

*We see a world  
that works for everyone.*



## **Bulletin for Sunday, December 20, 2020**

This Month's Theme: I Clearly See the Many Ways of Celebrating One Truth

Recommended Reading: *Toward a True Kinship of Faith*, by The Dalai Lama

Today's Topic and Speaker: "Cultivating the Light," Dr. Edward Viljoen

## *Sunday Services*

From your computer, tablet, or smart phone, watch our Sunday service each week at 8:30, 10, and 11:30 am.

- To watch the service on Zoom, click on the following link:  
<https://tinyurl.com/SundayCelebrationCSLSR>
- To watch the service on Facebook, go to  
<https://www.facebook.com/centerforspirituallivingsantarosa/> and click on "Posts" on the left. Scroll down until you find the broadcast. (On mobile devices, the "Posts" button is on a horizontal menu beginning with "Home" and "About" at the bottom of the screen.)

To watch the service at any time after 8:30 am, click on "Videos" under the "Media" tab of our website, [www.cslsr.org](http://www.cslsr.org). Recordings of previous Sunday messages are also located there.

## *After-Service Five-Minute Prayer*

Connect with a licensed practitioner after any Sunday service broadcast for a free, confidential one-on-one prayer. If you watch the service on Zoom, you need to log out of that link and then enter this Zoom link for prayer:

[www.cslsr.org/zoom-prayer](http://www.cslsr.org/zoom-prayer)

## *Contacts for Spiritual Support*

- For grief support, call Rev. Siota Belle at 546-4543, x 106.
- To have someone pray with you, call Telephone Prayer Ministry, 546-4561. Leave your name and number; someone will call you within the hour.
- To hear an inspirational message and prayer, call Dial-a-Thought, 544-5423.
- To request hospital or home telephone visits, call Heart in Hand, 546-4543, x 370.
- For additional spiritual support, click on "Resources" at the top of our homepage, [www.cslsr.org](http://www.cslsr.org).
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <https://cslsr.org/members/practitioners/> and contact the practitioner of your choice. Fees apply.

## *Christmas Eve Candle Lighting Service*

Thursday, December 24, at 7 pm. Details on our website:

<https://cslsr.org/christmas-eve-service/>

The Zoom link is <https://us02web.zoom.us/j/84545139494>

## *Christmas Morning Circle*

Friday, December 25, at 10 am. Details on our website:

<https://cslsr.org/christmas-morning-circle/>

The Zoom link is <https://us02web.zoom.us/j/84995055442>

## *Cancer Thrivers Support Group*

We are a mutual support group partnering with Spirit to actively look at cancer as a part of life. We apply Science of Mind concepts to the cancer journey and remember the Truth of who each of us is. Our intention is to derive spiritual gifts from studying and sharing Principle as it relates to cancer and not only survive but thrive. Contact Kathy Galvin, RScP, for information. [kgwrites@comcast.net](mailto:kgwrites@comcast.net)

## *Deduct Donations*

For the calendar year 2020 you can deduct cash donations to nonprofit organizations even if you don't file an itemized tax return. Previously, charitable contributions could only be deducted if taxpayers itemized their deductions. For this year, taxpayers who don't itemize deductions may take a charitable deduction of up to \$300 for cash contributions made in 2020 to qualifying organizations such as the Center for Spiritual Living, Santa Rosa. The law changed in this area due to the Coronavirus Aid, Relief, and Economic Security (CARES) Act. More information at [IRS.gov](https://www.irs.gov) or from your tax preparer. The Center is grateful for your contributions at any time—even during the last weeks of the year.

## *Spiritual Coaching*

If you have benefited from the five-minute prayer sessions in Grinton Chapel on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone, Zoom, FaceTime, etc. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer (spiritual mind treatment) to make it so. Contact a prayer practitioner through the online practitioner directory at <https://cslsr.org/members/practitioners/>

## *Your 2021 Giving Intention*

We invite you to let us know what your estimated contribution will be for 2021, January to December. Think of your giving as a sacred commitment between you and the Spirit of Wholeness within you. Our spiritual community is sustained by each person who answers the call to do what is theirs to do financially. No more, no less. Please use the [2021 Giving Intention Form](#) on our website. If you would like to know what your giving intention is for the current year, or if you have any questions, please contact Linda Hann at [linda.hann@cslsr.org](mailto:linda.hann@cslsr.org) or (707) 546-4543, ext. 101.

## *Stepping Stones Books and Gifts*

Although the store is not yet open to the public, we offer online sales of books of the month, books by Ernest Holmes and Edward Viljoen, and class textbooks. We process orders every Tuesday with two delivery options (1) U.S. Postal Service and (2) Curbside pickup following guidelines for social distancing. Visit us at <https://steppingstones-books-and-gifts.myshopify.com/> Please note: Orders placed between December 20 and January 4 will be processed on Tuesday, January 5.

## *Youth and Family Ministry*

Visit the Youth and Family Ministry Blog at <https://youthandfamilyministry.blogspot.com/>

## *Winter Classes*

Are you a lifelong learner? We have seven offerings next semester with at least one of them being a perfect match for what you are looking for! Register now. Early bird discount prices are good through Sunday, January 3. For complete details, check out this link: <https://cslsr.org/register-for-fall-classes/>

## *Making Your Regular Weekly Contribution*

You can do it online at <https://cslsr.org/online-donations> or by mailing a check to the Center at 2075 Occidental Road, Santa Rosa CA 95401. We pick up the mail regularly from our locked mailbox.

## Online Resources

### **AFFIRMATIVE PRAYER LIBRARY**

Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is <https://affirmativeprayerlibrary.blogspot.com/>

### **ONLINE PRAYER REQUESTS**

Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <https://cslsr.org/online-prayer-request/>

## Lunchtime Learning: "Radical Acceptance"

Join Rev. Tara Steele every Wednesday in December at 12 noon for a conversation about seeing ourselves more clearly and letting go of the stuff that gets in the way. We'll sample some of the chapters in Tara Brach's book, *Radical Acceptance*, which is available from our bookstore at a special reduced price. Full details on our website:

<https://cslsr.org/lunchtime-learning-radical-acceptance/>

## Weekly Groups

### **SUNDAY EVENING CONVERSATIONS**

Everyone is welcome to join us tonight at 7 pm. This week's facilitator is Practitioner Krista McAtee. The topic is "Seeing and Celebrating Oneness!" To learn more, visit our blog at <https://sundayeveningsatthecenter.blogspot.com/>. The Zoom link to our gathering is <https://cslsr.org/zoom-SEC/>

### **SCIENCE OF MIND/12-STEP GROUP**

Tuesday, December 22, from 7 to 8 pm. We meet each week via Zoom; everyone is invited. The link is <https://zoom.us/j/94490286131>

### **WEDNESDAY EVENING MEDITATION, "INVITING THE SACRED"**

Wednesday, December 23, at 6 pm. The Zoom link is <https://tinyurl.com/WednesdayEveningMeditation>

### **SATURDAY MORNING MEDITATION**

Saturday, December 26. Zoom in to Saturday Meditation Group at 10 am every week to strengthen your meditation practice. The Zoom link is <https://tinyurl.com/SatMeditationGp>

## We Love Our Volunteers

Visit our volunteer blog and celebrate the individuals working behind the scenes to "make it all happen." <http://cslsr.blogspot.com/>

## *Monthly Meetings*

### **VIRTUAL SOCIAL HALL**

Today, December 20, beginning at 1 pm. Dr. Edward will greet all of us and provide a fun focus question to stimulate conversation. We will then go into online groups to share with one another. We think you will find the Virtual Social Hall to be interesting and enjoyable. A great chance to see and greet some familiar faces and new ones as well! Here is the link: <https://tinyurl.com/VirtualSocialHall>

### **WOMEN OF SPIRIT (new date and time for December only)**

Sunday, December 20, from 12:30 to 2 pm. For the month of December, Santa Rosa's Women of Spirit group will join the Center for Spiritual Living, San Jose women's group, Soul Sisters, on Sunday, December 20, from 12:30 to 2 pm. The Zoom link for this special December gathering is <https://us02web.zoom.us/j/87068958210>

### **THE THIRD ACT**

Monday, December 28, from 1:30 to 2:30 pm. The Third Act gives the seniors in our community an opportunity to share their ideas, joys, and concerns and to go deeper in our spiritual journey. Rev. Joyce Kinzel is the facilitator. We meet on the fourth Monday of the month. The Zoom link is <https://tinyurl.com/TheThirdAct>

### **WORLD HEALING PEACE MEDITATION**

Thursday, December 31, at 4 am. Join more than 500 million people from an array of faith traditions and philosophies, across seven continents, meditating simultaneously on New Year's Eve. The gatherings begin at precisely the same moment all around the world in all the many languages, to pray in the ways of their own traditions. We each affirm Peace and commit to do our part to heal the world. Details at <https://cslsr.org/world-healing-peace-meditation>

### **FULL CIRCLE: CONVERSATIONS ABOUT DEATH & DYING**

Sunday, January 3, from 1 to 2:30 pm. We meet on the first Sunday of the month for education, spiritual support, conversation, and resources about death and dying. Everyone is welcome. The Zoom link is <https://tinyurl.com/y29a33zr>

### **BEING AND BELONGING DISCUSSION GROUP**

Sunday, January 10, from 1:30 to 3 pm. Join with us on Zoom to learn more about our relationship with diversity, inclusivity, social rank, racism, oppression, and privilege. The Zoom link is <https://tinyurl.com/BBGDiscussion>. You are also invited to visit our blog. See page 6.

### **BOARD OF TRUSTEES**

Thursday, January 28, at 5:30 pm. Our board of trustees meets on the fourth Thursday of the month. Except for executive sessions, the meetings are open to the public. During this time of sheltering in place, the meetings are held on Zoom. Here is the link: <https://us02web.zoom.us/j/82409732515>

## *Social Media*

Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>

Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>

Instagram: <https://www.instagram.com/cslsantarosa/>

Twitter: <https://twitter.com/CSLSantaRosa>

## *Our Online Blogs*

Being and Belonging Group: <https://cslsrbeingandbelonging.blogspot.com>

Edward's Blog: <https://edblogword.blogspot.com/>

En Español: <https://enespanolcslsr.blogspot.com/>

New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>

New Thought Resources: <http://newthoughtresources.blogspot.com/>

Remembrance Pages: <https://communityremembrancepages.blogspot.com/>

Spiritual Leader Blog: <https://cslspiritualleader.blogspot.com/>

Sunday Evening Conversations: <https://sundayeveningsatthecenter.blogspot.com/>

Volunteer Blog: <http://cslsr.blogspot.com/>

Wednesday Night Wisdom: <https://wednesdayeveningsatthecenter.blogspot.com/>

Youth and Family Ministry: <https://youthandfamilyministry.blogspot.com/>

## *When Are We Reopening?*

The Center looks forward to the time when we can once again open our doors to all of our congregants. We miss being together and look forward to seeing each other again. Nobody can know when that time will be, but it is many months away.

For the latest information, visit the COVID-19 Update article on our website:

<https://cslsr.org/covid-19-update/>

Thank you for your patience, understanding, and support.

We love you and we miss you.

### *HOW TO ZOOM*

If you have never used Zoom, here is the link to a short video for first-time users:

<https://www.youtube.com/watch?v=9isp3qPeQ0E>