

We see a world that works for everyone.

Bulletin for Sunday, June 27, 2021

This Month's Theme: "The Soul's Call"

Affirmation for June: I cooperate with the harmonizing power of the one Life. I am open,

receptive, and brave. I say "yes!" to love and freedom.

Recommended Reading: 10 Ideas That Make a Difference by Ernest Holmes;

Soul Awakening Practice by James O'Dea

Today's Topic and Speaker: "The Soul's Call to Freedom," Dr. Edward Viljoen

Sunday Service Time

Our Sunday in-person service is at 9 am.

You are welcome to attend. Open seating. No reservations required. Children can sit with accompanying adults. The service consists of both live and pre-recorded segments, including music, a message (usually live), prayer, and up-to-date information about what's happening in our community. This service is recorded and broadcast at 11 am.

Where to Watch Sunday Service Broadcasts from Home

You can watch our service broadcasts at 9 am (live) and 11 am (recorded) from your smartphone, tablet, or computer.

- On our website: https://cslsr.org/sunday-service-broadcast/ Live at 9 am and available here 24/7 after that for six days. Website archive location: https://cslsr.org/category/videos/
- On our new YouTube channel at 9 and 11 am: https://www.youtube.com/channel/UCe8R4onxj61vs5VJnrLe2DQ/live
- On Facebook at 9 and 11 am: https://www.facebook.com/centerforspirituallivingsantarosa/live-videos

You can also watch services on your TV. Just tune in to our YouTube channel.

After-Service Five-Minute Prayer

Connect with a licensed practitioner after the 9 am or 11 am Sunday service broadcast for a free, confidential one-on-one prayer. The Zoom link for prayer is www.cslsr.org/zoom-prayer

Making Your Regular Weekly Contribution

You can do it online at https://cslsr.org/online-donations or by mailing a check to the Center at 2075 Occidental Road, Santa Rosa CA 95401. We pick up the mail regularly from our locked mailbox.

Contacts for Spiritual Support

- For grief support, call Rev. Siota Belle at 546-4543, ext. 106.
- To have someone pray with you, call our Telephone Prayer Ministry, 546-4561. Leave your name and number; someone will call you within the hour.
- To hear an inspirational message and prayer, call Dial-a-Thought, 544-5423.
- To request hospital or home telephone visits, call Heart in Hand, 546-4543, ext. 370.
- For additional spiritual support, click on "Resources" at the top of our homepage, <u>www.cslsr.org</u>.
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to https://cslsr.org/members/practitioners/ and contact the practitioner of your choice. Fees apply.

Online Resources

AFFIRMATIVE PRAYER LIBRARY

Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is https://affirmativeprayerlibrary.blogspot.com/

ONLINE PRAYER REQUESTS

Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is https://cslsr.org/online-prayer-request/

Gentle Yoga

Instructor William Abel leads a weekly gentle yoga class on Wednesdays from 9 to 10 am. Suggested donation is \$10 per class, payable on our website's Donate tab where you can use either a credit card or your PayPal account. Details are on our website:

https://cslsr.org/event/gentle-yoga/all/

The Zoom link is https://cslsr.org/zoom-GentleYoga/

Summer Classes: Something for Everyone

- "The Science and Spirit of Ecology," Dr. Kim Kaiser (begins Tue. 7/13 at 6 pm)
- "Spiritual Principles and Practices," Rev. Tara Steele (begins Mon. 8/2 at 9 am)
- "Spiritual Principles and Practices," Rev. Tara Steele (begins Mon. 8/2 at 6 pm)

See the schedule and complete information here: https://cslsr.org/class-schedule/

Spiritual Coaching

If you have benefited from the five-minute prayer sessions in Grinton Chapel on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone, Zoom, FaceTime, etc. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer (spiritual mind treatment) to make it so. Contact a prayer practitioner through the online practitioner directory at https://cslsr.org/members/practitioners/

Sound Bowl Meditation with Claire Victor

Today, June 27, from 4:30 to 6 pm.

Give yourself the gift of self-care as sound ceremonialist, Claire Victor, RScPE, guides us in a sound meditation to help relax our hearts, minds, and spirit. Claire offers her healing gifts as a pathway to deep relaxation, release of past trauma, and reconnection to the intuitive nature we all possess. Using evocative sound instruments, guided meditation, and shamanic voice, Claire creates a safe container for you to drop into the present moment and journey to the healing place within for a transformational time of self-love, renewal, and relaxation. Registration is \$35 at Stepping Stones Books and Gifts.

Wednesday Night Live

On Wednesday, July 7, at 7 pm our guest presenter is our new assistant minister, Rev. Russ Legear. At the end of his presentation there will be time for questions and answers. Click on the following link to learn more about Rev. Russ: https://cslsr.org/wednesday-night-live/. The Zoom link for this event is http://cslsr.org/Zoom-FirstWednesday.

Our Nonprofit Partner Program

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our spiritual community. Each month we feature one of them. For June, it is Corazon Healdsburg, providing programs to improve the health and wellbeing of youth and their families in Healdsburg. Breaking cycles of poverty and improving the quality of life. www.corazonhealdsburg.org. To learn more about our nonprofit partner program and to see a list of all 12 partners for 2021, go here: https://cslsr.org/our-nonprofit-partners/

Summer Spiritual Renewal

Register now for a free 30-minute Practitioner coaching session on **Saturday**, **July 10**. Discuss with a skilled spiritual coach the one thing that, if you had it, would make everything else easier and seal it with affirmative prayer. Choose an appointment time that works best for you: 9 am, 10 am, 11 am, 12 noon, or 1 pm. To register, e-mail Kathy Galvin, RScP, at kgwrites@comcast.net and include the following information:

- 1. your name
- 2. your phone number
- 3. your e-mail address
- 4. the time that you prefer (9 am, 10 am, 11 am, 12 noon, or 1 pm)

You will receive an e-mail confirming your appointment.

Capital Campaign for CSL Camp and Retreat Center

Centers for Spiritual Living is engaged in a capital campaign to raise \$1.5 million for the purchase of a well-established 32-acre camp and retreat center in northwest Oregon. The property is used for youth camps, association retreats, weddings, and conferences. The camp is a place where people come together to play and learn and grow in community. In fact, teen groups from Centers for Spiritual Living held their camps here from 2004 to 2007. It's a place to call our own, where our teens, our families, our people can come together. It's a place where CSL can share our message of love and oneness with other groups that use the facilities who don't even know us yet.

A generous donor in our Santa Rosa community believes in this project so strongly that they will match our donations, dollar for dollar, up to \$2,500 between now and July 15.

Donations in any amount are welcome. You can write a check to CSLSR with "Camp" in the memo line and mail it to the Center or deposit it in the offering baskets as you exit the sanctuary on Sunday morning. Or use our online <u>donate button</u>. Be sure to write "Camp" in the section at the top of the online form next to the little pencil so we know what the donation is for.

For more information, you can click here to see the campaign information brochure.

If you have questions, please contact Linda Hann, COO, at linda.hann@cslsr.org.

New Website for Home Office

Centers for Spiritual Living has launched a beautiful new website that has been under development for several years. You can see it at www.csl.org.

We Love Our Volunteers

Visit our volunteer blog and celebrate the individuals working behind the scenes to "make it all happen." http://cslsr.blogspot.com/

Stepping Stones Books and Gifts

Although the store is not yet open to the public, we offer online sales of books of the month, books by Ernest Holmes and Edward Viljoen, and class textbooks. We process orders every Tuesday with two delivery options (1) U.S. Postal Service and (2) Curbside pickup following guidelines for social distancing.

Visit us at https://steppingstones-books-and-gifts.myshopify.com/

Weekly Youth and Family Blog

Each week Youth and Family Support Coordinator Susan Robinson creates a blog full of ideas and activities aligned with our monthly themes and weekly topics. You will find projects, games, and discussion questions, along with links to videos of music and even children's books being read aloud.

Go to https://youthandfamilyministry.blogspot.com/

Daily and Weekly Groups

DAILY PRACTICE: GENERATING LOVE

Weekdays (M–F), from 10 to 10:25 am. In this 25-minute meditation, we recognize that Divine Love is within each of us. We come together in the experience of sharing and extending that love to expand a consciousness of a world that works for everyone. The Zoom link is https://tinyurl.com/GeneratingLove You can use a video of this meditation practice on your own at any time you choose: https://vimeo.com/489089737

SUNDAY EVENING CONVERSATIONS

Everyone is welcome to join us tonight at 7 pm. This week's facilitator is Practitioner Elias Owens. The topic is "Everyday Mysticism." To learn more, visit our blog at https://sundayeveningsatthecenter.blogspot.com/.

The Zoom link to our weekly gathering is https://cslsr.org/zoom-SEC

SCIENCE OF MIND/12-STEP GROUP

This Tuesday, June 29, from 7 to 8 pm. We meet each week via Zoom; everyone is invited. The link is https://zoom.us/j/94490286131

WEDNESDAY EVENING MEDITATION, "INVITING THE SACRED"

This Wednesday, June 30, at 6 pm. Rev. Siota Belle leads this weekly guided meditation. The Zoom link is https://tinyurl.com/WednesdayEveningMeditation

SATURDAY MORNING MEDITATION

This Saturday, July 3. Zoom in to the Saturday Meditation Group at 10 am every week to strengthen your meditation practice. The link is https://tinyurl.com/SatMeditationGp

Social Media

Facebook Group: https://www.facebook.com/groups/centerforspirituallivingsantarosa

Facebook Page: https://www.facebook.com/centerforspirituallivingsantarosa

Instagram: https://www.instagram.com/cslsantarosa/

Twitter: https://twitter.com/CSLSantaRosa

Our Online Blogs

Being and Belonging Group: https://cslsrbeingandbelonging.blogspot.com

Dr. Edward's Blog: https://edblogword.blogspot.com/
En Español: https://enespanolcslsr.blogspot.com/

New Life Celebrations: https://cslsrlifecelebrations.blogspot.com/
New Thought Resources: http://newthoughtresources.blogspot.com/

Remembrance Pages: https://communityremembrancepages.blogspot.com/

Spiritual Leader Blog: https://cslspiritualleader.blogspot.com/

Sunday Evening Conversations: https://sundayeveningsatthecenter.blogspot.com/

Volunteer Blog: http://cslsr.blogspot.com/

Wednesday Night Wisdom: https://wednesdayeveningsatthecenter.blogspot.com/

Youth and Family Ministry: https://youthandfamilyministry.blogspot.com/

Monthly Meetings

WORLD PEACE MEDITATION

This Wednesday, June 30, at 7 pm. Since 1986, a group of committed people has been meeting on the last calendar day of every month to pray and meditate together with a focus on world peace. All are welcome. For more information, please contact Vivian Strand, RScP, at (707) 953-1917. The Zoom link is https://tinyurl.com/World-Peace-Meditation

FULL CIRCLE: CONVERSATIONS ABOUT DEATH & DYING

Next Sunday, July 4, from 1 to 2:30 pm. We meet on the first Sunday of the month for education, spiritual support, conversation, and resources about death and dying. Everyone is welcome. The Zoom link is https://us02web.zoom.us/j/88971045698?pwd=S2xaQjRDcWRkenU4ajhXTkVja05Qd z09

VIRTUAL SOCIAL HALL

Sunday, July 18, beginning at 1 pm. This month's gathering is a special edition with Dr. Edward and our new assistant minister, Rev. Russ Legear. A perfect time for everyone to get to know Rev. Russ. Here is the link: https://cslsr.org/Zoom-Virtual-Social-Hall

SPIRIT SISTERS WOMEN'S GROUP

Sunday, July 18, from 2:30 to 4 pm. Open to women of Santa Rosa and San Jose Centers for Spiritual Living. Facilitated by ministerial interns Lynda Lundry and Donna Starr on the third Sunday of the month. The Zoom link is https://tinyurl.com/SpiritSistersgathering

BOARD OF TRUSTEES

Thursday, July 22, at 5:30 pm. Our board of trustees meets on the fourth Thursday of the month. Except for executive sessions, the meetings are open to the public. During this time of sheltering in place, the meetings are held on Zoom. Here is the link: https://us02web.zoom.us/j/82409732515

THE THIRD ACT

Monday, July 26, from 1:30 to 2:30 pm. The Third Act gives the seniors in our community an opportunity to share their ideas, joys, and concerns and to go deeper in our spiritual journey. Rev. Joyce Kinzel is the facilitator. We meet on the fourth Monday of the month. The new Zoom link https://cslsr.org/zoom-TheThirdAct/

BEING AND BELONGING DISCUSSION GROUP

Returns Sunday, August 8.

The Zoom link is https://tinyurl.com/BBGDiscussion.

You are also invited to visit our blog. See the hyperlink on page 4.