

Center for Spiritual Living, Santa Rosa

April 21, 2019

Today's Message

Easter

Dr. Edward Viljoen

At the Center Today

- **Meditation**, 9:35 to 9:50 am, Richard Leo Meditation Room
- **Youth Classes**, 10 am and 11:30 am, Rooms 1 and 2
- **Teen Group**, 11:15 am, North Wing
- **Grief and Loss Spiritual Support**, 12:45 pm, Room 8 (upstairs)
- **Sunday Evening Exploration**, 7 to 8 pm, Room 11. See below.

Monday, April 22

- **The Third Act**, 3:30 to 5 pm, Grinton Chapel. See page 2.
- **Heart Coherence Meditation**, 7 to 8 pm, Room 11 (North Wing)

Tuesday, April 23

- **Science of Mind/12-Step Support Group**, 7 to 8 pm, Room 11 (North Wing). See page 2.

Wednesday, April 24

- **Chair Yoga with William Abel** 10 to 11 am, Grinton Chapel. See page 2.
- **Meditation**, 6:15 to 6:50 pm, Room 11
- **Wednesday Night Wisdom**, 7 pm, Waggoner Hall. See column 3.

Thursday, April 25

- **Board Meeting**, 6 pm, Rooms 1 and 2

Saturday, April 27

- **Spirit Writes**, 10 am to 12 noon, Waggoner Hall. See page 2.
- **Saturday Meditation Group**, 10 am, Richard Leo Meditation Room (upstairs)
- **A Course in Miracles Drop-in Study Group**, 11 am, Room 3
- **One Heart Choir Concert**, 7:30 pm, Sanctuary. See column 2.

Sunday Evening Exploration

7 pm, in Room 11 (North Wing). Panel discussion on "There Is No Other" with the Sunday Evening Team. Everyone is invited.

Education News:

No More Prerequisites!

Home Office has waived the requirement of a prerequisite for taking certificated classes, so now you are free to take them in any order. **Stop by the Education Table next week** for more information and to register for a class that is just right for you. **Meanwhile, you can register online 24/7.** **Reminder: Early bird discount prices are good through next Sunday, April 28.**

2019: Spirituality in Action



Today is Easter Sunday, the most joyous holy day on the Christian calendar. It is a day to celebrate the resurrection of Jesus of Nazareth who, according to history, was put to death by the government three days earlier. The return of Jesus is the central event of Christianity that confirms the Divinity of Jesus. At the Center for Spiritual Living, where we welcome people of diverse faiths, we celebrate this special day as a reminder that whatever is living in this body that we call home cannot be killed and cannot die. Even nature, at this time of year, stands as a reminder that everything returns, that the long nights of winter are survivable, spiritually speaking, and that we return over and over again, in this life, the previous one, and the next.

At the heart of Easter is a celebration. We are celebrating the end of the dark cold season. We are celebrating that we made it through whatever we made our way through again. We are joining nature in a magnificent song of joy. We are celebrating all of this to remind ourselves, and to have faith, that though we may walk through dark and dreary places, there is a light. For Christians, that light is in the form of Jesus. We, at the Center, though we may be of diverse spiritual backgrounds, revere the Christian teachings, especially those that teach us that the Kingdom of Heaven is within us as a permanent presence that renews us when we turn to it.

Blessings,

Edward Viljoen

One Heart Choir Fundraising Concert

This Saturday, April 27, at 7:30 pm. Doors



open at 6:45 pm. Claire Victor, RScP, directs "Sing Your Heart Open!" with special guest Christopher

Fritzsche and some special surprises. Tickets are available in the Social Hall today; online until this Tuesday, April 23, at 5 pm; and at the door.

Compassion in Action



Sunday, May 5, from 2 to 4 pm.

Rev. Masando Hiraoka, author of the monthly column "Being Human" in *Science of Mind* magazine, presents an afternoon workshop on how to

put our faith and compassion into action so that our unique gifts can meet the deep needs of the world. We have been called to create a world that works for everyone, but we often get stuck on how or where to begin. This workshop will help clear the way. Tickets are \$25 online 24/7 until Tue., April 30, at 5 pm. Tickets also available at the door.

Upstairs in the Mezzanine

Seeing the Divine

Through the Lens of Visual Art

Now featuring the art of Gail Mardfin.

If you are an artist and would like to learn more about this program, please contact

Bob Hart at rihart9@gmail.com or stop by the Information Table.

Gala Fundraiser



Saturday, May 11, from 5:30 to 9:30 pm. Celebrate Dr. Edward's 25th year at the Center for Spiritual Living, Santa Rosa, at a gala

fundraiser. The evening will include hors d'oeuvres, a buffet dinner from A La Heart Catering, music by "The Core," and dancing. Tickets are \$100, available in the Social Hall on Sundays and online 24/7. We expect this event to sell out. **Note: The last day to buy tickets is next Sunday, April 28. Tickets will not be sold at the door.**

New Member Class

Next Sunday, April 28, from 1 to 4 pm in Waggoner Hall. You are invited to a free one-session member orientation class taught by Dr. Edward to help you get the information you need to decide if membership in the Center is right for you. At the end of the class, you will have the opportunity to join the Center. If you prefer to wait, that is okay, too. Please register at the Information Table.

Drop-In Class

Wednesday Night Wisdom

7 pm, in Waggoner Hall. This month's topic is, "The Creative Nature of Spirit," with Practitioner Lawrence Edwards. No need to register. Everyone welcome; love offerings gratefully received.

Spirit Writes

This Saturday, April 27, from 10 am to 12 noon, Waggoner Hall. Explore spiritual principles through writing. Rev. Janet Tobin provides support in the creative process so you can tap into your "authentic voice." Love offerings are gratefully received.

The Third Act

This Monday, April 22, from 3:30 to 5 pm, Grinton Chapel. Rev. Joyce Kinzel facilitates this discussion group for those on the mature side of life (the "third act"). We share and learn from one another about the spiritual values that have guided us so far, and discuss the concerns and challenges that face us at this time of our lives. Love offerings are gratefully received.

Chair Yoga with William Abel

Wednesdays from 10 to 11 am, Grinton Chapel. This gentle weekly yoga class is suitable for those who have never done yoga or who are feeling hesitant to participate in a mat yoga class. Drop-in, \$10 per session. For questions, e-mail William at wba31@yahoo.com.

Anniversary Celebrations (65/25)

This year we are celebrating **65 years** of Science of Mind in Santa Rosa and **25 years** with Dr. Edward Viljoen as our senior minister.

- **Gala Fundraiser**, Saturday, May 11
- **Anniversary Raffle**, May 12 – June 9
- **Annual Potluck Picnic**, Sunday, June 16
Raffle winners announced
- **Free Dessert Reception**, Monday, December 16, from 7 to 9 pm, commemorating *the actual date* Science of Mind began in Santa Rosa 65 years ago.

News About Amazon Smile

If you are an Amazon shopper, a percentage of every purchase can be donated to a nonprofit of your choice. If you want your purchases to benefit our Center, we want you to know that a previous technical glitch is now fixed, and you need to reselect our Center as your designee. For details, see Linda Hann or Anne Galbraith at the Information Table.

April Nonprofit Partner

Share Sonoma County, setting up living arrangements between two or more unrelated people who agree to share a home or apartment for their mutual benefit. Learn more at www.sharesonomacounty.org.

Spanish/Español

Spanish language interpretation of Sunday messages is available on our blog at enespanolcslsr.blogspot.com. Live interpretation may be arranged in advance by emailing cslsrenespanol@gmail.com. *La interpretación en español de los mensajes dominicales está disponible en nuestro blog: enespanolcslsr.blogspot.com. Para solicitar la interpretación en vivo de un mensaje dominical, por favor envíe una solicitud por adelantado a cslsrenespanol@gmail.com.*

Featured Volunteers

One-Heart Choir Section Leaders



The One Heart Choir, under the direction of Claire Victor, shares its beautiful gift of music with us via a devoted group of volunteers. The section leaders, pictured above, make it their spiritual practice to underscore our message with music, stunning presentation, and pure love. They go the extra mile to create divine harmony by coordinating rehearsals for each section. Gratitude for Julia Hansen, Andrew Burton, Linda Weber, Howard Shaffee, Sherry Lester, Jo Lauer, Linda Conner, and Morningsong.

ManSpirit Retreat

Friday, Sept. 13 through Sunday, Sept. 15. The retreat will be at Walker Creek Ranch in Petaluma. Best rates are available through Saturday, June 1. Register online 24/7 at steppingstonesbooksandgifts.org. Click on the Classes/Workshops/Events tab.

Science of Mind/12-Step Group

Any 12-Step members (and those who are interested) are welcome to join us in the relaxing couches of Room 11 on Tuesdays from 7 to 8 pm as we explore 12-Step Recovery and Science of Mind. Contact: Georgia Davis, RScP, at 591-4074.



Stepping Stones Raffle

Win this whimsical cast concrete statue of Ganesha doing a handstand! Suitable for indoor or outdoor use. Tickets are \$1 each or 6 tickets for \$5. **Use a credit card for purchases of \$5 or more.** The drawing will be held at 1 pm on Sunday, April 28.

Center for Spiritual Living™ Santa Rosa

A Science of Mind Community

2075 Occidental Road
Santa Rosa CA 95401
Phone: 707-546-4543 • www.cslsr.org

Office Hours

Mon. Tue. Wed., 10 am to 5 pm
Sat., 10 am to 1 pm
Closed Thurs., Fri., and Sun.

Sunday Morning Services

8:30 am • 10 am • 11:30 am

After Service Prayer in Grinton Chapel

9:30 am • 11 am • 12:30 pm

Youth Program

10 am and 11:30 am, Rooms 1 & 2

Teen Group

11:15 am, Room 11 (North Wing)

Wednesday Night Wisdom

7 pm, Waggoner Hall (North Wing)

Meditation

in Richard Leo Meditation Room

Sunday, 9:35 to 9:50 am

Saturday, 10 am

Ernest Holmes Lending Library

Open Sunday 9 am to 1 pm

Dial-a-Thought: 707-544-5423

Heart-in-Hand Spiritual Support

Hospital & Home Visits

Grief & Loss Spiritual Support

707-546-4543 ext. 370

Telephone Prayer Ministry

707-546-4561

Online Prayer Requests

www.cslsr.org → Quick Links →

Make an Online Prayer Request

Affirmative Prayer Library

www.cslsr.org → Support tab

Listen to Dr. Edward

on KSRO radio (1350 AM/103.5 FM)

Sunday mornings at 8:30 am

Stepping Stones Books and Gifts

707-527-8372

Store Hours

Sunday 9:30 am to 1:30 pm

Mon. – Tue., 11 am to 5 pm

Wed., 11 am to 7 pm

Closed Thur., Fri., and Sat.

www.steppingstonesbooksandgifts.org

Member Assistance Program

707-546-4543 ext. 111