

*We see a world  
that works for everyone.*



## Bulletin for Sunday, May 30, 2021

This Month's Theme: "Wholly Holy Uprising"

Recommended Reading: *A New Design for Living* by Ernest Holmes;

*See No Stranger...* by Valerie Kaur

Today's Topic and Speaker: "Boldly Living a New Story," Dr. Edward Viljoen

## New Sunday Service Times

Our new Sunday service times are 9 and 11 am.

The 9 am hybrid service is broadcast from the sanctuary in front of a limited live audience. The service consists of both live and pre-recorded segments, including music, a message (usually live), prayer, and up-to-date information about what's happening in our community. If you would like to attend a 9 am service, use the following link to get all the details: <https://cslsr.org/attend-a-hybrid-service-in-person/>. The 11 am broadcast is a recording of the 9 am service.

## Where to Watch Sunday Service Broadcasts from Home

You can watch our service broadcasts at 9 am and 11 am using a smartphone, tablet, or computer.

- On our website: <https://cslsr.org/sunday-service-broadcast/> Live at 9 am and available here 24/7 after that for six days. Website archive location: <https://cslsr.org/category/videos/>
- On our new YouTube channel at 9 and 11 am:  
<https://www.youtube.com/channel/UCe8R4onxj61vs5VJnrLe2DQ/live>
- On Facebook at 9 and 11 am:  
[https://www.facebook.com/centerforspirituallivingsantarosa/live\\_videos](https://www.facebook.com/centerforspirituallivingsantarosa/live_videos)

You can also watch services on your TV. Just tune in to our YouTube channel.

## After-Service Five-Minute Prayer

Connect with a licensed practitioner after the 9 am or 11 am Sunday service broadcast for a free, confidential one-on-one prayer. The Zoom link for prayer is [www.cslsr.org/zoom-prayer](http://www.cslsr.org/zoom-prayer)

## Contacts for Spiritual Support

- For grief support, call Rev. Siota Belle at 546-4543, ext. 106.
- To have someone pray with you, call our Telephone Prayer Ministry, 546-4561. Leave your name and number; someone will call you within the hour.
- To hear an inspirational message and prayer, call Dial-a-Thought, 544-5423.
- To request hospital or home telephone visits, call Heart in Hand, 546-4543, ext. 370.
- For additional spiritual support, click on "Resources" at the top of our homepage, [www.cslsr.org](http://www.cslsr.org).
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <https://cslsr.org/members/practitioners/> and contact the practitioner of your choice. Fees apply.

## Lunchtime Learning: What Is Juneteenth?

*Wednesday, June 9, at 12 noon*

Have you ever wondered what Juneteenth is all about? Is it a legitimate holiday/celebration like Kwanzaa? What is General Order Number 3? Are these things taught in school?

Come to a panel discussion with Olivia Kinzler, Calvin Johnson, Celeste Austin, and Lawrence Edwards for answers to these and other questions. Learn about African-Americans' progress from slavery to today's achievements while looking at a continuation of inequalities and the rise of racism in the U.S. The link is [tinyurl.com/Juneteenth-Panel](https://tinyurl.com/Juneteenth-Panel)

## Gentle Yoga

Instructor William Abel leads a weekly gentle yoga class on Wednesdays from 9 to 10 am. Suggested donation is \$10 per class, payable on our website's Donate tab where you can use either a credit card or your PayPal account. Details are on our website:

<https://cslsr.org/event/gentle-yoga/all/>

The Zoom link is <https://cslsr.org/zoom-GentleYoga/>

## Summer Classes: Something for Everyone

- "Radical Self-Love," Practitioners Krista McAtee, Lawrence Edwards, Lili Escovedo, and Linda Marshall (begins Fri. 6/4 at 12 noon)
- "Building a Healing Consciousness," Rev. Siota Belle (begins Sat. 6/12 at 9:30 am)
- "The Science and Spirit of Ecology," Dr. Kim Kaiser (begins Tue. 7/13 at 6 pm)
- "Spiritual Principles and Practices," Rev. Tara Steele (begins Mon. 8/2 at 9 am)
- "Spiritual Principles and Practices," Rev. Tara Steele (begins Mon. 8/2 at 6 pm)

See the schedule and complete information here: <https://cslsr.org/class-schedule/>

## Spiritual Coaching

If you have benefited from the five-minute prayer sessions in Grinton Chapel on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone, Zoom, FaceTime, etc. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer (spiritual mind treatment) to make it so. Contact a prayer practitioner through the online practitioner directory at <https://cslsr.org/members/practitioners/>

## New Website for Home Office

Centers for Spiritual Living has launched a beautiful new website that has been under development for several years. You can see it at [www.csl.org](http://www.csl.org).

## Sound Bowl Meditation with Claire Victor

*Sunday, June 27, from 4:30 to 6 pm.*

Give yourself the gift of self-care as sound ceremonialist, Claire Victor, RScPE, guides us in a sound meditation to help relax our hearts, minds, and spirit. Claire offers her healing gifts as a pathway to deep relaxation, release of past trauma, and reconnection to the intuitive nature we all possess. Using evocative sound instruments, guided meditation, and shamanic voice, Claire creates a safe container for you to drop into the present moment and journey to the healing place within for a transformational time of self-love, renewal, and relaxation.

Registration is \$35 at [Stepping Stones Books and Gifts.](#)

## Making Your Regular Weekly Contribution

You can do it online at <https://cslsr.org/online-donations> or by mailing a check to the Center at 2075 Occidental Road, Santa Rosa CA 95401. We pick up the mail regularly from our locked mailbox.

## Online Resources

- **AFFIRMATIVE PRAYER LIBRARY**

Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is <https://affirmativeprayerlibrary.blogspot.com/>

- **ONLINE PRAYER REQUESTS**

Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <https://cslsr.org/online-prayer-request/>

## Our Nonprofit Partner Program

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our spiritual community. Each month we feature one of them. For May, it is Sonoma Valley Mentoring Alliance, pairing schoolchildren in the Sonoma Valley Unified School District with caring adult mentors who provide social and emotional support. [www.sonomamentoring.org](http://www.sonomamentoring.org). To learn more about our nonprofit partner program and to see a list of all 12 partners for 2021, go here: <https://cslsr.org/our-nonprofit-partners/>

## Daily and Weekly Groups

### **DAILY PRACTICE: GENERATING LOVE**

Weekdays (M–F), from 10 to 10:25 am. In this 25-minute meditation, we recognize that Divine Love is within each of us. We come together in the experience of sharing and extending that love to expand a consciousness of a world that works for everyone. The Zoom link is <https://tinyurl.com/GeneratingLove> You can use a video of this meditation practice on your own at any time you choose: <https://vimeo.com/489089737>

### **SUNDAY EVENING CONVERSATIONS**

Everyone is welcome to join us tonight at 7 pm. This week’s facilitators are Practitioners Maggie Cole and Elias Owens. The topic is “Emerge as the Real You.” To learn more, visit our blog at <https://sundayeveningsatthecenter.blogspot.com/>. The Zoom link to our weekly gathering is <https://cslsr.org/zoom-SEC>

### **SCIENCE OF MIND/12-STEP GROUP**

Tuesday, June 1, from 7 to 8 pm. We meet each week via Zoom; everyone is invited. The link is <https://zoom.us/j/94490286131>

### **WEDNESDAY EVENING MEDITATION, “INVITING THE SACRED”**

Wednesday, June 2, at 6 pm. Rev. Siota Belle leads this weekly guided meditation. The Zoom link is <https://tinyurl.com/WednesdayEveningMeditation>

### **SATURDAY MORNING MEDITATION**

Saturday, June 5. Zoom in to the Saturday Meditation Group at 10 am every week to strengthen your meditation practice. The link is <https://tinyurl.com/SatMeditationGp>

## Social Media

Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>

Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>

Instagram: <https://www.instagram.com/cslsantarosa/>

Twitter: <https://twitter.com/CSLSantaRosa>

## Our Online Blogs

Being and Belonging Group: <https://cslsrbeingandbelonging.blogspot.com>

Dr. Edward’s Blog: <https://edblogword.blogspot.com/>

En Español: <https://enespanolcslsr.blogspot.com/>

New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>

New Thought Resources: <http://newthoughtresources.blogspot.com/>

Remembrance Pages: <https://communityremembrancepages.blogspot.com/>

Spiritual Leader Blog: <https://cslspiritualleader.blogspot.com/>

Sunday Evening Conversations: <https://sundayeveningsatthecenter.blogspot.com/>

Volunteer Blog: <http://cslsr.blogspot.com/>

Wednesday Night Wisdom: <https://wednesdayeveningsatthecenter.blogspot.com/>

Youth and Family Ministry: <https://youthandfamilyministry.blogspot.com/>

## Monthly Meetings

### **FULL CIRCLE: CONVERSATIONS ABOUT DEATH & DYING**

Sunday, June 6, from 1 to 2:30 pm. We meet on the first Sunday of the month for education, spiritual support, conversation, and resources about death and dying. Everyone is welcome. The Zoom link is [https://us02web.zoom.us/j/88971045698?pwd=S2xaQjRDcWRkenU4ajhXTkVja05Qd\\_z09](https://us02web.zoom.us/j/88971045698?pwd=S2xaQjRDcWRkenU4ajhXTkVja05Qd_z09)

### **VIRTUAL SOCIAL HALL**

Sunday, June 20, beginning at 1 pm. Dr. Edward will greet all of us and provide a fun focus question to stimulate conversation. We will then go into online groups to share. We think you will find the Virtual Social Hall to be interesting and enjoyable. A great chance to see and greet some familiar faces and new ones as well!

Here is the link: <https://tinyurl.com/VirtualSocialHall>

### **SPIRIT SISTERS WOMEN'S GROUP**

Sunday, June 20, from 2:30 to 4 pm. Open to women of Santa Rosa and San Jose Centers for Spiritual Living. Facilitated by ministerial interns Lynda Lundry and Donna Starr on the third Sunday of the month. The Zoom link is

<https://tinyurl.com/SpiritSistersgathering>

### **BOARD OF TRUSTEES**

Thursday, June 24, at 5:30 pm. Our board of trustees meets on the fourth Thursday of the month. Except for executive sessions, the meetings are open to the public. During this time of sheltering in place, the meetings are held on Zoom. Here is the link:

<https://us02web.zoom.us/j/82409732515>

### **THE THIRD ACT**

Monday, June 28, from 1:30 to 2:30 pm. The Third Act gives the seniors in our community an opportunity to share their ideas, joys, and concerns and to go deeper in our spiritual journey. Rev. Joyce Kinzel is the facilitator. We meet on the fourth Monday of the month. The new Zoom link <https://cslsr.org/zoom-TheThirdAct/>

### **WORLD PEACE MEDITATION**

Wednesday, June 30, at 7 pm. Since 1986, a group of committed people has been meeting on the last calendar day of every month to pray and meditate together with a focus on world peace. All are welcome. For more information, please contact Vivian Strand, RScP, at (707) 953-1917. The Zoom link is <https://tinyurl.com/World-Peace-Meditation>

### **BEING AND BELONGING DISCUSSION GROUP**

Returns Sunday, August 8.

The Zoom link is <https://tinyurl.com/BBGDiscussion>.

You are also invited to visit our blog. See the hyperlink on page 4.

## We Love Our Volunteers

Visit our volunteer blog and celebrate the individuals working behind the scenes to "make it all happen." <http://cslsr.blogspot.com/>

## Stepping Stones Books and Gifts

Although the store is not open to the public, we offer online sales of books of the month, books by Ernest Holmes and Edward Viljoen, and class textbooks. We process orders every Tuesday with two delivery options (1) U.S. Postal Service and (2) Curbside pickup following guidelines for social distancing.

Visit us at <https://steppingstones-books-and-gifts.myshopify.com/>

## Weekly Youth and Family Blog

Each week Youth and Family Support Coordinator Susan Robinson creates a blog full of ideas and activities aligned with our monthly themes and weekly topics. You will find projects, games, and discussion questions, along with links to videos of music and even children's books being read aloud.

Go to <https://youthandfamilyministry.blogspot.com/>

## Space for Rent

While we cannot meet in person at the Center, we are exploring renting out some of our space. The Center has rented space to other organizations in the past, and it is appropriate now to put our resources to work for us until we can meet again in person.

We are working with a commercial real estate agent to let prospective lessees know that parts of our facility are available for short-term leases to entities that need more space during the Pandemic. We are not selling the building, just offering to rent portions of it. Ideally, we would like to make our rooms available for rent to hospitals, clinics, testing sites, storage space for supplies during the crisis, etc.

If you know of anyone who may be interested in leasing space at the Center, please have them contact

Paul Schwartz, Senior Associate  
Corcoran Global Commercial  
(707) 479-1841