

We see a world
that works for everyone.



Bulletin for Sunday, February 28, 2021

This Month's Theme: "One Journey, Many Paths"

Recommended Reading: *Worldwide Laws of Life* by John Marks Templeton;
A Theory of Everything... by Ken Wilbur

Today's Topic and Speaker: "Journey to Freedom," Dr. Edward Viljoen

Sunday Services

From your computer, tablet, or smartphone, watch our Sunday service each week at 8:30, 10, and 11:30 am.

- To watch the service on Zoom, click on the following link:
<https://tinyurl.com/SundayCelebrationCSLSR>
- To watch the service on Facebook, go to
<https://www.facebook.com/centerforspirituallivingsantarosa/> and click on "Posts" on the left. Scroll down until you find the broadcast. (On mobile devices, the "Posts" button is on a horizontal menu beginning with "Home" and "About" at the bottom of the screen.)

To watch the service at any time after 8:30 am, click on "Videos" under the "Media" tab of our website, www.cslsr.org. Recordings of previous Sunday messages are also located there.

After-Service Five-Minute Prayer

Connect with a licensed practitioner after any Sunday service broadcast for a free, confidential one-on-one prayer. If you watch the service on Zoom, you need to log out of that link and then enter this Zoom link for prayer:

www.cslsr.org/zoom-prayer

Contacts for Spiritual Support

- For grief support, call Rev. Siota Belle at 546-4543, x 106.
- To have someone pray with you, call Telephone Prayer Ministry, 546-4561. Leave your name and number; someone will call you within the hour.
- To hear an inspirational message and prayer, call Dial-a-Thought, 544-5423.
- To request hospital or home telephone visits, call Heart in Hand, 546-4543, x 370.
- For additional spiritual support, click on "Resources" at the top of our homepage, www.cslsr.org.
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <https://cslsr.org/members/practitioners/> and contact the practitioner of your choice. Fees apply.

Lunchtime Learning: Love Is the Way

Five Wednesdays in March from 12 noon to 1 pm

Ministerial intern Lawrence Edwards facilitates a weekly presentation based on Bishop Michael Curry's book, *Love is the Way: Holding on to Hope in Troubling Times*.

The Zoom link is <https://us02web.zoom.us/j/88029232063>

Gentle Yoga is Back!

Instructor William Abel leads a weekly gentle yoga class on Wednesdays from 9 to 10 am. Suggested donation is \$10 per class, payable on our website's Donate tab where you can use either a credit card or your PayPal account. Details are on our website: <https://cslsr.org/event/gentle-yoga/all/>

The Zoom link is <https://cslsr.org/zoom-GentleYoga/>

Spiritual Coaching

If you have benefited from the five-minute prayer sessions in Grinton Chapel on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone, Zoom, FaceTime, etc. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer (spiritual mind treatment) to make it so. Contact a prayer practitioner through the online practitioner directory at <https://cslsr.org/members/practitioners/>

Stepping Stones Books and Gifts

Although the store is not open to the public, we offer online sales of books of the month, books by Ernest Holmes and Edward Viljoen, and class textbooks. We process orders every Tuesday with two delivery options (1) U.S. Postal Service and (2) Curbside pickup following guidelines for social distancing. Visit us at <https://steppingstones-books-and-gifts.myshopify.com/>

Weekly Youth and Family Blog

Full of ideas and activities aligned with our monthly themes and weekly topics. You'll find projects, games, and discussion questions, along with links to videos of music and even children's books being read aloud. Go to <https://youthandfamilyministry.blogspot.com/>

Winter Classes

- "In the Footsteps of St. Francis," with Rev. Tara Steele, begins Monday, March 1.
Today is the last day to register.
 - "Lifting Each Other Up," with Rev. Joyce Duffala, begins Tuesday, April 6.
- For complete details, check out this link: <https://cslsr.org/register-for-fall-classes/>

Making Your Regular Weekly Contribution

You can do it online at <https://cslsr.org/online-donations> or by mailing a check to the Center at 2075 Occidental Road, Santa Rosa CA 95401. We pick up the mail regularly from our locked mailbox.

Online Resources

AFFIRMATIVE PRAYER LIBRARY

Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is <https://affirmativeprayerlibrary.blogspot.com/>

ONLINE PRAYER REQUESTS

Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <https://cslsr.org/online-prayer-request/>

Our Nonprofit Partner Program

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our spiritual community. Each month we feature one of them. For February, it is The LIME Foundation, helping the disadvantaged community learn skills to harness their individual potential in music, performing arts, construction careers, technology, and health. www.thelimefoundation.org. To learn more about our nonprofit partner program and to see a list of all 12 partners for 2021, go here: <https://cslsr.org/our-nonprofit-partners/>

Daily and Weekly Groups

DAILY PRACTICE: GENERATING LOVE

Weekdays (M–F), from 10 to 10:25 am, you can attend a live 20-minute meditation for tapping into, amplifying, and generating a field of Divine Love. The Zoom link is <https://tinyurl.com/GeneratingLove>. You can also use a video of this meditation practice on your own at any time you choose: <https://vimeo.com/489089737>

SUNDAY EVENING CONVERSATIONS

Tonight we join the monthly World Peace Meditation at 7 pm. The Zoom link is <https://tinyurl.com/World-Peace-Meditation>

SCIENCE OF MIND/12-STEP GROUP

Tuesday, March 2, from 7 to 8 pm. We meet each week via Zoom; everyone is invited. The link is <https://zoom.us/j/94490286131>

WEDNESDAY EVENING MEDITATION, “INVITING THE SACRED”

Wednesday, March 3, at 6 pm. The Zoom link is <https://tinyurl.com/WednesdayEveningMeditation>

SATURDAY MORNING MEDITATION

Saturday, March 6. Zoom in to the Saturday Meditation Group at 10 am every week to strengthen your meditation practice. The Zoom link is <https://tinyurl.com/SatMeditationGp>

We Love Our Volunteers

Visit our volunteer blog and celebrate the individuals working behind the scenes to “make it all happen.” <http://cslsr.blogspot.com/>

Social Media

Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>

Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>

Instagram: <https://www.instagram.com/cslsantarosa/>

Twitter: <https://twitter.com/CSLSantaRosa>

Our Online Blogs

Being and Belonging Group: <https://cslsrbeingandbelonging.blogspot.com>

Edward’s Blog: <https://edblogword.blogspot.com/>

En Español: <https://enespanolcslsr.blogspot.com/>

New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>

New Thought Resources: <http://newthoughtresources.blogspot.com/>

Remembrance Pages: <https://communityremembrancepages.blogspot.com/>

Spiritual Leader Blog: <https://cslspiritualleader.blogspot.com/>

Sunday Evening Conversations: <https://sundayeveningsatthecenter.blogspot.com/>

Volunteer Blog: <http://cslsr.blogspot.com/>

Wednesday Night Wisdom: <https://wednesdayeveningsatthecenter.blogspot.com/>

Youth and Family Ministry: <https://youthandfamilyministry.blogspot.com/>

Monthly Meetings

WORLD PEACE MEDITATION

Tonight, February 28, at 7 pm. Since 1986, a group of committed people has been meeting on the last calendar day of every month to pray and meditate together with a focus on world peace. All are welcome. For more information, please contact Vivian Strand, RScP, at (707) 953-1917. The Zoom link is

<https://tinyurl.com/World-Peace-Meditation>

FULL CIRCLE: CONVERSATIONS ABOUT DEATH & DYING

Sunday, March 7, from 1 to 2:30 pm. We meet on the first Sunday of the month for education, spiritual support, conversation, and resources about death and dying.

Everyone is welcome. The Zoom link is <https://cslsr.org/zoom-FullCircle/>

BEING AND BELONGING DISCUSSION GROUP

Sunday, March 14, from 1:30 to 3 pm. Those who attend this afternoon will have a chance to role-play a challenging conversation. It is an opportunity to practice tools that put relationships above being right and listening to understand. The Zoom link is

<https://tinyurl.com/BBGDiscussion>.

You are also invited to visit our blog. See hyperlink on page 4.

SPIRIT SISTERS WOMEN'S GROUP

Sunday, March 21, from 2:30 to 4 pm. Open to women of Santa Rosa and San Jose Centers for Spiritual Living. Facilitated by ministerial interns Lynda Lundry and Donna Starr on the third Sunday of the month. The guest musician today is Karen Drucker. The Zoom link is

<https://tinyurl.com/SpiritSistersgathering>

THE THIRD ACT

Monday, March 22, from 1:30 to 2:30 pm. The Third Act gives the seniors in our community an opportunity to share their ideas, joys, and concerns and to go deeper in our spiritual journey. Rev. Joyce Kinzel is the facilitator. We meet on the fourth Monday of the month.

The new Zoom link <https://cslsr.org/zoom-TheThirdAct/>

VIRTUAL SOCIAL HALL

Sunday, April 18, beginning at 1 pm. Dr. Edward will greet all of us and provide a fun focus question to stimulate conversation. We will then go into online groups to share. We think you will find the Virtual Social Hall to be interesting and enjoyable.

A great chance to see and greet some familiar faces and new ones as well! Here is the link: <https://tinyurl.com/VirtualSocialHall>

BOARD OF TRUSTEES

Thursday, April 22, at 5:30 pm. Our board of trustees meets on the fourth Thursday of the month. Except for executive sessions, the meetings are open to the public.

During this time of sheltering in place, the meetings are held on Zoom. Here is the link: <https://us02web.zoom.us/j/82409732515>

Annual Member Meeting

Sunday, March 21 at 1 pm.

Your participation this year is especially important because we will be meeting remotely via Zoom. The meeting will be for members only; however, we will post a recording of the proceedings on our website afterward.

- Members register in advance at <https://cslsr.org/AnnualMeetingRegistration/>
- Couples, please register separately and use different devices when you attend (computer, laptop, tablet, or smartphone)
- Review information on our website ahead of time so you are prepared to vote
 - Approval of minutes from 2019 and 2020
 - Approval of trustees appointed in 2020
 - Election of 2021 candidates for the board of trustees
 - Approval of proposed changes to bylaws

When Are We Reopening?

The Center looks forward to the time when we can once again open our doors to all of our congregants. We miss being together and look forward to seeing each other again. Nobody can know when that time will be, but it is many months away.

For the latest information, visit the COVID-19 Update article on our website:

<https://cslsr.org/covid-19-update/>

Thank you for your patience, understanding, and support.

We love you and we miss you.

Space for Rent

While we cannot meet in person at the Center, we are exploring renting out some of our space. The Center has rented space to other organizations in the past, and it is appropriate now to put our resources to work for us until we can meet again in person.

We are working with a commercial real estate agent to let prospective lessees know that parts of our facility are available for short-term leases to entities that need more space during the Pandemic. We are not selling the building, just offering to rent portions of it. Ideally, we would like to make our rooms available for rent to hospitals, clinics, testing sites, storage space for supplies during the crisis, etc.

If you know of anyone who may be interested in leasing space at the Center, please have them contact

Paul Schwartz, Senior Associate
Corcoran Global Commercial
(707) 479-1841