

#### Dear Friends,



March is the month of Women's History, and we are observing it by studying the Divine Feminine in all. Our speakers this month include Rev. Tara Steele, Rev. Ruth Barnhart, Rev. Deborah Johnson, and Eugene Holden from our movement's World Ministry of Prayer.

March is also the month of our General Membership Gathering, so please mark your calendar for the last Sunday in March. We will hear from our independent CPA who has reviewed our

finances, we will vote in new trustees, and we will learn firsthand how the Center is doing in the wake of three years of natural disasters.

I invite you to affirm with me this week:

My courage never wavers for my faith is steady. I am always prepared for every situation. I meet each challenge as an opportunity. I am never reluctant about my self-expression. I put all of my energy into life; consequently, I am profoundly and wonderfully engaged in everything I do.

Blessings, Edward Viljoen

## **Upcoming Topics and Speakers**

March 8 – Mother: The Key to Our Mystical Union with the Divine – Rev. Ruth Barnhart

March 15 - Love: The Path to Freedom - Eugene Holden, RScP

March 22 – Spiritual Sustainability – Rev. Deborah Johnson

March 29 - Isis: By the Power of Her Word - Dr. Edward Viljoen

#### AIDS/LifeCycle Bake Sale Today

Our team for 2020 is preparing for our epic ride from San Francisco to Los Angeles in June to support education and services for people living with HIV/AIDS. Come see us in the Social Hall, talk to us, and learn more about the ride.

## March 1, 2020

## **Today's Message**

The Divine Feminine in All Rev. Tara Steele

## At the Center Today

- Free Five-Minute Affirmative Prayer after each service, Grinton Chapel.
   See page 3.
- AIDS/LifeCycle Bake Sale, Social Hall. See column 1.
- Meditation, 9:35 to 9:50 am, Richard Leo Meditation Room, upstairs
- Youth Classes, 10 am and 11:30 am, Rooms 1 and 2
- Nursery Care, 10 am and 11:30 am
- Teen Group, 11:15 am, Room 11, North Wing
- Grief & Loss Spiritual Support, 12:45 pm, Room 8, upstairs
- Full Circle 1 to 2:30 pm, Waggoner Hall, North Wing. See page 3.
- Sunday Evening Conversations, 7 pm, Room 11, North Wing. See page 2.

## This Week

Tuesday, March 3

 Science of Mind /12-Step Support Group, 7 pm, Room 11, North Wing.

#### Wednesday, March 4

- Chair Yoga with William Abel, 9 am, Grinton Chapel
- Meditation: "Inviting the Sacred,"
   6 to 6:45 pm, Waggoner Hall, North Wing. See page 3.

#### Saturday, March 7

- ManSpirit Brunch, 9 am to 12 noon, Room 11, North Wing
- Saturday Meditation Group, 10 am, Meditation Room, upstairs
- A Course in Miracles Study Group, 11 am, Room 3.

## Dr. Edward Viljoen Elected Spiritual Leader of Centers for Spiritual Living

Last month, at the 2020 annual convention of Centers for Spiritual Living in Denver, Dr. Edward was elected Spiritual Leader of our movement. Here are the answers to some frequently asked questions:

- As the newly-elected Spiritual Leader, what does this position entail? Dr. Edward is the spokesperson for our international movement. His term is for three years.
- Will Dr. Edward be leaving Santa Rosa? No. Dr. Edward will not be relocating; he is staying with us in Santa Rosa as our Senior Minister.
- How will Dr. Edward fulfill his duties if the Home Office is in Denver? Video conferencing technology will allow Dr. Edward to fulfill many of his new duties via the internet from Santa Rosa.
- How does this change Dr. Edward's relationship to our Center in Santa Rosa? Dr. Edward has already held high-level leadership positions in Centers for Spiritual Living while guiding our thriving community in Santa Rosa. Our practice of shared leadership in Santa Rosa is a core strength and puts us in a position to support him while he supports the movement. Our staff, practitioners, ministers, trustees, and essential volunteers are ready and willing to support our community and Dr. Edward.
- Will Dr. Edward still speak on Sundays? Yes. Dr. Edward will
  continue to have a Sunday off each month, as he has in the
  past. We don't anticipate a big difference. However, we'll be
  open to learning together.

## Featured Volunteer Paul Sarran



Did you know that most paid staff members at the Center also practice selfless service by volunteering their time and talent over and above their job description? Paul Sarran is a stellar example. Although he is currently a paid audio tech and a musician who plays fabulous bass on many Sundays, Paul continues to help maintain and upgrade many areas of our Center on his own

time. In these last 20 years or so, Paul has helped design and install all of the many improvements in our sound system, has custom built sound equipment racks, run wire and hung new speakers, and worked extensively on our lighting system. He is jack of all trades and we're grateful to be the beneficiaries of his many talents. Currently Paul is working on our stage electrical project, installing many much-needed outlets onstage as well as backstage. Thank you, Paul, for your very important behind-the-scenes work for our Center!

#### **February Nonprofit Partner**

Knights of Sonoma County, serving people in need in Sonoma County—especially those who have fallen through the cracks. Learn more at their website, www.12stepknights.com.

### **Parking Ambassadors**

We are bringing back our parking ambassador program to keep watch over our parking lots during services and events. If you would like to be a part of this important team, please see Evan or Jeffrey at the Volunteer Table.

## **Sunday Evening Conversations**

Tonight at 7 pm in Room 11. If you would like to explore our teaching, Science of Mind, in an intimate setting where you are seen, heard, and valued, join us for Sunday Evening Conversations. Tonight Lorena Fisher, RScP, leads a discussion titled, "Embrace the Divine Feminine Within You." Everyone is welcome.

#### **Medium Karen Peterson**



## Connecting with Your Loved Ones

Friday, March 27, 6:30 to 9 pm, in the Sanctuary. Karen Peterson comes with knowledge of the afterlife. She will answer questions,

explain the process of communication, and bring messages through from your loved ones and pets. General admission is \$50. VIP tickets are \$85 and include an exclusive meet-and-greet with Karen, from 9 to 9:30 pm. Only 65 VIP tickets are available.

## **Healing Through Art**

Saturday, March 28, 9:30 am to 12:30 pm. Using art, Karen will help bring you closer to feeling and hearing your own loved one. Together you will create a beautiful collage. The \$65 fee includes most materials; you may bring photos and other mementos.

# New Group Cancer Thrivers Support Group

Six-Week Series Begins Monday, March 16 from 1 to 2:30 pm in Room 8, upstairs. For those actively dealing with cancer, we apply Science of Mind concepts to spiritually support their cancer journey. Limited to 10 participants. No drop-ins. To register, contact Kathy Galvin, RScP, at kgwrites@comcast.net.

#### **Adaptive Yoga**

New six-week series begins on Tuesday, March 10, from 10:15 to 11:30 am in Grinton Chapel. Taught by Brenda Kobrin, this class is for people with balance and mobility issues such as MS or Parkinson's. The cost is \$75 for the six-week series or drop-in for \$15 per class, provided space is available. Call Brenda to register or to confirm that space is available for drop-in: 707-280-9680.

## Spanish/Español

Spanish language interpretation of Sunday messages is available on our blog at enespanolcslsr.blogspot.com. Live interpretation may be arranged by appointment in advance by emailing cslsrenespanol@gmail.com.

La interpretación en español de los mensajes dominicales está disponible en nuestro blog: https://enespanolcslsr.blogspot.com. Para solicitar la interpretación en vivo de un mensaje dominical, por favor envíe una solicitud por adelantado a cslsrenespanol@gmail.com.

#### **Annual Members Meeting**

**Sunday, March 29.** Check-in and free lunch for members is at 12:45 pm. Business meeting, open to everyone, begins at 1:30 pm. Agenda includes electing new trustees and receiving our CPA's financial report.

#### **Slate of Board Candidates**



The Board of Trustees is pleased to announce a slate of three candidates to fill vacancies that will occur at the end of the current term. Pictured, left to right, they are Mary Ann Granieri, Kate Luna, and Dinna Withrich. Election of trustees takes place at our annual meeting on Sunday, March 29. Candidate biographies are available on the literature rack in the Social Hall.

#### **Full Circle:**

## **Conversations About Death & Dying**

Today, from 1 to 2:30 pm in Waggoner Hall, North Wing. This month's topic is, "The Privilege of a Lifetime is Being Who You Are." It is a time of sharing our own eulogies. Share one, write one, or just come and listen. Everyone is welcome!

## Weekly Meditation: "Inviting the Sacred"

Every Wednesday from 6 to 6:45 pm, join Rev. Siota Belle in Waggoner Hall, for a facilitator-led meditation. Both new and experienced meditators are welcome. Love offerings gratefully received.

## Would You Love to Join Our Team?

- Part-Time Bookstore Manager. We are looking for someone to manage Stepping Stones on Sundays. Priorities include customer service, coordination of volunteers, and opening and closing duties, 6 to 10 hours per week.
- Full-Time Activities & Events Manager. If you love people and are uber-organized, this may be the job for you! This integral member of our team works closely with our volunteers, coordinates Sundays and events, and keeps the Center running smoothly by managing our internal organizational calendar.

For details on these paid positions, please contact Chandra Farnsworth at chandraf@comcast.net.

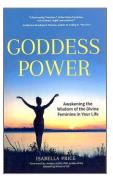
#### **Circles for Spiritual Connection**

Small, in-home groups are returning! Circles for Spiritual Connection, consisting of 6 to 10 congregants, meet weekly for six weeks to create community and deepen our ability to embody our spiritual nature in our daily lives. If you want to learn more or are interested in becoming a host or facilitator, e-mail circlescslsr@gmail.com. We will contact you with details and the dates of the trainings for hosts and facilitators. Groups will begin meeting in mid-May.

#### Travel to Hawaii with Dr. Edward

April 27 – May 2, 2020. In Hawaii, the word Aloha is used in greetings and farewells and in expressing love. But the word means even more—it is a way of life. Join Dr. Edward in Kauai to discover the spiritual richness hidden in the true meaning of aloha. Visit the Information Table for details.

#### **Recommended Reading for March**



Goddess Power: Awakening the Wisdom of the Divine Feminine in Your Life, by Isabelle Price. This is a substantial, insightful, and accessible book on the wisdom and legacy of the Sacred Feminine across many cultures throughout the ages. The author takes you on a fascinating and, at times, surprising journey into the enduring essence of the Divine Feminine. Available for purchase in the Social Hall at the

Product Sales Table. Checks or credit cards only.

#### **Deep Slow Yoga**

New six-week series begins this Wednesday, March 4 from 5:30 to 7 pm in Rooms 1 and 2. You are invited to join us for gentle yoga and breathing practices. Introductory rate is \$65. Call Natalie to register: 707-579-4602.

## **ManSpirit Brunch**

This Saturday, March 7, from 9 am to 12 noon in Room 11, North Wing. All men are welcome to join us for food and camaraderie. Bring a dish to share and your own plate, coffee mug, and utensils.

## **Five-Minute Affirmative Prayer**



You are lovingly invited to go to Grinton Chapel any time between services to sit in confidence with a Prayer Practitioner. After briefly considering your desired outcome, take your welcome card to an empty chair next to a Practitioner who will pray with you. First, tell the Practitioner what you would like to experience. Then relax as the Practitioner speaks a five-minute affirmative prayer. Finally, leave the Chapel and be on the lookout for your new experience.

#### **Project Sleep Warm**

This Saturday, March 7, from 10 am to 1 pm, in Room 8, upstairs. We make comforters and sleeping bags for homeless women in Sonoma County as well as bibs and baby receiving blankets for new moms. Drop in anytime. We will teach you what to do. For more information, please contact Brenda Kobrin, 707-566-6785.

# Living the Five Steps of Prayer Workshop with Eugene Holden, RScP



Sunday, March 15, from 2 to 4 pm, in Grinton Chapel. This workshop is designed to take us deeper and beyond just speaking our word to consciously living life as answered prayer. Eugene Holden writes the monthly affirmations for Science of Mind Magazine, serves as the program manager for the World Ministry of Prayer, and is a renowned international speaker and life coach.

Registration for the workshop is \$25. You can register online 24/7 at steppingstonesbooksandgifts.org, or on Sunday, March 15, in the Social Hall or at the door.

## Do You Know a Good Cleaning Company?

From time to time the Center needs to employ a professional cleaning company to reset the Center after a special event. If you know of a company to recommend, please contact Facilities Manager Evan-Dow Williamson at the Volunteer Table or at evan.dw@cslsr.org.

## **Being and Belonging Discussion Group**

Next Sunday, March 8, from 1:30 to 3 pm, in Waggoner Hall. Previously known as the Diversity Discussion Group, we meet once a month to explore how we can become more inclusive by recognizing areas where we hold beliefs that do not serve us or our human community. This month, Rev. Tara Steele's topic is "How Do We Listen to Each Other." Everyone is welcome. To lern more about this group, contact Lili Escovedo, RScP, liliescovedo@gmail.com.

#### **Community Seder**

Saturday, March 21, from 5:30 to 7 pm, in the Social Hall. Rabbi George Gittleman of Shomrei Torah will share the meaning behind Seder, then lead us through the meal's rituals. Adults, \$20. Ages 18 and under, \$5. You can get tickets in the Social Hall today or online 24/7 through Wednesday, March 18. No tickets sold at the door.

# Advanced Spiritual Living TEA (Things Everyone Asks)

Sunday, March 22, from 1:15 to 2:30 pm in Rooms 1 and 2. Come and learn more about this 30-week certificated course of study devoted to personal discovery, integrated spiritual practice, community building, and embodied awareness of living the principles of Science of Mind and Spirit. Detailed information about Advanced Spiritual Living is on our website, cslsr.org. Choose "Classes" under the "Events & Classes" tab at the top of the page.

# Spiritual Sustainability Workshop with Rev. Deborah Johnson



Sunday, March 22, from 2 to 4 pm, in Grinton Chapel. Combining New Thought understanding with the Bible's ancient wisdom, Rev.Deborah brings insights into how to have an enduring and fulfilling life. Rev. Deborah has been a Metaphysical Bible instructor for over 30 years, including being a faculty member at Holmes Institute. She is the founder of Inner Light Ministries in

Santa Cruz. Registration for the workshop is \$25. You can register online 24/7 at steppingstonesbooksandgifts.org, or on Sunday, March 22, in the Social Hall or at the door.

## **Nurturing Our Community**



The fourth annual NOC silent auction will take place on three Sundays: April 5, 12, and 19 with more than 40 events to bid on. Make memories with people you haven't even met yet! Bidder

pre-registration happens on two Sundays: March 22 and 29.



2075 Occidental Road • Santa Rosa CA 95401 707-546-4543

Office Hours:

Monday, Tuesday, and Wednesday: 10 am to 5 pm Saturday: 10 am to 1 pm

Closed Thursday and Friday

Sunday Morning Services: 8:30 am • 10 am • 11:30 am

After Service Prayer: 9:30 am • 11 am • 12:30 pm

Sunday Youth Program: 10 am and 11:30 am, Rooms 1 & 2 Nursery Care: 10 am and 11:30 am

Sunday Teen Group: 11:15 am, Room 11, North Wing Sunday Evening Conversations: 7 pm, Room 11, North Wing

Wednesday Wisdom

Time and location varies. Check bulletin and website.

Meditation

Saturday Meditation, 10 to 11 am, Meditation Room, upstairs Sunday, 9:35 to 9:50 am, Meditation Room, upstairs Wednesday, 6 to 6:45, Waggoner Hall, North Wing

**Ernest Holmes Lending Library** 

Open Sunday 9 am to 1 pm • e-mail: library@cslsr.org

Dial-a-Thought: 707-544-5423

Heart in Hand Spiritual Support Hospital & Home Visits Grief & Loss Spiritual Support

707-546-4543, ext. 370

Telephone Prayer Ministry: 707-546-4561

Member Assistance Program 707-546-4543, ext. 111

Online Prayer Requests:

cslsr.org → Quick Links → Make an Online Prayer Request

**Affirmative Prayer Library**: cslsr.org → Resources tab

Listen to Dr. Edward on Radio Station KSRO Sunday mornings at 8:30 am (1350 AM or 103.5 FM)

**Stepping Stones Books and Gifts** 

Closed for Renovations Reopening Easter Sunday, April 12

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