

Center for Spiritual Living, Santa Rosa

March 17, 2019

Today's Message

Living a Spiritual Life

Dr. Edward Viljoen

At the Center Today

- **Meditation**, 9:35 to 9:50 am, Richard Leo Meditation Room
- **Youth Classes**, 10 am and 11:30 am, Rooms 1 and 2
- **Teen Group**, 11:15 am, Room 11 (North Wing)
- **Annual Membership Meeting**, (see column 2)
- **Grief and Loss Spiritual Support**, 12:45 pm, Room 8 (upstairs)
- **Sunday Evening Exploration**, Megan Rooney, RScP, "Life Knows How to Do Life," 7 pm, Room 11 (North Wing)

Monday, March 18

- **Heart Coherence Meditation**, 7 to 8 pm, Room 11 (North Wing)

Tuesday, March 19

- **SOM/12-Step Support Group**, 7 to 8 pm, Room 11 (North Wing).

Wednesday, March 20

- **Chair Yoga with William Abel**, 10 to 11 am, Grinton Chapel.
- **Meditation**, 6:15 to 6:50 pm, Room 11 (North Wing)
- **Wednesday Night Wisdom Free Class**, 7 pm, Waggoner Hall. See column 3.

Saturday, March 23

- **Saturday Meditation Group**, 10 am, Richard Leo Meditation Room (upstairs)
- **A Course in Miracles Drop-in Study Group**, 11 am, Room 3



Nurturing Our Community

Visit the NOC table in the Social Hall to

register as a bidder and receive your catalog of events. The auction will take place after all three Sunday services on March 24, March 31, and April 7.

March Nonprofit Partner

Daily Acts, promoting saving water, growing food, conserving energy, reducing waste, and building resilient communities. Go to www.dailyacts.org for more information.

2019: Spirituality in Action



The Center for Spiritual Living teaches that the indwelling presence of the Divine is the single most important factor in our spiritual lives. It means, as our founder said, that there is nothing between us and God, no intermediary, no place to go to find God. This is an important awareness to cultivate for anyone wishing to live a spiritual life, and it is equally important to realize that what is true for an individual is true for all individuals.

Dr. Holmes wrote, in *A New Design for Living*, "God is not lost, and neither are we lost or separated from God. The more completely we are able to see God in everything, the more completely will the One God in all things respond to us." (p. 173.2) And, the more completely we are able to see the Divine in others, the more completely the Divine in them will respond to us.

Blessings,

Edward Viljoen

Slate of Board Candidates



The Board of Trustees is pleased to announce a slate of five members to fill vacancies that will occur at the end of the current term. Pictured, left to right, they are Julie Burns, Alicia Carroll,

Barbara Frohlich, Bob Hart, and Nancy Reynolds. Election of trustees takes place at our annual meeting on Sunday, March 17. Candidate biographies are available on the literature rack in the Social Hall.

Annual Membership Meeting

Today, in the Sanctuary. Check-in and free lunch for members is at 12:30 pm. Business meeting begins at 1:30 pm. Agenda includes electing new trustees and receiving the CPA's financial report.

Spanish / Español

Spanish language interpretation of Sunday messages is available on our blog at enespanolcslsr.blogspot.com. Live interpretation may be arranged in advance by emailing cslsrenespanol@gmail.com.

La interpretación en español de los mensajes dominicales está disponible en nuestro blog:

<https://enespanolcslsr.blogspot.com>. Para solicitar la interpretación en vivo de un mensaje dominical, por favor envíe una solicitud por adelantado a cslsrenespanol@gmail.com.

Anniversary Raffle

We are looking for fun, interesting, and unique items that will raise funds for our beloved Center. Suggested items include artisan goods, handmade jewelry, pottery, artwork, weekend getaways, and professional offerings. If you are interested in donating an item, please

submit a description, photo (if possible), and value of the item for consideration to Linda Hann at lindahann@cslsr.org by **Sun. March 31**. The raffle begins on Mother's Day, May 12, and continues through Sunday, June 9.

Anniversary Celebrations (65/25)

This year we are celebrating **65 years** of Science of Mind in Santa Rosa and **25 years** with Dr. Edward Viljoen as our senior minister. We are celebrating these milestones with the following activities.

- **Gala Fundraiser**, Sat., May 11 (see page 2)
- **Anniversary Raffle**, May 12-June 9 (see column 2))
- **Annual Potluck Picnic**, Sun. June 16 Raffle winners announced
- **Free Dessert Reception**, Monday December 16, from 7 to 9 pm, commemorating **the actual date** Science of Mind began in Santa Rosa 65 years ago.

Free Class

Wednesday Night Wisdom

March 20, at 7 pm, in Waggoner Hall

"1+1+1=1. Whose Mind Is It?" with Ministerial Intern Siota Belle, RScP.

Featured Volunteers The One Heart Choir



The One Heart Choir is comprised of volunteers who deeply believe that their seva is a profound spiritual practice. Among the choir members, there is a Core Group of volunteers who have specific tasks that support the wonder and beauty of the entire group. Pictured are Lisa Barry, Carole Puzas, Cindy Martineau Collins, Betty and Mike Perkins, Bill Shafer, Daisy Blincoe, (chairwoman), Leandra Swendt, and Nancy Tally. (Not all were able to be pictured here.)

Congratulations!



Rev. Ruth Barnhart congratulates congregant Catherine Stapleton, after she was commissioned as a Sonoma County Law Enforcement Chaplain in

February. If you want to learn more about the chaplaincy, you can visit their website at sonomacountychaplains.org.

Sound Bowl Meditation

Friday, March 22, from 6:30 to 8:30 pm in the Social Hall. Join Claire Victor, RScP, and Deborah Titus to immerse yourself in sacred space for two hours of bliss. Relax into a deep meditation following the sound of vocals, crystal singing bowls, and other evocative instruments. Tickets are \$30 in the Social Hall and online

Rev. Tara's Ordination

Rev. Tara Steele, our Community Minister, is being ordained on **Saturday, March 30, at 4 pm**, and you are invited to witness this sacred ceremony with refreshments to follow in the Social Hall. In some denominations, ordination is part of graduation from seminary. In the Centers for Spiritual Living, ordination is conferred upon a minister who has completed practitioner and ministerial training and successfully performed as a minister in a field church or ministry. The ceremony is the fulfillment of many years of study, commitment, and

growth. Most importantly, she affirms that ministering to the spiritual growth of others is her lifetime dedication. Ordination is a celebration with the minister as she affirms her sacred commitment to spiritual service.

Gala Fundraiser



Saturday, May 11, from 5:30 to 9:30 pm. Celebrate Dr. Edward's 25th year at Center for Spiritual Living, Santa Rosa at

a gala fundraiser. The evening will include hors d'oeuvres, a buffet dinner from A La Heart Catering, music by "The Core," and dancing. Tickets are \$100, available in the Social Hall on Sundays and online 24/7. Seating is limited. We expect this event to sell out.

Do You Love Technology? Want to Edit Videos of Sunday Talks?

If you know FinalCut Pro, or want to learn it, you are invited to join the Center's Video team. Your commitment would be around two hours per month. Contact Naava Dewey, RScP, at 707-757-5647 to learn more.

Eating for Spiritual Health & Social Harmony

Friday, April 5, from 7 to 8:30 pm

Dr. Will Tuttle will speak about the principles in his book, *The World Peace Diet*. Learn how your food choices can affect your physical health, spiritual health, and the health of the planet. Vegan snacks provided. Tickets: \$30 in the Social Hall on Sundays and online 24/7.

Zentangle Basics

Saturday, April 6, from 10 am to 12:15 pm. Join certified teacher Debbie Butterfield, RScP, for an introduction to Zentangle method and philosophy as a form of relaxed focus and meditation.

Tickets are \$33. A materials fee of \$10 is payable in class. Register in the Social Hall or online.

Community Seder

Saturday, April 13, from 5 to 7:30 pm.

Rabbis George Gittleman and Stephanie Karmer of Congregation Shomrei Torah will share the meaning behind the Seder rituals, then lead us through the experience. Adults, \$20; Age 18 and under, \$5. Register in the Social Hall or online.



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Phone: 707-546-4543 • www.cslsr.org

Office Hours

Mon. Tue. Wed., 10 am to 5 pm
Sat., 10 am to 1 pm
Closed Thurs., Fri., and Sun.

Sunday Morning Services

8:30 am • 10 am • 11:30 am

After Service Prayer in Grinton Chapel

9:30 am • 11 am • 12:30 pm

Youth Program

10 am and 11:30 am, Rooms 1 & 2

Teen Group

11:15 am, Room 11 (North Wing)

Wednesday Night Wisdom

7 pm, Waggoner Hall (North Wing)

Meditation

in Richard Leo Meditation Room

Sunday, 9:35 to 9:50 am

Saturday, 10 am

Ernest Holmes Lending Library

Open Sunday 9 am to 1 pm

Dial-a-Thought: 707-544-5423

Heart-in-Hand Spiritual Support

Hospital & Home Visits

Grief & Loss Spiritual Support

707-546-4543 ext. 370

Telephone Prayer Ministry

707-546-4561

Online Prayer Requests

www.cslsr.org → Quick Links →

Make an Online Prayer Request

Affirmative Prayer Library

www.cslsr.org → Support tab

Listen to Dr. Edward

on KSRO radio (1350 AM/103.5 FM)

Sunday mornings at 8:30 am

Stepping Stones Books and Gifts

707-527-8372

Store Hours

Sunday 9:30 am to 1:30 pm

Mon. – Tue., 11 am to 5 pm

Wed., 11 am to 7 pm

Closed Thur., Fri., and Sat.

www.steppingstonesbooksandgifts.org

Member Assistance Program

707-546-4543 ext. 111