

*We see a world  
that works for everyone.*



## Bulletin for Sunday, October 24, 2021

**Today's Topic and Speaker:** "Dig Deep," Dr. Edward Viljoen

**This Month's Theme:** "Going Further Together"

**Affirmation for September:** I am a force for good. The free-flowing wisdom of Divine Intelligence gives me insight and inspiration. I am the love of the One in action.

**Recommended Reading:** *Living Without Fear* by Ernest Holmes;  
*All About Love...* by Susan L. Taylor

## Sunday Service Times

We offer two identical, in-person services at the Center. One is at 9 am; the other is at 11 am. Open seating. No reservations required. Children can sit with accompanying adults. Only the 9 am service is broadcast live and recorded for rebroadcast. Social hour and bookstore hours are from 10 to 11 am.

## Where to Watch Sunday Service from Home

You can watch our 9 am service live from your smartphone, tablet, or computer. (Around 10 am, you can watch a recording of the 9 am service at any time thereafter.)

- On our website: <https://cslsr.org/sunday-service-broadcast/> Live at 9 am and available afterwards in our online video archive: <https://cslsr.org/category/videos/>
- On our new YouTube channel: <https://www.youtube.com/cslsr>
- On Facebook: [https://www.facebook.com/centerforspirituallivingsantarosa/live\\_videos](https://www.facebook.com/centerforspirituallivingsantarosa/live_videos)

## Pray with a Practitioner

Connect on Zoom with a practitioner on Sunday at 10 am or 12 noon for a confidential one-on-one prayer. The Zoom link is [www.cslsr.org/zoom-prayer](http://www.cslsr.org/zoom-prayer). Spiritual Mind Treatment, also called Affirmative Prayer, may be the most precious tool of the Science of Mind philosophy. Simply tell the practitioner what is in your heart, and you will receive prayer to affirm that your desired good is present and available.

## Spiritual Coaching

If you have benefited from prayer sessions on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone or Zoom. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer to make it so. Contact a practitioner through the online practitioner directory at <https://cslsr.org/members/practitioners/>

## Folded Paper Project and Giving Intentions

During the month of October you are invited to bring to the Center your folded origami paper ornament or prayer love knot along with your 2022 giving intention. You can also mail these items back to us if you received them in our recent mailer. If you prefer to submit your giving intention online, here is the link: <https://cslsr.org/2022-giving-intention/>  
Questions? Contact COO Linda Hann at [linda.hann@cslsr.org](mailto:linda.hann@cslsr.org) or (707) 527-3593.

## Be a Trustee

Are you looking for a deeper connection with the Center? Are you ready to give and receive more? We would like to invite you to consider applying to serve on the Center's Board of Trustees. Click here to learn more: <https://cslsr.org/be-a-trustee/>

### Being a Trustee

by Anne Marie Cheney

It all began with a little whisper that said "yes" when a notice from the stage and in the bulletin appeared seeking new members for the Board of Trustees. But I was working and busy and couldn't imagine fitting it into my schedule. The deadline for applications passed and the year rolled by. Again, the announcement was made. This time I picked up an application and read through it. I thought "I'm not qualified enough." Besides, numbers and accounting make me nervous and what special skills do I have, unless they need a nurse, which seemed unlikely. Another year went by. This time, when the announcement was made, I talked to someone at the information table. I mentioned feeling that I didn't have any special skills to offer. She responded by saying, "You have a willingness to serve. That counts." So, I took the application home, filled it out, and sent it in. I never truly thought I would be selected.

When the call came asking if I would be willing to serve on the board, I responded without hesitation. I have now been a trustee for six months and what a ride it has been! Wonderful people to work with and lots to do but everyone does their share. I have been involved with training volunteers so that we could return to in-person services in the face of Covid restrictions. I have worked with other trustees to develop policies to keep everyone safe in these challenging times. My connection to Spirit has become deeper and more alive as we work together. My sense of belonging to something bigger than my own small self has grown. I have seen Spirit in action over and over as we work together to support our Center's growth and development. I'm so glad I said yes!

Is it your turn now?

## Art Show and Social Hour

Enjoy our new social hour from 10 to 11 am in the Social Hall. There are tables and chairs in a new, friendly configuration. On the walls you will see an installation of fabric art by congregant Michele Holland.

## Register Now for the Remaining Fall Classes

	<i>Class Title</i>	<i>Teacher(s)</i>	<i>Days</i>	<i>Time</i>
S	Ladder of Consciousness: Building Your Relationship with the Divine	Rev. Siota Belle	4 Saturdays 10/30 – 11/20	9:30 – 11:30 am
S	Your Authentic and Innate Goodness	Dr. Edward Viljoen	3 Tuesdays 11/2 – 11/16	8:30 – 10:00 am
S = Spiritual Enrichment Course; C = Core Class				

## News from Stepping Stones Books and Gifts

- ❖ All past books of the month 50% off
- ❖ New products arriving every week, including original art
- ❖ Now open at 12 noon following second service
- ❖ Visit our Facebook page:  
<https://www.facebook.com/Stepping-Stones-Bookstore-116152508558>
- ❖ Shop online: <https://steppingstones-books-and-gifts.myshopify.com/>

## Contacts for Spiritual Support

- For grief support, call Rev. Siota Belle at (707) 527-3650
- To have someone pray with you, call our Telephone Prayer Ministry, (707) 527-3484. Leave your name and number; a prayer practitioner will return your call.
- To hear an inspirational message and prayer, call Dial-a-Thought, (707) 527-3545
- To request hospital or home telephone visits, call Heart in Hand, (707) 527-3574
- For additional spiritual support, click on "Resources" at the top of our homepage, [www.cslsr.org](http://www.cslsr.org).
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <https://cslsr.org/members/practitioners/> and contact the practitioner of your choice. Fees apply.

## Annual Remembrance Service

On Wednesday, November 3, at 7 pm, join Rev. Siota Belle on Zoom as we remember those who have made their transition in the past year. The Zoom link for the service is

<https://us02web.zoom.us/j/88580794892>

## Love Your Center: Volunteer

As we return to our spiritual home on Occidental Road, there are a number of volunteer opportunities opening up, both inside and outside, on Sunday and during the week. For details, and to find an opportunity that is a perfect fit for you, go here:

<https://cslsr.org/love-your-center-and-volunteer/>

## Online Resources

### AFFIRMATIVE PRAYER LIBRARY

Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is

<https://affirmativeprayerlibrary.blogspot.com/>

### ONLINE PRAYER REQUESTS

Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <https://cslsr.org/online-prayer-request/>

## Our Nonprofit Partner Program

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our spiritual community. Each month we feature one of them. For October it is FOOD FOR THOUGHT, providing healing nutrition and compassion to more than 1,000 people affected by serious illnesses in Sonoma County. [www.fftfoodbank.org](http://www.fftfoodbank.org). To learn more about our nonprofit partner program and to see a list of all 12 partners for 2021, go here: <https://cslsr.org/our-nonprofit-partners/>

## Weekly Youth and Family Blog

Youth and Family Support Coordinator Susan Robinson creates a weekly blog full of ideas and activities aligned with our monthly themes and weekly topics. You will find projects, games, and discussion questions, along with links to videos of music and even children's books being read aloud. Go to <https://youthandfamilyministry.blogspot.com/>

## Stepping Stones Books and Gifts

We are open on Sundays from 10 to 11 am and again 12 noon. We also offer online sales of our products, including books of the month, books by Ernest Holmes and Edward Viljoen, and class textbooks. We process orders every Tuesday with two delivery options (1) U.S. Postal Service and (2) Curbside pickup following guidelines for social distancing. Call us at (707) 527-3680 or visit us online at <https://steppingstones-books-and-gifts.myshopify.com/>

## Daily and Weekly Gatherings

### DAILY PRACTICE: GENERATING LOVE

Every week, Monday through Friday, from 10 to 10:25 am. The Zoom link is <https://tinyurl.com/GeneratingLove> You can use a video of this meditation practice on your own at any time: <https://vimeo.com/489089737>

### SUNDAY EVENING CONVERSATIONS

Tonight at 7 pm, Practitioner Elias Owens's topic is "The Web of Connection." To learn more, visit our blog at <https://sundayeveningsatthecenter.blogspot.com/>.

The Zoom link to our weekly gathering is <https://cslsr.org/zoom-SEC>

### LIFE VISIONING CIRCLE

Every Monday from 12:15 to 1 pm on Zoom, we practice consciously opening to the still small voice within. Facilitators are Antonio Aversano, Rev. Joyce Duffala, Rev. Siota Belle, and Rev. Tara Steele. The Zoom link is <https://tinyurl.com/MondayVisioningCircle> . Everyone is welcome.

### CANCER THRIVERS

This group provides mutual support for those actively dealing with cancer. We meet on Tuesdays from 1 to 2:30 pm. For more information, please contact Kathy Galvin, RScP, at [kgWrites@comcast.net](mailto:kgWrites@comcast.net)

### SCIENCE OF MIND/12-STEP GROUP

We meet every Tuesday from 7 to 8 pm on Zoom. Everyone is invited. The link is <https://zoom.us/j/94490286131>

### LUNCHTIME LEARNING

On October Wednesdays, from 12 noon to 1 pm, join practitioners Lawrence Edwards, Lili Escovedo, and Krista McAtee in a discussion of the writings of Ernest Holmes collected in the book, *Living Without Fear*. The Zoom link is [tinyurl.com/OctoberLunchtimeLearning](https://tinyurl.com/OctoberLunchtimeLearning).

### WEDNESDAY EVENING MEDITATION, "INVITING THE SACRED"

Every Wednesday, at 6 pm, Rev. Siota Belle leads a weekly guided meditation. The Zoom link is <https://tinyurl.com/WednesdayEveningMeditation>

### SATURDAY MORNING MEDITATION

Zoom in to the weekly Saturday Meditation Group at 10 am to strengthen your meditation practice. The link is <https://tinyurl.com/SatMeditationGp>

## Social Media

Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>

Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>

Instagram: <https://www.instagram.com/cslsantarosa/>

Twitter: <https://twitter.com/CSLSantaRosa>

Stepping Stones Facebook Page:

<https://www.facebook.com/Stepping-Stones-Bookstore-116152508558>

## Monthly Meetings

### THE THIRD ACT

Tomorrow, October 25, from 1:30 to 2:30 pm. The Third Act gives the seniors in our community an opportunity to share their ideas, joys, and concerns and to go deeper in our spiritual journey. Rev. Joyce Kinzel is the facilitator. We meet on the fourth Monday of the month. The Zoom link is <https://cslsr.org/zoom-TheThirdAct/>

### BOARD OF TRUSTEES

This Thursday, October 28, at 5:30 pm. Our board of trustees meets on the fourth Thursday of the month. Except for executive sessions, the meetings are open to the public. The meetings are held on Zoom. Here is the link: <https://us02web.zoom.us/j/82409732515>

### WORLD PEACE MEDITATION

This Saturday, October 30, at 7 pm. Except in October, we meet on the last calendar day of the month to pray and meditate together with a focus on world peace. For more information, contact Vivian Strand, RScP, at (707) 953-1917. The Zoom link is <https://tinyurl.com/World-Peace-Meditation>

### FULL CIRCLE: CONVERSATIONS ABOUT DEATH & DYING

Sunday, November 7, from 1 to 2:30 pm, We meet on the first Sunday of the month for education, spiritual support, conversation, and resources about death and dying. Everyone is welcome. The Zoom link is <https://tinyurl.com/SundayFullCircle>

### BEING AND BELONGING DISCUSSION GROUP

Sunday, November 14. The Zoom link is <https://tinyurl.com/BBGDiscussion>.  
You are also invited to visit our blog. See the hyperlink below.

### WEDNESDAY NIGHT LIVE

Wednesday, December 1, at 7 pm. On the first Wednesday of the month, we host a guest presenter and provide time for questions and answers after the presentation. December's guest is Rev. Dan Granda. The Zoom link is <http://cslsr.org/Zoom-FirstWednesday>

## Our Online Blogs

Being and Belonging Group: <https://cslsrbeingandbelonging.blogspot.com>

Dr. Edward's Blog: <https://edblogword.blogspot.com/>

En Español: <https://enespanolcslsr.blogspot.com/>

New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>

New Thought Resources: <http://newthoughtresources.blogspot.com/>

Remembrance Pages: <https://communityremembrancepages.blogspot.com/>

Spiritual Leader Blog: <https://cslspiritualleader.blogspot.com/>

Sunday Evening Conversations: <https://sundayeveningsatthecenter.blogspot.com/>

Volunteer Blog: <http://cslsr.blogspot.com/>

Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>

Youth and Family Ministry: <https://youthandfamilyministry.blogspot.com/>