

*We see a world
that works for everyone.*



Bulletin for Sunday, November 28, 2021

Today's Topic and Speaker: "Gratitude Beyond Gifts," Dr. Edward Viljoen

This Month's Theme: "Breathe in the View"

Affirmation for November: I clearly see the unity of all of life. I tune my awareness to the spiritual truth of beauty and grace. My breath is the breath of Spirit.

Recommended Reading: *The Hidden Power of the Bible* by Ernest Holmes

The Gratitude Formula: A 7-Step Success System... by May McCarthy

Sunday Service Times

We offer two identical, in-person services at the Center. One is at 9 am; the other is at 11 am.

Open seating. No reservations required. Children can sit with accompanying adults.

Only the 9 am service is broadcast live and recorded for rebroadcast. Social hour and bookstore hours are from 10 to 11 am.

Where to Watch Sunday Service from Home

You can watch our 9 am service live from your smartphone, tablet, or computer. (Around 10 am, you can watch a recording of the 9 am service at any time thereafter.)

- On our website: <https://cslsr.org/sunday-service-broadcast/> Live at 9 am and available afterwards in our online video archive: <https://cslsr.org/category/videos/>
- On our new YouTube channel: <https://www.youtube.com/cslsr>
- On Facebook: https://www.facebook.com/centerforspirituallivingsantarosa/live_videos

Pray with a Practitioner

Connect on Zoom with a practitioner on Sunday at 10 am or 12 noon for a confidential one-on-one prayer. The Zoom link is www.cslsr.org/zoom-prayer. Spiritual Mind Treatment, also called Affirmative Prayer, may be the most precious tool of the Science of Mind philosophy. Simply tell the practitioner what is in your heart, and you will receive prayer to affirm that your desired good is present and available.

Spiritual Coaching

If you have benefited from prayer sessions on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone or Zoom. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer to make it so. Contact a practitioner through the online practitioner directory at <https://cslsr.org/members/practitioners/>

Calling All Artists

Are you an artist and a member of the Center? We would love to display some of your work as part of our "Art at the Center" program. Approximately every two months we feature the work of a different artist in the Social Hall. If you are interested, please contact Bob Hart at rihart9@gmail.com and include some pictures of your work. Write "Artist" in the subject line.

Travel Size Toiletries

We have an easy way for you to support your community and make use of the little soaps, shampoos, lotions, etc. that you get from hotels. We are collecting these items for distribution during the holiday season to those living with mental illness. Please also consider donating deodorant, razors, toothpaste, toothbrushes, and regular size bars of soap. You can place your donations in the plastic box near the entrance to the Social Hall during the month of November. Thank you for your participation!

Be a Trustee

Are you looking for a deeper connection with the Center? Are you ready to give and receive more? We would like to invite you to consider applying to serve on the Center's Board of Trustees. Click here to learn more: <https://cslsr.org/be-a-trustee/>

Thinking of applying for the board? Read this first.

by Bob Hart

I am just finishing my second term on the Board of Trustees. A term is a three-year commitment that goes by in a flash. For my second term I had it all planned out. I was going to visit every event and meeting in the Center, develop an overview of the entire organization, and then decide how I could best serve the Center. However, it didn't work out that way at all. Instead, I became the Treasurer and embarked on a completely unexpected and thoroughly exciting journey. Who knew?

Really, who knew? Who knew in my first year we would experience a devastating fire that severely impacted many of our members? Or that in the second year we would be hit with a pandemic and lose a big chunk of our funding and need to raise outside money and cut costs and work online and discontinue meeting in person?

Ah, but that is what makes it so exciting: the challenges, the energy of all of us working together, reaching down deep, burning the midnight oil, finding solutions to unanticipated problems, and always moving forward.

Sound like fun? It is! If you feel called to be in service to our community, to engage in a meaningful adventure with a committed team, to participate in visioning for our future, to work closely and cooperatively with others, and to actually have an impact, please consider applying to be a Trustee. Believe me, there is never a dull moment!

Community Forum: We Want to Hear from You

This Wednesday, December 1, you are invited to a Community Forum at 7 pm on Zoom. We have reopened our doors for Sunday morning service while also livestreaming for those who would prefer to watch online. As we move into the New Year, our staff wants to know how it's going.

- If you're attending Sunday services, is it in person or online?
- What might we do to improve your experience?
- If you're not attending in person, why is that?
- And a general check-in question: What do you need that our staff might offer to you.

We look forward to hearing from you.

The Zoom link is: <https://tinyurl.com/CSLSRCommunityForum>

Art Show and Social Hour

Enjoy our new social hour from 10 to 11 am in the Social Hall. There are tables and chairs in a new, friendly configuration. On the walls you will see an installation of fabric art by congregant Michele Holland.

News from Stepping Stones Books and Gifts

- Boxed holiday cards
- Calendars
- Gift Certificates
- All past books of the month 50% off
- New products arriving every week, including original art
- Now open on Sundays from 10 to 11 am and from 12 to 12:30 pm
- Visit our Facebook page:
<https://www.facebook.com/Stepping-Stones-Bookstore-116152508558>
- Shop online: <https://steppingstones-books-and-gifts.myshopify.com/>

Contacts for Spiritual Support

- For grief support, call Rev. Siota Belle at (707) 527-3650
- To have someone pray with you, call our Telephone Prayer Ministry, (707) 527-3484. Leave your name and number; a prayer practitioner will return your call.
- To hear an inspirational message and prayer, call Dial-a-Thought, (707) 527-3545
- To request hospital or home telephone visits, call Heart in Hand, (707) 527-3574
- For additional spiritual support, click on "Resources" at the top of our homepage, www.cslsr.org.
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <https://cslsr.org/members/practitioners/> and contact the practitioner of your choice. Fees apply.

Love Your Center: Volunteer

As we return to our spiritual home on Occidental Road, there are a number of volunteer opportunities opening up, both inside and outside, on Sunday and during the week. For details, and to find an opportunity that is a perfect fit for you, go here:

<https://cslsr.org/love-your-center-and-volunteer/>

Online Resources

AFFIRMATIVE PRAYER LIBRARY

Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is

<https://affirmativeprayerlibrary.blogspot.com/>

ONLINE PRAYER REQUESTS

Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <https://cslsr.org/online-prayer-request/>

Our Nonprofit Partner Program

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our spiritual community. Each month we feature one of them. For November it is SONOMA COUNTY INDIAN HEALTH PROJECT, a comprehensive healthcare system that serves the needs and traditional values of our American Indian Community where patients are treated with respect, dignity, and compassion. www.scihp.org. To learn more about our nonprofit partner program and to see a list of all 12 partners for 2021, go here: <https://cslsr.org/our-nonprofit-partners/>

Weekly Youth and Family Blog

Youth and Family Support Coordinator Susan Robinson creates a weekly blog full of ideas and activities aligned with our monthly themes and weekly topics. You will find projects, games, and discussion questions, along with links to videos of music and even children's books being read aloud. Go to <https://youthandfamilyministry.blogspot.com/>

Stepping Stones Books and Gifts

We are open on Sundays from 10 to 11 am and again 12 noon. We also offer online sales of our products, including books of the month, books by Ernest Holmes and Edward Viljoen, and class textbooks. We process orders every Tuesday with two delivery options (1) U.S. Postal Service and (2) Curbside pickup following guidelines for social distancing. Call us at (707) 527-3680 or visit us online at <https://steppingstones-books-and-gifts.myshopify.com/>

Christmas Eve Service

Enjoy a magical evening of music, inspiration, prayer, and lights beginning at 7 pm. After a message from Dr. Edward, we will light candles accompanied by sacred music of the season performed by music director Christopher Fritzsche and friends. Doors open at 6 pm. Sanctuary doors open at 6:30 pm. Stepping Stones Books and Gifts will be open from 6 to 7 pm. There are a limited number of seats in the Sanctuary that you can reserve in advance. Go to <https://cslsr.breezechms.com/form/christmaseve2021>. You can also watch the service at home on our website, Facebook, or YouTube using the same links as those for Sunday service: <https://cslsr.org/new-sunday-links/>

Daily and Weekly Gatherings

DAILY PRACTICE: GENERATING LOVE

Every week, Monday through Friday, from 10 to 10:25 am. The Zoom link is <https://tinyurl.com/GeneratingLove> You can use a video of this meditation practice on your own at any time: <https://vimeo.com/489089737>

SUNDAY EVENING CONVERSATIONS

Tonight at 7 pm, our topic is "Seeing Beauty, Feeling Grace," facilitated by Practitioner Peggy Weber. Everyone is welcome. To learn more, visit our blog at <https://sundayeveningsatthecenter.blogspot.com/>. The Zoom link to our weekly gathering is <https://cslsr.org/zoom-SEC>

LIFE VISIONING CIRCLE

Every Monday from 12:15 to 1 pm on Zoom, we practice consciously opening to the still small voice within. Facilitators are Antonio Aversano, Rev. Joyce Duffala, Rev. Siota Belle, and Rev. Tara Steele. The Zoom link is <https://tinyurl.com/MondayVisioningCircle> . Everyone is welcome.

CANCER THRIVERS

This group provides mutual support for those actively dealing with cancer. We meet on Tuesdays from 1 to 2:30 pm. For more information, please contact Kathy Galvin, RScP, at kgWrites@comcast.net

SCIENCE OF MIND/12-STEP GROUP

We meet every Tuesday from 7 to 8 pm on Zoom. Everyone is invited. The link is <https://zoom.us/j/94490286131>

WEDNESDAY EVENING MEDITATION, "INVITING THE SACRED"

Wednesday, December 1 at 6 pm. Rev. Siota Belle leads a weekly guided meditation. The Zoom link is <https://tinyurl.com/WednesdayEveningMeditation>

SATURDAY MORNING MEDITATION

Zoom in to the weekly Saturday Meditation Group at 10 am to strengthen your meditation practice. The link is <https://tinyurl.com/SatMeditationGp>

Social Media

Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>

Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>

Instagram: <https://www.instagram.com/cslsantarosa/>

Twitter: <https://twitter.com/CSLSantaRosa>

Stepping Stones Facebook Page:

<https://www.facebook.com/Stepping-Stones-Bookstore-116152508558>

Monthly Meetings

MONTHLY PEACE MEDITATION

Tuesday, November 30, at 7 pm. Except in October, we meet on the last calendar day of the month to pray and meditate together with a focus on world peace. For more information, contact Vivian Strand, RScP, at (707) 953-1917. The Zoom link is <https://tinyurl.com/World-Peace-Meditation>

WEDNESDAY NIGHT LIVE

Wednesday, December 1, at 7 pm. Special Community Forum. See page 3 for details.

FULL CIRCLE: CONVERSATIONS ABOUT DEATH & DYING

Sunday, December 5, from 1 to 2:30 pm. We meet on the first Sunday of the month for education, spiritual support, conversation, and resources about death and dying. Everyone is welcome. The Zoom link is <https://tinyurl.com/SundayFullCircle>

PRAY WITH DR. EDWARD

Tuesday, December 7, at 3 pm. Join Dr. Edward and the staff on the first Tuesday of the month for prayer. The Zoom link is <http://cslsr.org/Zoom-TuesdayStaffPrayer>.

BOARD OF TRUSTEES

Thursday, December 9, at 5:30 pm. Our board of trustees usually meets on the fourth Thursday of the month. Except for executive sessions, the meetings are open to the public. The meetings are held on Zoom. Here is the link: <https://us02web.zoom.us/j/82409732515>

BEING AND BELONGING DISCUSSION GROUP

Sunday, December 12. The Zoom link is <https://tinyurl.com/BBGDiscussion>. You are also invited to visit our blog. See the hyperlink below.

SENIORS IN SPIRIT

Tuesday, December 14. We meet on the second Tuesday of the month at 1 pm for lunch and to plan future outings together. Contact Norma Miller at (707) 579-1248 to find out where we are meeting and to reserve your place at lunch. Bring your ideas for places we might visit as a group.

THE THIRD ACT

Monday, December 27, from 1:30 to 2:30 pm. The Third Act gives the seniors in our community an opportunity to go deeper in our spiritual journey. Rev. Joyce Kinzel is the facilitator. We meet on the fourth Monday of the month. The Zoom link is <https://cslsr.org/zoom-TheThirdAct/>

Our Online Blogs

Being and Belonging Group: <https://cslsrbeingandbelonging.blogspot.com>

Dr. Edward's Blog: <https://edblogword.blogspot.com/>

En Español: <https://enespanolcslsr.blogspot.com/>

New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>

New Thought Resources: <http://newthoughtresources.blogspot.com/>

Remembrance Pages: <https://communityremembrancepages.blogspot.com/>

Spiritual Leader Blog: <https://cslspiritualleader.blogspot.com/>

Sunday Evening Conversations: <https://sundayeveningsatthecenter.blogspot.com/>

Volunteer Blog: <http://cslsr.blogspot.com/>

Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>

Youth and Family Ministry: <https://youthandfamilyministry.blogspot.com/>