We see a world that works for everyone.



# Bulletin for Sunday, September 19, 2021

Today's Topic and Speaker: "When the Road Gets Rocky," Dr. Edward Viljoen

This Month's Theme: "Reaching Higher"

**Affirmation for September**: I am a force for good. The free-flowing wisdom of Divine Intelligence gives me insight and inspiration. I am the love of the One in action.

**Recommended Reading**: *This Thing Called You* by Ernest Holmes; *The Joy of Genius: The Next Step Beyond the Big Leap* by Gay Hendricks

## **Sunday Service Times**

We offer two identical, in-person services at the Center. One is at 9 am; the other is at 11 am. Open seating. No reservations required. Children can sit with accompanying adults. Only the 9 am service is broadcast live and recorded for rebroadcast. Social hour and bookstore hours are from 10 to 11 am.

## Where to Watch Sunday Service from Home

You can watch our 9 am service live from your smartphone, tablet, or computer. (Around 10 am, you can watch a recording of the 9 am service at any time thereafter.)

- On our website: <u>https://cslsr.org/sunday-service-broadcast/</u> Live at 9 am and available afterwards in our online video archive: <u>https://cslsr.org/category/videos/</u>
- On our new YouTube channel: <u>https://www.youtube.com/cslsr</u>
- On Facebook: <u>https://www.facebook.com/centerforspirituallivingsantarosa/live\_videos</u>

### **Pray with a Practitioner**

Connect on Zoom with a practitioner on Sunday at 10 am or 12 noon for a confidential one-on-one prayer. The Zoom link is <u>www.cslsr.org/zoom-prayer</u>. Spiritual Mind Treatment, also called Affirmative Prayer, may be the most precious tool of the Science of Mind philosophy. Simply tell the practitioner what is in your heart, and you will receive prayer to affirm that your desired good is present and available.

## **Spiritual Coaching**

If you have benefited from prayer sessions on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone or Zoom. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer to make it so. Contact a practitioner through the online practitioner directory at <a href="https://cslsr.org/members/practitioners/">https://cslsr.org/members/practitioners/</a>

## Be a Trustee

Are you looking for a deeper connection with the Center? Are you ready to give and receive more? We would like to invite you to consider applying to serve on the Center's Board of Trustees. Click here to learn more: <u>https://cslsr.org/be-a-trustee/</u>

## **Art Show and Social Hour**

Enjoy our new social hour from 10 to 11 am in the Social Hall. There are tables and chairs in a new, friendly configuration. On the walls you will see an installation of photographs by congregant Ed Storck depicting a variety of interesting subjects.

## **Register Now for the Remaining Fall Classes**

The Creative Process in the Individual	Tom Nilsson, RScP	8 Thursdays 9/23 – 11/11	6:30 – 9:30 pm
Beginners Mind and Spiritual Study	Dr. Kim Kaiser	4 Tuesdays 10/26 – 11/16	6:30 – 8:30 pm
Ladder of Consciousness: Building Your Relationship with the Divine	Rev. Siota Belle	4 Saturdays 10/30 – 11/20	9:30 – 11:30 am
Your Authentic and Innate Goodness	Dr. Edward Viljoen	3 Tuesdays 11/2 – 11/16	8:30 – 10:00 am
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## **Staff Opening**

Education Ministry Coordinator (part-time position). Please contact Chandra Farnsworth at <u>chandraf@comcast.net</u> for more information and an application form.

### Inclusion Workshop with Rev. Deborah Johnson

Coming up: Five Wednesdays from 4 to 6 pm. Learn about spirituality, social justice, and best practices. Oct. 20 – Nov. 10: "Cultivating the Consciousness of Inclusion." Details are on our website. Go to <u>https://cslsr.org/inclusion-workshops-with-rev-deborah-johnson/</u>

# **Contacts for Spiritual Support**

- For grief support, call Rev. Siota Belle at (707) 527-3650
- To have someone pray with you, call our Telephone Prayer Ministry, (707) 527-3484. Leave your name and number; a prayer practitioner will return your call.
- To hear an inspirational message and prayer, call Dial-a-Thought, (707) 527-3545
- To request hospital or home telephone visits, call Heart in Hand, (707) 527-3574
- For additional spiritual support, click on "Resources" at the top of our homepage, <u>www.cslsr.org</u>.
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <a href="https://cslsr.org/members/practitioners/">https://cslsr.org/members/practitioners/</a> and contact the practitioner of your choice. Fees apply.

## **Circles for Spiritual Connection**

Circles for Spiritual Connection are small groups that meet weekly on Zoom to discuss the Sunday message. The focus of these groups is to build community and deepen the embodiment of our spiritual nature. Each session is about 90 minutes long and is led by an experienced facilitator. New six-week sessions begin the week of October 10. There are both daytime and evening groups. Use the following link to see details and to register: <u>https://cslsr.org/circles-for-spiritual-connection-2/</u>

### **Love Your Center: Volunteer**

As we return to our spiritual home on Occidental Road, there are a number of volunteer opportunities opening up, both inside and outside, on Sunday and during the week. For details, and to find an opportunity that is a perfect fit for you, go here: <u>https://cslsr.org/love-your-center-and-volunteer/</u>

### **Online Resources**

#### AFFIRMATIVE PRAYER LIBRARY

Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is <a href="https://affirmativeprayerlibrary.blogspot.com/">https://affirmativeprayerlibrary.blogspot.com/</a>

#### **ONLINE PRAYER REQUESTS**

Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <u>https://cslsr.org/online-prayer-request/</u>

### **Our Nonprofit Partner Program**

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our spiritual community. Each month we feature one of them. For September, it is Stewards of the Coast and Redwoods, promoting, restoring, and protecting Armstrong Redwoods State Natural Reserve, Austin Creek State Recreation Area, and Sonoma Coast State Park. <u>www.stewardscr.org</u> To learn more about our nonprofit partner program and to see a list of all 12 partners for 2021, go here: <u>https://cslsr.org/our-nonprofit-partners/</u>

## Weekly Youth and Family Blog

Youth and Family Support Coordinator Susan Robinson creates a weekly blog full of ideas and activities aligned with our monthly themes and weekly topics. You will find projects, games, and discussion questions, along with links to videos of music and even children's books being read aloud. Go to <a href="https://youthandfamilyministry.blogspot.com/">https://youthandfamilyministry.blogspot.com/</a>

### **Stepping Stones Books and Gifts**

We are open on Sundays from 10 to 11 am. We also offer online sales of our products, including books of the month, books by Ernest Holmes and Edward Viljoen, and class textbooks. We process orders every Tuesday with two delivery options (1) U.S. Postal Service and (2) Curbside pickup following guidelines for social distancing. Call us at (707) 527-3680 or visit us online at <a href="https://steppingstones-books-and-gifts.myshopify.com/">https://steppingstones-books-and-gifts.myshopify.com/</a>

# **Daily and Weekly Gatherings**

#### DAILY PRACTICE: GENERATING LOVE

Every week, Monday through Friday, from 10 to 10:25 am. The Zoom link is <u>https://tinyurl.com/GeneratingLove</u> You can use a video of this meditation practice on your own at any time: <u>https://vimeo.com/489089737</u>

#### SUNDAY EVENING CONVERSATIONS

Tonight at 7 pm. Practitioner Krista McAtee's topic is "Limitless Possibilities: What Does It Mean in My Life and the World?" To learn more, visit our blog at

https://sundayeveningsatthecenter.blogspot.com/.

The Zoom link to our weekly gathering is https://cslsr.org/zoom-SEC

#### LIFE VISIONING CIRCLE

Every Monday from 12:15 to 1 pm on Zoom, we practice consciously opening to the still small voice within. Facilitators are Antonio Aversano, Rev. Joyce Duffala, Rev. Siota Belle, and Rev. Tara Steele. The Zoom link is <u>https://tinyurl.com/MondayVisioningCircle</u>. Everyone is welcome.

#### **CANCER THRIVERS**

This group provides mutual support for those actively dealing with cancer. We meet on Tuesdays from 1 to 2:30 pm. For more information, please contact Kathy Galvin, RScP, at <a href="https://www.kgwrites@comcast.net">kgwrites@comcast.net</a>

#### SCIENCE OF MIND/12-STEP GROUP

We meet every Tuesday from 7 to 8 pm on Zoom. Everyone is invited. The link is <u>https://zoom.us/j/94490286131</u>

#### WEDNESDAY EVENING MEDITATION, "INVITING THE SACRED"

Every Wednesday, at 6 pm, Rev. Siota Belle leads a weekly guided meditation. The Zoom link is <u>https://tinyurl.com/WednesdayEveningMeditation</u>

#### SATURDAY MORNING MEDITATION

Zoom in to the weekly Saturday Meditation Group at 10 am to strengthen your meditation practice. The link is <u>https://tinyurl.com/SatMeditationGp</u>

## **Our Online Blogs**

Being and Belonging Group: https://cslsrbeingandbelonging.blogspot.com Dr. Edward's Blog: https://edblogword.blogspot.com/ En Español: https://enespanolcslsr.blogspot.com/ New Life Celebrations: https://cslsrlifecelebrations.blogspot.com/ New Thought Resources: http://newthoughtresources.blogspot.com/ Remembrance Pages: https://communityremembrancepages.blogspot.com/ Spiritual Leader Blog: https://cslspiritualleader.blogspot.com/ Sunday Evening Conversations: https://sundayeveningsatthecenter.blogspot.com/ Volunteer Blog: http://cslsr.blogspot.com/ Wednesday Night Live: https://wednesdayeveningsatthecenter.blogspot.com/ Youth and Family Ministry: https://youthandfamilyministry.blogspot.com/

### **Social Media**

Facebook Group: https://www.facebook.com/groups/centerforspirituallivingsantarosa Facebook Page: https://www.facebook.com/centerforspirituallivingsantarosa Instagram: https://www.instagram.com/cslsantarosa/ Twitter: https://twitter.com/CSLSantaRosa

### We Love Our Volunteers

Visit our volunteer blog and celebrate the individuals working behind the scenes to "make it all happen." <u>http://cslsr.blogspot.com/</u>

### **Monthly Meetings**

#### SPIRIT SISTERS WOMEN'S GROUP

Today, September 19, from 2:30 to 4 pm. Open to women of Santa Rosa and San Jose Centers for Spiritual Living. Facilitated by ministerial interns Lynda Lundry and Donna Starr on the third Sunday of the month. The Zoom link is <u>https://tinyurl.com/SpiritSistersgathering</u>

#### **BOARD OF TRUSTEES**

This Thursday, September 23, at 5:30 pm. Our board of trustees meets on the fourth Thursday of the month. Except for executive sessions, the meetings are open to the public. The meetings are held on Zoom. Here is the link: <u>https://us02web.zoom.us/j/82409732515</u>

#### THE THIRD ACT

Monday, September 27, from 1:30 to 2:30 pm. The Third Act gives the seniors in our community an opportunity to share their ideas, joys, and concerns and to go deeper in our spiritual journey. Rev. Joyce Kinzel is the facilitator. We meet on the fourth Monday of the month. The Zoom link is <a href="https://cslsr.org/zoom-TheThirdAct/">https://cslsr.org/zoom-TheThirdAct/</a>

#### WORLD PEACE MEDITATION

Thursday, September 30, at 7 pm. We meet on the last calendar day of every month to pray and meditate together with a focus on world peace. All are welcome. For more information, contact Vivian Strand, RScP, at (707) 953-1917. The Zoom link is <u>https://tinyurl.com/World-Peace-Meditation</u>

#### FULL CIRCLE: CONVERSATIONS ABOUT DEATH & DYING

Sunday, October 3, from 1 to 2:30 pm, We meet on the first Sunday of the month for education, spiritual support, conversation, and resources about death and dying. Everyone is welcome. The Zoom link is <u>https://tinyurl.com/SundayFullCircle</u>

#### WEDNESDAY NIGHT LIVE

Wednesday, October 6, at 7 pm, our guest presenter is Rev. Aikya Param, speaking on the topic "Can't Wait to Change," based on her experience in prison outreach ministry for the past 20 years. On the first Wednesday of each month, we host a guest presenter and provide time for questions and answers after the presentation. The Zoom link is <u>http://cslsr.org/Zoom-FirstWednesday</u>

#### **BEING AND BELONGING DISCUSSION GROUP**

Sunday, October 10. The Zoom link is <u>https://tinyurl.com/BBGDiscussion</u>. You are also invited to visit our blog. See the hyperlink on page 4.