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## Bulletin for Sunday, May 24, 2020

This Month's Theme: I Clearly See My Soul's Purpose and Calling

Today's Topic and Speaker: "My Inner Knower," Dr. Edward Viljoen

### \*\*SUNDAY SERVICES

From your computer, tablet, or smart phone, watch our Sunday service each week at 8:30, 10, and 11:30 am.

- To watch the service on Zoom Webinar, click on the following link <https://tinyurl.com/SundayCelebrationCSLSR>. You will be asked for your e-mail and name.
- To watch the service on Facebook, go to <https://www.facebook.com/centerforspiritual livingsantarosa/> and click on "Posts" on the left. Scroll down until you find the broadcast. (On mobile devices the "Posts" button is on a horizontal menu beginning with "Home" and "About" at the bottom of the screen.)
- To watch the service at any time after 8:30 am, click on "Videos" under the Media tab of our website, [www.cslsr.org](http://www.cslsr.org). Recordings of previous Sunday messages are also located there.

### \*\*AFTER SERVICE FIVE-MINUTE PRAYER

Connect with a licensed practitioner after any Sunday service broadcast for a free, confidential one-on-one prayer. The approximate times are 9:30 am, 11 am, and 1:30 pm. If you watch the service on Zoom, you need to log out of that link and then enter a new Zoom link for prayer: <https://tinyurl.com/GrintonPrayer>

### \*\*NEW: CIRCLES FOR SPIRITUAL CONNECTION



Remember Empowerment Groups? Now we have something new! Beginning the second week of June, gather together once a week on Zoom for four meetings in a small group for spiritual connection and to discuss Sunday messages with focus questions provided by Dr. Edward. Choose a meeting day and time that works best for you. Sessions will last approximately 90 minutes. Register on Doodle by Wednesday, June 3, at 5 pm. Complete details are on our website. [Click \[here\] to see the article.](#)

### \*\*FREE PRACTITIONER SESSIONS

On Friday, May 29 and Saturday, May 30, our licensed prayer practitioners are offering full practitioner sessions on Zoom at no charge. This is a wonderful opportunity to talk to a practitioner and explore the condition uppermost in your life right now and then apply an affirmative prayer that defines the optimal outcome. Appointment times are on the hour: 1, 2, or 3 pm. Appointments are limited so call Rev. Siota Belle at (707) 546-4543, ext. 106 to make an appointment soon. You will receive an assigned time and Zoom link instructions.

### TO MAKE YOUR REGULAR WEEKLY CONTRIBUTION,

you can do it online at <https://cslsr.org/online-donations> or by mailing a check to the Center at 2075 Occidental Road, Santa Rosa CA 95401.

### \*\*NEWS FOR PARENTS

Youth and Family Ministry Director Susan Robinson hosts two Zoom youth classes on Sundays. One at 10 am for children aged 4-7 and another at 11 am for children aged 8-12. These are approximately 30 to 40 minutes in length. If you are interested in having your children participate, please reach out to Susan via e-mail at [susan.robinson@cslsr.org](mailto:susan.robinson@cslsr.org).

## **\*\*SUNDAY EVENING CONVERSATIONS**

Available on Zoom every week from 7 to 8 pm. This week's facilitator is Practitioner Elias Owens. The topic for conversation is "Knowing Real Inner Wisdom vs. Fake." Here is the link:

<https://tinyurl.com/SundayEveningConversation>

## **\*\*SUMMER CLASSES**

Our three final summer classes begin soon

- *William James and the Stream of Consciousness*  
taught by Dr. Kim Kaiser  
begins Thursday, June 11, at 6:30 pm.  
[Online registration is available now.](#)
- *The Power of Meditation*  
taught by Practitioner Bette Smith  
begins Monday, June 15, at 6:30 pm  
[Online registration is available now.](#)
- *Beyond Limits (Foundational Core Class)*  
taught by Rev. Siota Belle  
begins Thursday, July 9, at 6:30 pm  
[Online registration is available now.](#)

Core classes and spiritual enrichment courses will be taught on Zoom until we can meet together in person. No late registrations. [Details are on our website.](#)

## **\*\*SCIENCE OF MIND/12-STEP GROUP**

Tuesday, May 26, from 7 to 8 pm. This support group meets each week via zoom. Everyone is invited. The link is <https://us04web.zoom.us/j/356973050>

## **\*\*LUNCHTIME LEARNING**

Wednesday, May 27, from 12 noon to 1 pm. Join Rev. Tara Steele each Wednesday this month for an exploration of Ernest Holmes's popular book, *This Thing Called You*. Tara will share some of her favorite passages; participants are invited to share their own favorite parts of the text. This is a perfect opportunity to learn more about our teaching, Science of Mind. Click on the following link to connect via Zoom:

<https://tinyurl.com/CSLSRLunchtimeLearning>

## **\*\*WEDNESDAY EVENING MEDITATION "INVITING THE SACRED,"**

Wednesday, May 27, join Rev. Siota Belle from 6 to 6:45 pm for this tranquil gathering and enjoy a sense of peace and Oneness. The Zoom link is <https://tinyurl.com/WednesdayEveningMeditation>

## **\*\*THURSDAY TIMEOUT**

Thursday, May 28, join Rev. Tara Steele on Zoom for a time to sit in stillness, connect with community, and remember in prayer. Every Thursday from 11:45 am to 12:30 pm. The Zoom link is

<https://tinyurl.com/ThursdayTimeout>

## **\*\*BOARD MEETING**

Thursday, May 28, at 5:30 pm. Our Board of Trustees meets on the fourth Thursday of the month. Except for executive sessions, the meetings are open to the public. During this time of sheltering in place, the meetings are held on Zoom. Here is the link: <https://us02web.zoom.us/j/82409732515>

## **\*\*SATURDAY MORNING MEDITATION**

Saturday, May 30. Zoom in to Saturday Meditation Group at 10 am every week to strengthen your meditation practice. The Zoom link is <https://tinyurl.com/SatMeditationGp>

## **\*\*MONTHLY PEACE MEDITATION**

Sunday, May 31, at 7 pm. Our gathering will begin with a world peace meditation, a practice we observe on the last day of the month. That rich deep time together will open into a sharing of intentions and prayer, the gifts of being in circle together. All are welcome. For more information, please contact Vivian Strand at (707) 953-1917. The Zoom link is <https://tinyurl.com/World-Peace-Meditation>

## **TELEPHONE NUMBERS FOR SPIRITUAL SUPPORT**

- To have someone pray with you, call our Telephone Prayer Ministry, 707-546-4561.
- To hear an inspirational message and prayer, call Dial-a-Thought, 707-544-5423.
- To request hospital or home telephone visits, call Heart in Hand, 707-546-4543, ext. 370.
- For grief support, call Rev. Siota Belle at 707-546-4543, ext. 106.

For additional spiritual support, click on "Resources" at the top of our homepage, [www.cslsr.org](http://www.cslsr.org).

## **DR. EDWARD'S CLOSING PRAYER**

Know with me that you are never alone, that Spirit is where you are, that you have only to look within at any moment to know that you are guided and inspired by a Presence that expresses Itself in this world as you. With deepest gratitude, let us live our lives accordingly so that in everything we do, say, and think, we honor that Presence within. And so it is.

*Thank you for your patience, understanding, and continued support during this time of social distancing.*

### **\*\*HOW TO ZOOM**

For audio and video, from your desktop computer, laptop, smartphone, or tablet, use the link to connect. A required password is embedded in the link. To be seen and heard, you need to have a camera and microphone in the device you are using.