

Center for Spiritual Living, Santa Rosa

March 24, 2019

Today's Message

What Is the Common Good?

Dr. Kim Kaiser

At the Center Today

- **Meditation**, 9:35 to 9:50 am, Richard Leo Meditation Room
- **Youth Classes**, 10 am and 11:30 am, Rooms 1 and 2
- **Teen Group**, 11:15 am, Room 11 (North Wing)
- **Grief and Loss Spiritual Support**, 12:45 pm, Room 8 (upstairs)
- **Sunday Evening Exploration**, Elias Owens, RScP, "The Power of Our Collective Creativity," 7 pm, Room 11 (North Wing)

Monday, March 25

- **The Third Act**, 3:30 pm, Grinton Chapel (see column 2)
- **Heart Coherence Meditation**, 7 to 8 pm, Room 11 (North Wing)

Tuesday, March 26

- **SOM/12-Step Support Group**, 7 to 8 pm, Room 11 (North Wing).

Wednesday, March 27

- **Chair Yoga with William Abel** 10 to 11 am, Grinton Chapel.
- **Meditation**, 6:15 to 6:50 pm, Room 11 (North Wing)
- **Wednesday Night Wisdom Free Class**, 7 pm, Waggoner Hall. See page 2.

Saturday, March 30

- **Saturday Meditation Group**, 10 am, Richard Leo Meditation Room (upstairs)
- **Spirit Writes**, 10 am to 12 noon, Waggoner Hall. See column 3.
- **A Course in Miracles Drop-in Study Group**, 11 am, Room 3
- **Rev. Tara Steele's Ordination**, 4 pm, Sanctuary. See column 2.



Nurturing Our Community

Visit the NOC table in the Social Hall to bid on one or more of the 37 home-hosted events scheduled between the months of April and November. The silent auction takes place after all three Sunday services today, March 31, and April 7.

2019: Spirituality in Action



Dr. Ernest Holmes once wrote that a person cannot have anything they wish, for certainly one person might wish for something that infringes upon the freedom and well-being of another. Rather, he taught, we are to reach for that which harms no one. That teaching challenges us to think about the impact our lives have on others. If I enjoy security and justice, might not all people enjoy the same thing? If I have attained freedom and well-being, is it enough for me to rest there while others have not?

In the past, the idea of a common good has been associated with active, service-oriented citizens. Today society tends to emphasize personal freedom over the common good. Spiritual living, similarly, has emphasized self-help and autonomy. I see an opportunity for us to expand beyond ourselves to embrace a world that works better for everyone. I may not know what every person on the planet dreams of, but I can guess that values such as justice, security, and freedom are likely to be appreciated by all.

I invite you to pick up a list of our twelve nonprofit partner organizations from the literature rack in the Social Hall and if one of them resonates with you, consider volunteering with them, making a donation to support their work, or writing them a letter of thanks for the good work they are doing towards goodness.

Blessings,
Edward Viljoen

Rev. Tara's Ordination

Rev. Tara Steele, our Community Minister, is being ordained **this Saturday, March 30, at 4 pm**. You are invited to witness this sacred ceremony with refreshments to follow in the Social Hall. In the ceremony, Rev. Tara affirms that ministering to the spiritual growth of others is her lifetime dedication.

The Third Act

Tomorrow, March 25, at 3:30 pm, Grinton Chapel. Facilitated by Rev. Joyce Kinzel, this free discussion group is for those who are on the mature side of life. We share openly about concerns and challenges in our lives. Love offering.

Board of Trustees

At their closed meeting on March 24, the board of trustees elected the following officers: President Anne Snyder, Vice President Lynn Ruebush, and Treasurer Bob Hart.

Anniversary Raffle

We are looking for fun, interesting, and unique items that will raise funds for the Center. Suggested items include artisan goods, handmade items, weekend getaways, and professional offerings. If you can donate an item, please submit a description, value, and photo (if possible) for consideration to Linda Hann at lindahann@cslsr.org by **Sun. March 31**. The raffle begins on May 12, and continues through Sunday, June 9.

Gala Fundraiser



Sat., May 11, from 5:30 to 9:30 pm. Celebrate Dr. Edward's 25th year at Center for Spiritual Living, Santa Rosa, at

a gala fundraiser. The evening will include hors d'oeuvres, a buffet dinner from A La Heart Catering, music by "The Core," and dancing. Tickets are \$100, available in the Social Hall on Sundays and online 24/7. Seating is limited. We expect this event to sell out.

Spirit Writes

This Saturday, March 30, at 10 am in Waggoner Hall. Join Rev. Janet Tobin to explore spiritual principles through writing at this free monthly event. Love offerings are gratefully accepted.

World Peace Meditation

Next Sunday, March 31, at 7 pm Join Practitioner Vivian Strand and Revs. Ruth Barnhart and Tara Steele as they share a conversation about prayer. Following the discussion, we will continue our center's decades-long tradition of monthly World Peace Meditation for world healing.

Eating for Spiritual Health & Social Harmony

Friday, April 5, from 7 to 8:30 pm Vegan advocate Dr. Will Tuttle will speak about the principles in his book,

The World Peace Diet. Learn how your food choices can affect your physical health, spiritual health, and the health of the planet. Vegan snacks provided. Tickets: \$30 in the Social Hall on Sundays and online 24/7.

Do You Love Technology? Want to Edit Videos of Sunday Talks?

If you know FinalCut Pro, or want to learn it, you are invited to join the Center's Video team. Your commitment would be around two hours per month. Contact David Reichard to learn more: 415-891-9762 or radiodave@igc.org.

Anniversary Celebrations (65/25)

This year we are celebrating **65 years** of Science of Mind in Santa Rosa and **25 years** with Dr. Edward Viljoen as our senior minister.

- **Gala Fundraiser**, Sat., May 11 (see page 1)
- **Anniversary Raffle**, May 12-June 9 (see page 1)
- **Annual Potluck Picnic**, Sun. June 16 Raffle winners announced
- **Free Dessert Reception**, Monday December 16, from 7 to 9 pm, commemorating *the actual date* Science of Mind began in Santa Rosa 65 years ago.

Free Class

Wednesday Night Wisdom

March 27, at 7 pm, in Waggoner Hall
"Triune Nature Q & A Panel" with Ministerial Intern Siota Belle and Practitioner Don Kobrin.

Featured Volunteer

Tom Nilsson



Tom Nilsson, RScP, and his wife, Pam, first came to the Center in 2009. During that visit, Tom's perspective on life changed, and he recognized clearly that this is where he belonged. He is now a Practitioner and volunteers his time praying with members and visitors in Grinton Chapel and serving as a teaching assistant in the Center's classes. Tom is a licensed California contractor and has done a variety of significant building projects and repairs for the Center. He also helps move food, tables, and chairs for our annual family picnic. Thank you, Tom, for your gifts of time, talents, and truck!

Zentangle Basics

Saturday, April 6, from 10 am to 12:15 pm. Join certified teacher Debbie Butterfield, RScP, for an introduction to Zentangle as a form of relaxed focus and meditation. Tickets are \$33. A materials fee of \$10 is payable in class. Register in the Social Hall on Sundays or online 24/7.

Community Seder

Saturday, April 13, from 5 to 7:30 pm. Rabbis George Gittleman and Stephanie Kramer of Shomrei Torah will share the meaning behind Seder, then lead us through the meal's rituals. Adults, \$20; Age 18 and under, \$5. Tickets in the Social Hall on Sundays or online 24/7. **If you have Seder plates to lend us, please contact Rev. Tara Steele at 494-2464.**

Advanced Spiritual Living TEA (Things Everyone Asks)

Sunday, April 14, from 1:15 to 2:30 pm, Rooms 1 and 2. Come and learn more about a newly developed 30-week certificated course devoted to personal discovery, integrated spiritual practice, community building, and embodied awareness of living the Principles of Science of Mind and Spirit.



Stepping Stones Raffle

Win this whimsical cast concrete statue of Ganesh doing a handstand. Suitable for indoor or outdoor use. Tickets are \$1 each or 6 tickets for \$5.

The drawing is at 1 pm on Sun., April 28.

Spanish / Español

Spanish language interpretation of Sunday messages is available on our blog at enespanolcslsr.blogspot.com. Live interpretation may be arranged in advance by emailing cslsrenespanol@gmail.com. *La interpretación en español de los mensajes dominicales está disponible en nuestro blog: <https://enespanolcslsr.blogspot.com>. Para solicitar la interpretación en vivo de un mensaje dominical, por favor envíe una solicitud por adelantado a cslsrenespanol@gmail.com.*

March Nonprofit Partner

Daily Acts—promoting saving water, growing food, conserving energy, reducing waste, and building resilient communities. Go to www.dailyacts.org for more information.



2075 Occidental Road
Santa Rosa CA 95401

Phone: 707-546-4543 • www.cslsr.org

Office Hours

Mon. Tue. Wed., 10 am to 5 pm
Sat., 10 am to 1 pm
Closed Thurs., Fri., and Sun.

Sunday Morning Services

8:30 am • 10 am • 11:30 am

After Service Prayer in Grinton Chapel

9:30 am • 11 am • 12:30 pm

Youth Program

10 am and 11:30 am, Rooms 1 & 2

Teen Group

11:15 am, Room 11 (North Wing)

Wednesday Night Wisdom

7 pm, Waggoner Hall (North Wing)

Meditation

in Richard Leo Meditation Room

Sunday, 9:35 to 9:50 am
Saturday, 10 am

Ernest Holmes Lending Library

Open Sunday 9 am to 1 pm

Dial-a-Thought: 707-544-5423

Heart-in-Hand Spiritual Support

Hospital & Home Visits

Grief & Loss Spiritual Support

707-546-4543 ext. 370

Telephone Prayer Ministry

707-546-4561

Online Prayer Requests

www.cslsr.org → Quick Links →
Make an Online Prayer Request

Affirmative Prayer Library

www.cslsr.org → Support tab

Listen to Dr. Edward

on KSRO radio (1350 AM/103.5 FM)
Sunday mornings at 8:30 am

Stepping Stones Books and Gifts

707-527-8372

Store Hours

Sunday 9:30 am to 1:30 pm

Mon. – Tue., 11 am to 5 pm

Wed., 11 am to 7 pm

Closed Thur., Fri., and Sat.

www.steppingstonesbooksandgifts.org

Member Assistance Program

707-546-4543 ext. 111