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## Bulletin for Sunday, May 10, 2020

This Month's Theme: I Clearly See My Soul's Purpose and Calling

Today's Topic and Speaker: "Soul Calling," Dr. Edward Viljoen

### \*\*SUNDAY SERVICES

From your computer, tablet, or smart phone, watch our Sunday service each week at 8:30, 10, and 11:30 am.

- To watch the service on Zoom Webinar, click on the following link <https://tinyurl.com/SundayCelebrationCSLSR>. You will be asked for your e-mail and name.
- To watch the service on Facebook, go to <https://www.facebook.com/centerforspiritual livingsantarosa/> and click on "Posts" on the left. Scroll down until you find the broadcast. (On mobile devices the "Posts" button is on a horizontal menu beginning with "Home" and "About" at the bottom of the screen.)
- To watch the service at any time after 8:30 am, click on "Videos" under the Media tab of our website, [www.cslsr.org](http://www.cslsr.org). Recordings of previous Sunday messages are also located there.

### \*\*AFTER SERVICE FIVE-MINUTE PRAYER

Connect with a licensed practitioner after any Sunday service broadcast for a free, confidential one-on-one prayer. The approximate times are 9:30 am, 11 am, and 1:30 pm. If you watch the service on Zoom, you need to log out of that link and then enter a new Zoom link for prayer: <https://tinyurl.com/GrintonPrayer>

### \*\*BEING AND BELONGING (FORMERLY DIVERSITY) DISCUSSION GROUP

Today, May 10, from 1:30 to 3 pm. This Mother's Day, we take time to explore the many ways the Divine Feminine is expressed. Plan to share your experience of being or having a mother. All are welcome. The Zoom link is <https://tinyurl.com/BBGDiscussion>

### NEW: VIRTUAL SOCIAL HALL



zoom

Sunday, May 17, from 1 to 1:30 pm. Connect with old friends and new! Join Senior Minister Dr. Edward Viljoen on Zoom for a live Virtual Social Hall experience which will be held on the third Sunday of every month. Dr. Edward will greet us and provide a focus question that we may use to stimulate conversation (or we can talk about whatever comes up). We will then be invited into small online groups of three to check in with each other. Everyone is welcome. We think you will find Virtual Social Hall interesting and enjoyable during the current period of sheltering in place. Here is the link: <https://tinyurl.com/VirtualSocialHall>

### TO MAKE YOUR REGULAR WEEKLY CONTRIBUTION,

you can do it online at <https://cslsr.org/online-donations> or by mailing a check to the Center at 2075 Occidental Road, Santa Rosa CA 95401.

### \*\*NEWS FOR PARENTS

Youth and Family Ministry Director Susan Robinson hosts two Zoom youth classes on Sundays. One at 10 am for children aged 4-7 and another at 11 am for children aged 8-12. These are approximately 30 to 40 minutes in length. If you are interested in having your children participate, please reach out to Susan via e-mail at [susan.robinson@cslsr.org](mailto:susan.robinson@cslsr.org).

## **\*\*SUNDAY EVENING CONVERSATIONS**

Available on Zoom every week from 7 to 8 pm. This week's facilitator is Practitioner Maggie Cole. The topic for conversation is "Oh Great Mother." Singer-songwriter Karen Drucker will join Maggie. Here is the link: <https://tinyurl.com/SundayEveningConversation>

## **CANCER THRIVERS SUPPORT GROUP**

Six-week series begins tomorrow, May 11, from 1 to 2:30 pm via Zoom. For those actively dealing with cancer, we discuss and apply Science of Mind concepts to go beyond survival to thriving. Recurring six-week sessions, limited to 10 participants (no drop-ins). Get information and register with Kathy Galvin, RScP, at [kgwrites@comcast.net](mailto:kgwrites@comcast.net). Love offerings gratefully accepted.

## **REGISTER FOR SUMMER CLASSES**

Both core classes and spiritual enrichment courses will be taught on Zoom until we can meet together in person. Register online. [Details are on our website.](#)

## **\*\*SCIENCE OF MIND/12-STEP GROUP**

Tuesday, May 12, from 7 to 8 pm. This support group meets each week via zoom. Everyone is invited. The link is <https://us04web.zoom.us/j/356973050>

## **\*\*LUNCHTIME LEARNING**

Wednesday, May 13, from 12 noon to 1 pm. Join Rev. Tara Steele each Wednesday this month for an exploration of Ernest Holmes's popular book, *This Thing Called You*. Tara will share some of her favorite passages; participants are invited to share their own favorite parts of the text. This is a perfect opportunity to learn more about our teaching, Science of Mind. Click on the following link to connect via Zoom: <https://tinyurl.com/CSLSRLunchtimeLearning>

## **\*\*WEDNESDAY EVENING MEDITATION "INVITING THE SACRED,"**

Wednesday, May 13, join Rev. Siota Belle from 6 to 6:45 pm for this tranquil gathering and enjoy a sense of peace and Oneness. The Zoom link is <https://tinyurl.com/WednesdayEveningMeditation>

## **\*\*THURSDAY TIMEOUT**

Thursday, May 14, join Rev. Tara Steele on Zoom for a time to sit in stillness, connect with community, and remember in prayer. Every Thursday from 11:45 am to 12:30 pm. The Zoom link is <https://tinyurl.com/ThursdayTimeout>

## **\*\*SATURDAY MORNING MEDITATION**

Saturday, May 16. Zoom in to Saturday Meditation Group at 10 am every week to strengthen your meditation practice. The Zoom link is <https://tinyurl.com/SatMeditationGp>

## **\*\*THE THIRD ACT**

Monday, May 25, from 1:30 to 3 pm. Facilitated by Rev. Joyce Kinzel, this monthly discussion group is for those who are on the mature side of life. We share and learn from one another about the concerns and challenges facing us. The Zoom link is <https://tinyurl.com/TheThirdAct>

## **\*\*SPIRITUAL RENEWAL FREE COACHING SESSIONS**

On Friday, May 29 and Saturday, May 30, our licensed prayer practitioners are offering free 30-minute sessions of spiritual coaching and prayer via Zoom for our congregants. Appointment times are on the hour: 1, 2, or 3 pm. For an appointment, call Rev. Siota Belle at 707-546-4543, ext 106. You will receive an assigned time and Zoom link instructions. *The deadline for signing up is Friday, May 22.*

## **\*\*MONTHLY PEACE MEDITATION**

Sunday, May 31, at 7 pm. Our gathering will begin with a world peace meditation, a practice we observe on the last day of the month. That rich deep time together will open into a sharing of intentions and prayer, the gifts of being in circle together. All are welcome. For more information, please contact Vivian Strand at (707) 953-1917. The Zoom link is <https://tinyurl.com/World-Peace-Meditation>

## **TELEPHONE NUMBERS FOR SPIRITUAL SUPPORT**

- To have someone pray with you, call our Telephone Prayer Ministry, 707-546-4561.
- To hear an inspirational message and prayer, call Dial-a-Thought, 707-544-5423.
- To request hospital or home telephone visits, call Heart in Hand, 707-546-4543, ext. 370.
- For grief support, call Rev. Siota Belle at 707-546-4543, ext. 106.

For additional spiritual support, click on "Resources" at the top of our homepage, [www.cslsr.org](http://www.cslsr.org).

## **DR. EDWARD'S CLOSING PRAYER**

Know with me that you are never alone, that Spirit is where you are, that you have only to look within at any moment to know that you are guided and inspired by a Presence that expresses Itself in this world as you. With deepest gratitude, let us live our lives accordingly so that in everything we do, say, and think, we honor that Presence within. And so it is.

*Thank you for your patience, understanding, and continued support during this time of social distancing.*

### **\*\*HOW TO ZOOM**

For audio and video, from your desktop computer, laptop, smartphone, or tablet, use the link to connect. A required password is embedded in the link. To be seen and heard, you need to have a camera and microphone in the device you are using.