



*We see a world
that works for everyone.*

Bulletin for Sunday, July 18, 2021

Today's Topic and Speaker: "Free Your Mind and the Rest Will Follow" Dr. Edward Viljoen

This Month's Theme: "Pulled by Vision"

Affirmation for July: I am generous with my thoughts, attention, and action. I keep my spiritual vision of goodness for all foremost in my mind.

Recommended Reading: *Can We Talk to God* by Ernest Holmes;
Spiritual Liberation: Fulfilling Your Soul's Potential by Michael Bernard Beckwith

Sunday Service Times

Currently, we offer one in-person service at 9 am. You are welcome to attend. Open seating. No reservations required. Children can sit with accompanying adults. This service is recorded and available to watch afterwards. *Beginning Sunday, August 1, we will have two identical in-person services at the Center: one at 9 am; the other at 11 am. (The 11 am service will not be broadcast or recorded.)*

Where to Watch Sunday Service from Home

You can watch our 9 am service live from your smartphone, tablet, or computer. (Around 10 am, you can watch a recording of the service at any time thereafter.)

- On our website: <https://cslsr.org/sunday-service-broadcast/> Live at 9 am and available here 24/7 after that for six days. (Website archive location: <https://cslsr.org/category/videos/>)
- On our new YouTube channel: <https://www.youtube.com/cslsr>
- On Facebook: https://www.facebook.com/centerforspirituallivingsantarosa/live_videos

Free Personal Prayer

Connect on Zoom with a licensed practitioner on Sunday at 10 am or 12 noon for a free, confidential one-on-one prayer. The Zoom link is www.cslsr.org/zoom-prayer.

Art Show and Social Hour

Come to our new Social Hour from 10 to 11 am in the Social Hall. There are tables and chairs in a new, friendly configuration. On the walls you will see an installation of photographs by congregant Ed Storck depicting a variety of interesting subjects.

Backpacks for Unsheltered Students

We are partnering with The Living Room and First United Methodist Church to provide backpacks and school supplies for unsheltered students in preschool through college.

This month, between 8:30 and 10 am, you can bring a backpack to the Center filled with supplies appropriate for a student in any age group. Please attach a note to the backpack indicating the intended student's level (primary grades, intermediate grades, middle school, high school, or college). Small backpacks with art supplies are suggested for toddlers and preschoolers.

If you prefer to donate to this outreach project, please mail a check no later than Friday, July 30 to: Backpack Outreach, c/o The Living Room, 328 South E Street, Santa Rosa, CA 95404.

Make your check payable to "The Living Room" and put "backpack" in the memo line.

For more information, you can contact our community minister, Rev. Tara Steele, at tara.steele@cslsr.org.

Lunchtime Learning in July

Join Rev. Joyce Duffala at 12 noon each Wednesday in July for a discussion of Michael Beckwith's book *Spiritual Liberation: Fulfilling Your Soul's Potential*. Beckwith writes, "As a vital expression of Existence, you have entered an agreement with the universal scheme of things to evolve your highest potential and deliver your best on the planet in a unique and magnificent way." And how do we do that? Rev. Michael's book holds both guidance and practice suggestions. You can join Rev. Joyce Duffala and other spiritual seekers in delving into the material to find your own right path. This is a free event. Everyone is welcome.

The Zoom link is <http://tinyurl.com/Lunchtime-SpiritualLiberation>

Contacts for Spiritual Support

- For grief support, call Rev. Siota Belle at 546-4543, ext. 106.
- To have someone pray with you, call our Telephone Prayer Ministry, 546-4561. Leave your name and number; someone will call you within the hour.
- To hear an inspirational message and prayer, call Dial-a-Thought, 544-5423.
- To request hospital or home telephone visits, call Heart in Hand, 546-4543, ext. 370.
- For additional spiritual support, click on "Resources" at the top of our homepage, www.cslsr.org.
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <https://cslsr.org/members/practitioners/> and contact the practitioner of your choice. Fees apply.

Cancer Support Group

The Cancer Thrivers is a mutual support group for those actively dealing with cancer. It's a warm and caring group for anyone wanting to partner with Spirit as they progress along the cancer path. We apply Science of Mind concepts with the intention that we can not only survive but thrive. Contact Kathy Galvin, RScP, kgWrites@comcast.net for further information.

Online Resources

- **AFFIRMATIVE PRAYER LIBRARY**

Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is

<https://affirmativeprayerlibrary.blogspot.com/>

- **ONLINE PRAYER REQUESTS**

Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <https://cslsr.org/online-prayer-request/>

Gentle Yoga

Instructor William Abel leads a weekly gentle yoga class on Wednesdays from 9 to 10 am. Suggested donation is \$10 per class, payable on our website's Donate tab where you can use either a credit card or your PayPal account. Details are on our website: <https://cslsr.org/event/gentle-yoga/all/>

Summer Classes: Something for Everyone

- "Spiritual Principles and Practices," Rev. Tara Steele (begins Mon. 8/2 at 9 am)
- "Spiritual Principles and Practices," Rev. Tara Steele (begins Mon. 8/2 at 6 pm)

See the schedule and complete information here: <https://cslsr.org/class-schedule/>

Spiritual Coaching

If you have benefited from the free five-minute prayer sessions on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone, Zoom, FaceTime, etc. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer (spiritual mind treatment) to make it so. Contact a prayer practitioner through the online practitioner directory at <https://cslsr.org/members/practitioners/>

Our Nonprofit Partner Program

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our spiritual community. Each month we feature one of them.

For July, it is Sacred Activism Ministry at East Bay Church of Religious Science, providing programs and services to empower and uplift residents of Oakland and neighboring communities, www.ebcrcs.org.

To learn more about our nonprofit partner program and to see a list of all 12 partners for 2021, go here: <https://cslsr.org/our-nonprofit-partners/>

Weekly Youth and Family Blog

Each week Youth and Family Support Coordinator Susan Robinson creates a blog full of ideas and activities aligned with our monthly themes and weekly topics. You will find projects, games, and discussion questions, along with links to videos of music and even children's books being read aloud. Go to <https://youthandfamilyministry.blogspot.com/>

Capital Campaign for CSL Camp and Retreat Center

Centers for Spiritual Living is engaged in a capital campaign for the purchase of a well-established 32-acre camp and retreat center. Cedar Ridge Camp & Retreat Center in Vernonia, Oregon, is an ideal place for youth groups, retreats, corporate events, weddings, and conferences, and Centers for Spiritual Living is seeking to raise \$1.5 million for the purchase of the facility, and an additional \$3 million for site improvements. The initial time frame for the campaign is through June 30, with the ability to extend as CSL continues to identify donors. If the campaign falls short of its initial goal, CSL will have the option to enter into a management arrangement with the current camp owner while fundraising continues. The camp is a place where people come together to play and learn and grow in community. In fact, teen groups from Centers for Spiritual Living held their camps here from 2004 to 2007. It's a place to call our own, where our teens, our families, our people can come together. It's a place where CSL can share our message of love and oneness with other groups that use the facilities who don't even know us yet.

A generous donor in our Santa Rosa community believes in this project so strongly that they will match our donations, dollar for dollar, up to \$2,500 between now and July 15.

Donations in any amount are welcome. You can write a check to CSLSR with "Camp" in the memo line and mail it to the Center or deposit it in the offering baskets as you exit the sanctuary on Sunday morning. Or use our online [donate button](#). Be sure to write "Camp" in the section at the top of the online form [next to the little pencil](#) so we know what the donation is for.

For more information, you can [click here](#) to see the campaign information brochure.

If you have questions, please contact Linda Hann, COO, at linda.hann@cslsr.org.

New Website for Home Office

Centers for Spiritual Living has launched a beautiful new website that has been under development for several years. You can see it at www.csl.org.

We Love Our Volunteers

Visit our volunteer blog and celebrate the individuals working behind the scenes to "make it all happen." <http://cslsr.blogspot.com/>

Stepping Stones Books and Gifts

Beginning August 1, we will be open on Sundays from 10 to 11 am. Meanwhile, we offer online sales of books of the month, books by Ernest Holmes and Edward Viljoen, and class textbooks. We process orders every Tuesday with two delivery options (1) U.S. Postal Service and (2) Curbside pickup following guidelines for social distancing.

Visit us at <https://steppingstones-books-and-gifts.myshopify.com/>

Daily and Weekly Groups

DAILY PRACTICE: GENERATING LOVE

Every week, Monday through Friday, from 10 to 10:25 am. In this 25-minute meditation, we recognize that Divine Love is within each of us and to expand a consciousness of a world that works for everyone. The Zoom link is <https://tinyurl.com/GeneratingLove> You can use a video of this meditation practice on your own at any time: <https://vimeo.com/489089737>

SUNDAY EVENING CONVERSATIONS

Everyone is welcome to join us tonight at 7 pm. This week's facilitator is Practitioner Krista McAtee. The topic is "Our Heart's Desire." To learn more, visit our blog at <https://sundayeveningsatthecenter.blogspot.com/>.

The Zoom link to our weekly gathering is <https://cslsr.org/zoom-SEC>

LIFE VISIONING CIRCLE

Every Monday from 12:15 to 1 pm on Zoom. Visioning encourages mystical awareness and connection. Each week we practice consciously opening to the still small voice within. Facilitators are Antonio Aversano, Rev. Joyce Duffala, Rev. Siota Belle, and Rev. Tara Steele. The Zoom link is <https://tinyurl.com/MondayVisioningCircle> . Everyone is welcome.

SCIENCE OF MIND/12-STEP GROUP

This Tuesday, July 20, from 7 to 8 pm. We meet each week via Zoom; everyone is invited. The link is <https://zoom.us/j/94490286131>

WEDNESDAY EVENING MEDITATION, "INVITING THE SACRED"

This Wednesday, July 21, at 6 pm. Rev. Siota Belle leads this weekly guided meditation. The Zoom link is <https://tinyurl.com/WednesdayEveningMeditation>

SATURDAY MORNING MEDITATION

This Saturday, July 24. Zoom in to the Saturday Meditation Group at 10 am every week to strengthen your meditation practice. The link is <https://tinyurl.com/SatMeditationGp>

Social Media

Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa> Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>

Instagram: <https://www.instagram.com/cslsantarosa/>

Twitter: <https://twitter.com/CSLSantaRosa>

Our Online Blogs

Being and Belonging Group: <https://cslsrbeingandbelonging.blogspot.com>

Dr. Edward's Blog: <https://edblogword.blogspot.com/>

En Español: <https://enespanolcslsr.blogspot.com/>

New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>

New Thought Resources: <http://newthoughtresources.blogspot.com/>

Remembrance Pages: <https://communityremembrancepages.blogspot.com/>

Spiritual Leader Blog: <https://cslspirituallleader.blogspot.com/>

Sunday Evening Conversations: <https://sundayeveningsatthecenter.blogspot.com/>

Volunteer Blog: <http://cslsr.blogspot.com/>

Wednesday Night Wisdom: <https://wednesdayeveningsatthecenter.blogspot.com/>

Youth and Family Ministry: <https://youthandfamilyministry.blogspot.com/>

Monthly Meetings

VIRTUAL SOCIAL HALL

Today, July 18, at 1 pm. This month concludes our series of virtual Social Hall gatherings held during the pandemic. This final edition features Dr. Edward and our new assistant minister, Rev. Russ Legear. See you there! Here is the link: <https://cslsr.org/Zoom-Virtual-Social-Hall>

SPIRIT SISTERS WOMEN'S GROUP

Today, July 18, from 2:30 to 4 pm. Open to women of Santa Rosa and San Jose Centers for Spiritual Living. Facilitated by ministerial interns Lynda Lundry and Donna Starr on the third Sunday of the month. The Zoom link is <https://tinyurl.com/SpiritSistersgathering>

BOARD OF TRUSTEES

This Thursday, July 22, at 5:30 pm. Our board of trustees meets on the fourth Thursday of the month. Except for executive sessions, the meetings are open to the public. During this time of sheltering in place, the meetings are held on Zoom. Here is the link: <https://us02web.zoom.us/j/82409732515>

THE THIRD ACT

Monday, July 26, from 1:30 to 2:30 pm. The Third Act gives the seniors in our community an opportunity to share their ideas, joys, and concerns and to go deeper in our spiritual journey. Rev. Joyce Kinzel is the facilitator. We meet on the fourth Monday of the month. The new Zoom link <https://cslsr.org/zoom-TheThirdAct/>

WORLD PEACE MEDITATION

Saturday, July 31, at 7 pm. Since 1986, a group of committed people has been meeting on the last calendar day of every month to pray and meditate together with a focus on world peace. All are welcome. For more information, please contact Vivian Strand, RScP, at (707) 953-1917. The Zoom link is <https://tinyurl.com/World-Peace-Meditation>

FULL CIRCLE: CONVERSATIONS ABOUT DEATH & DYING

Sunday, August 1, from 1 to 2:30 pm. We meet on the first Sunday of the month for education, spiritual support, conversation, and resources about death and dying. Everyone is welcome. The Zoom link is https://us02web.zoom.us/j/88971045698?pwd=S2xaQjRDcWRkenU4ajhXTkVja05Qd_z09

BEING AND BELONGING DISCUSSION GROUP

Returns Sunday, August 8.

The Zoom link is <https://tinyurl.com/BBGDiscussion>.

You are also invited to visit our blog. See the hyperlink on page 5.