Meditation: "Inviting the Sacred"

Every Wednesday at 6 pm, Rev. Siota Belle leads a weekly guided meditation. The Zoom link is <https://tinyurl.com/WednesdayEveningMeditation>

SATURDAY MORNINGS

Saturday Morning Meditation Group

Zoom in at 10 am to strengthen your meditation practice. The link is <https://tinyurl.com/SatMeditationGp>

Our Online Blogs

Being and Belonging Group: <https://cslsrbeingandbelonging.blogspot.com>

Dr. Edward's Blog: <https://edblogword.blogspot.com/>

En Español: <https://enespanolcslsr.blogspot.com/>

New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>

New Thought Resources: <http://newthoughtresources.blogspot.com/>

Remembrance Pages: <https://communityremembrancepages.blogspot.com/>

Spiritual Leader Blog: <https://cslspiritualleader.blogspot.com/>

Sunday Evening Conversations: <https://sundayeveningsatthecenter.blogspot.com/>

Volunteer Blog: <http://cslsr.blogspot.com/>

Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>

Youth and Family Ministry: <https://youthandfamilyministry.blogspot.com/>

Monthly Meetings

FIRST SUNDAY

Full Circle: Conversations About Death & Dying

We meet from 1 to 2:30 pm for education, spiritual support, conversation, and resources about death and dying. The Zoom link is

<https://us02web.zoom.us/j/88230753730?pwd=T3daOEpGRXN6QWNhMlFIZmx0bjQvdz09>

SECOND SUNDAY

Being and Belonging Discussion Group

We meet from 1 to 2:30 pm. The Zoom link is <https://tinyurl.com/BBGDdiscussion>.

You are also invited to visit our blog. See the link in "Our Online Blogs" on the previous page.

FOURTH MONDAY

The Third Act

We meet from 1:30 to 2:30 pm, giving the seniors in our community an opportunity to go deeper in our spiritual journey. Rev. Joyce Kinzel is the facilitator. The Zoom link is

<https://cslsr.org/zoom-TheThirdAct/>

FIRST TUESDAY

Pray with Dr. Edward

Join Dr. Edward and the staff at 3 pm on the first Tuesday of the month for prayer. The Zoom link is <http://cslsr.org/Zoom-TuesdayStaffPrayer>.

SECOND TUESDAY

Seniors in Spirit

We meet at 1 pm for lunch and to plan future outings together. Contact Norma Miller at (707) 579-1248 to find out where we are meeting and to reserve your place at lunch. Bring your ideas for places we might visit as a group.

FOURTH THURSDAY

Board of Trustees

Our board of trustees usually meets on the fourth Thursday of the month. No meeting in March since this is the month of the Annual Member Meeting. Except for executive sessions, the meetings are open to the public. The meetings are held on Zoom. Here is the link:

<https://us02web.zoom.us/j/82409732515>

FIRST WEDNESDAY

Wednesday Night Live with Rev. Russ Legear

Join Rev. Russ at 7 pm on the first Wednesday of the month where we come together in spiritual practices aligned with our global theme of the month. No need to sign up, simply drop in on Zoom! The link is <http://cslsr.org/Zoom-FirstWednesday>

LAST DAY OF THE MONTH

Peace Meditation

Except in October, when we meet on the 30th, and December, when we meet at 4 am, we meet on the last day of the month at 7 pm to pray for peace on our planet. For more information, contact Vivian Strand, RScP Emeritus, at (707) 953-1917. The Zoom link is

<https://tinyurl.com/World-Peace-Meditation>