

Center for Spiritual Living, Santa Rosa

April 28, 2019

Today's Message

Inclusion: Beyond "Otherness"

Dr. Edward Viljoen

At the Center Today

- **Meditation**, 9:35 to 9:50 am,
Richard Leo Meditation Room
- **Youth Classes**, 10 am and 11:30 am,
Rooms 1 and 2
- **Teen Group**, 11:15 am, North Wing
- **Grief and Loss Spiritual Support**,
12:45 pm, Room 8 (upstairs)
- **New Member Orientation Class**,
1 to 4 pm, Waggoner Hall (North
Wing). See column 2.
- **Sunday Evening Exploration**,
7 to 8 pm, Room 11. Join Practitioner
Elias Owens as he explores the topic
Unity, Not Uniformity. All are welcome
to this weekly conversation group.

Monday, April 29

- **Heart Coherence Meditation**,
7 to 8 pm, Room 11 (North Wing)

Tuesday, April 30

- **Science of Mind/12-Step Support
Group**, 7 to 8 pm, Room 11 (North
Wing).
- **Monthly Peace Meditation**, 7 pm,
Richard Leo Meditation Room
(upstairs). See column 2.

Wednesday, May 1

- **Chair Yoga with William Abel**,
10 to 11 am, Grinton Chapel.
See page 2.
- **Meditation**, 6:15 to 6:50 pm,
Room 11
- **Wednesday Night Wisdom**, 7 pm,
Waggoner Hall. See column 3.

Saturday, May 4

- **ManSpirit Potluck Brunch**, 9 am to
12 noon, Waggoner Hall. See page 2.
- **Saturday Meditation Group**, 10 am,
Richard Leo Meditation Room
(upstairs)
- **A Course in Miracles Drop-in Study
Group**, 11 am, Room 3

April Nonprofit Partner

Share Sonoma County, setting up living arrangements between two or more unrelated people who agree to share a home or apartment for their mutual benefit. Learn more at www.sharesonomacounty.org.

2019: Spirituality in Action



Dr. Ernest Holmes wrote that if our human relations are to mean the most to us, we must sense that there is hidden within, around, and through each of us, a Divine Presence manifesting itself in infinite variations—the same impulse, the same Love and Life, but never quite alike in any two persons. (*365 Science of Mind*, page 73)

In our recommended book for April, *True Inclusion*, we read on page 15, "This is the only hope for humanity. Unless we are willing to do the hard, painful work of sanctifying and reforming ourselves through extending grace, welcome, and unconditional love to our friends, our neighbors, and even our enemies, we can never truly be conformed and transformed into the people and the communities that we are called to be. And as long as the church continues to function in a way that excludes, demonizes, and marginalizes any community, we are pushing ourselves further from God, and perpetuating the 'dark forces' that are at the heart of all of our world's problems."

Warmly,
Edward Viljoen

New Member Class

Today from 1 to 4 pm in Waggoner Hall. You are invited to a free one-session member orientation class taught by Dr. Edward to help you get the information you need to decide if membership in the Center is right for you. At the end of the class, you will have the opportunity to join the Center. If you prefer to wait, that is okay, too. Please sign up at the Information Table.

Monthly Peace Meditation

This Tuesday, April 30, at 7 pm in Richard Leo Meditation Room (upstairs). Please join us as we gather to focus on an awareness of peace, the evolution of consciousness, and the healing of humanity.

Education Ministry

Early Bird Discount Ends Today
Visit the Education Table to get information and to register for one or more of our offerings this semester.

- ***Embracing Change*** with Dr. Edward Viljoen
- ***Practical Mysticism***, with Elias Owens, RScP
- ***Spiritual Practices for Daily Living***, with Lawrence Edwards, RScP
- ***This Thing Called You***, with Naava Dewey, RScP
- ***Beyond Limits***, with Diane Tapogna, RScP
- ***Your Authentic and Innate Goodness***, with Dr. Edward Viljoen
- ***Undiscovered Country***, with Siota Belle, RScP
- ***Ten Effortless Spiritual Practices***, with Dr. Kim Kaiser

Compassion in Action



Next Sunday, May 5, from 2 to 4 pm.

Rev. Masando Hiraoka, author of the monthly column "Being Human" in *Science of Mind* magazine, presents an afternoon

workshop on how to put our faith and compassion into action so that our unique gifts can meet the deep needs of the world. We have been called to create a world that works for everyone, but we often get stuck on how or where to begin. This workshop will help clear the way. Tickets are \$25 online 24/7 until Tue., April 30, at 5 pm. Tickets also available at the door.



Stepping Stones Raffle

Win this whimsical cast concrete statue of Ganesha doing a handstand! Suitable for indoor or outdoor use. Tickets are \$1 each or 6 tickets for \$5. Use a credit card for

purchases of \$5 or more. The drawing will be held today at 1 pm.

New Drop-In Class

Wednesday Night Wisdom

7 pm, in Waggoner Hall. This month's topic is *Prayer*, with Dr. Edward Viljoen. No need to register. Everyone welcome. Love offerings gratefully received.

**Upstairs in the Mezzanine
Seeing the Divine
Through the Lens of Visual Art**
Now featuring the art of Gail Mardfin.
If you are an artist and would like to learn more about this program, please contact Bob Hart at rihart9@gmail.com or stop by the Information Table.

ManSpirit Potluck Brunch

This Saturday, May 4, 9 am to 12 noon in Waggoner Hall (North Wing). All men are welcome to come and share food and camaraderie. Bring a dish to share and your own plate, coffee cup, and eating utensils. What makes us special? Your attendance! What can be more special than that? If you have questions, you can call Peter Stickney, RScP, at 707-478-6752.

Gala Fundraiser



Saturday, May 11, from 5:30 to 9:30 pm. Celebrate Dr. Edward's 25th year at the Center for Spiritual Living, Santa Rosa, at a

gala fundraiser. The evening will include hors d'oeuvres, a buffet dinner from A La Heart Catering, music by "The Core," and dancing. Tickets are \$100, available in the Social Hall on Sundays and online 24/7. We expect this event to sell out. **Note: The last day to buy tickets is today. Tickets will not be sold at the door.**

Chair Yoga with William Abel

Wednesdays from 10 to 11 am, Grinton Chapel. This popular weekly yoga class is suitable for those who have never done yoga or who are feeling hesitant to participate in a mat yoga class. Drop-in, \$10 per session. For questions, e-mail William at wba31@yahoo.com.

Anniversary Celebrations (65/25)

This year we are celebrating **65 years** of Science of Mind in Santa Rosa and **25 years** with Dr. Edward Viljoen as our senior minister.

- **Gala Fundraiser**, Saturday, May 11
- **Anniversary Raffle**, May 12 – June 9
- **Annual Potluck Picnic**, Sunday, June 16. Raffle winners announced
- **Free Dessert Reception**, Monday, December 16, from 7 to 9 pm, commemorating **the actual date** Science of Mind began in Santa Rosa 65 years ago.

News About Amazon Smile

If you are an Amazon shopper, a percentage of every purchase can be donated to a nonprofit of your choice. If you want your purchases to benefit our Center, we want you to know that a previous technical glitch is now fixed, and you need to reselect our Center as your designee. For details, see Linda Hann or Anne Galbraith at the Information Table.

Spanish/Español

Spanish language interpretation of Sunday messages is available on our blog at enespanolcslsr.blogspot.com. Live interpretation may be arranged in advance by emailing cslsrenespanol@gmail.com. *La interpretación en español de los mensajes dominicales está disponible en nuestro blog: enespanolcslsr.blogspot.com. Para solicitar la interpretación en vivo de un mensaje dominical, por favor envíe una solicitud por adelantado a cslsrenespanol@gmail.com.*

Featured Volunteer

Marjorie Favuzzi



Treasured volunteer Marjorie Favuzzi has served as a teen advisor at the Center since 2015. Her professional skills as a life coach and training with EFT (Emotional

Freedom Techniques) have helped our teens deal with anxiety and social pressures they experience at school and among their peers. Marjorie is also a member of the One Heart Choir where she tends to the rehearsal notes and serves on the concert and retreat teams. Marjorie, we are wondrously grateful for the gifts you share. Thank you!

ManSpirit Retreat

Friday, Sept. 13 through Sunday, Sept. 15. The retreat will be at Walker Creek Ranch in Petaluma. Best rates are available through Saturday, June 1. Register online 24/7 at steppingstonesbooksandgifts.org. Click on the Classes/Workshops/Events tab. Registration forms and flyers are on the literature rack under the TV monitor in the Social Hall.



2075 Occidental Road
Santa Rosa CA 95401

Phone: 707-546-4543 • www.cslsr.org

Office Hours

Mon. Tue. Wed., 10 am to 5 pm
Sat., 10 am to 1 pm
Closed Thurs., Fri., and Sun.

Sunday Morning Services

8:30 am • 10 am • 11:30 am

After Service Prayer in Grinton Chapel

9:30 am • 11 am • 12:30 pm

Youth Program

10 am and 11:30 am, Rooms 1 & 2

Teen Group

11:15 am, Room 11 (North Wing)

Wednesday Night Wisdom

7 pm, Waggoner Hall (North Wing)

Meditation

in Richard Leo Meditation Room

Sunday, 9:35 to 9:50 am

Saturday, 10 am

Ernest Holmes Lending Library

Open Sunday 9 am to 1 pm

Dial-a-Thought: 707-544-5423

Heart-in-Hand Spiritual Support

Hospital & Home Visits

Grief & Loss Spiritual Support

707-546-4543 ext. 370

Telephone Prayer Ministry

707-546-4561

Online Prayer Requests

www.cslsr.org → Quick Links →

Make an Online Prayer Request

Affirmative Prayer Library

www.cslsr.org → Support tab

Listen to Dr. Edward

on KSRO radio (1350 AM/103.5 FM)

Sunday mornings at 8:30 am

Stepping Stones Books and Gifts

707-527-8372

Store Hours

Sunday 9:30 am to 1:30 pm

Mon. – Tue., 11 am to 5 pm

Wed., 11 am to 7 pm

Closed Thur., Fri., and Sat.

www.steppingstonesbooksandgifts.org

Member Assistance Program

707-546-4543 ext. 111