



March 3, 2019

Today's Message

Oneness

Dr. Edward Viljoen

At the Center Today

- **Meditation, 9:35 to 9:50 am**, Richard Leo Meditation Room (upstairs)
- **Youth Classes, 10 am and 11:30 am**, Rooms 1 and 2
- **Teen Group, 11:15 am**, Room 11 (North Wing)
- **Grief & Loss Spiritual Support, 12:45 pm**, Room 8 (upstairs)
- **Full Circle, 1 to 2:30 pm**, Waggoner Hall (North Wing). See page 2.
- **Sunday Evening Exploration, 7 pm**, Room 11 (North Wing). See page 2.

This Week

Monday, March 4

- **CSL Convention Watch Party, 5 pm**, Room 3. See page 4.
- **Heart Coherence Meditation, 7 to 8 pm**, Room 11 (North Wing).

Tuesday, March 5

- **SOM/12-Step Support Group, 7pm**, Waggoner Hall (North Wing)

Wednesday, March 6

- **Chair Yoga with William Abel, 10 to 11 am**, Grinton Chapel
- **Meditation, 6:15 to 6:50 pm**, Richard Leo Meditation Room (upstairs)
- **Wednesday Night Wisdom Free Class, 7 pm**, Waggoner Hall. See page 2.

Friday, March 8

- **Spirituality in Action, 7 pm**, Waggoner Hall (North Wing). See page 2.

Saturday, March 9

- **Saturday Meditation Group, 10 am**, Richard Leo Meditation Room (upstairs)
- **Women of Spirit, 10:30 am to 12:30 pm**, Waggoner Hall (North Wing). See page 2.
- **A Course in Miracles Study Group, 11am**, Room 3. See page 4

Daylight Saving Time begins next Sunday, March 10. Set your clocks ahead one hour at bedtime on Saturday, March 9.

Dear Friends,

On page 161 of *The Science of Mind*, Ernest Holmes writes, "There is nothing in the universal order that denies the individual's good, or self-expression, so long as such self-expression does not contradict the general good, does not contradict Goodness Itself." Oneness is the basis of our entire teaching and the world view of the Centers for Spiritual Living. Oneness, however, is not sameness, but rather a recognition of the shared humanity we have, and our kinship with all life. Affirming oneness is a great place to start, and even better is following up the affirmation with action: actively seeking out the common good. Metaphysics does not teach that you and I can get whatever we want whenever we want it. Instead, it shows us to align our effort with Goodness Itself. Goodness is a synonym for Divinity, and as such, it means wholeness and must include good for all.

In our recommended book of the month, *Beyond Religion: Ethics for a Whole World*, by H.H. Dalai Lama, self-interest and others' interests are depicted as being closely related because of the fundamental interconnectedness at the heart of all being. Your well-being, then, is my well-being.

Blessings,

Edward Viljoen

March Nonprofit Partner

Daily Acts was born in 2002 and is founded on the belief that by reclaiming the power of our daily actions, we can transform our lives, homes, gardens, and neighborhoods by saving water, growing food, conserving energy, reducing waste, and building resilient communities. Go to www.dailyacts.org for more information.

Board Meetings

Our Board of Trustees meets once a month at 6 pm. You are invited to attend. This month's meeting is on Thursday, March 28, in Rooms 1 and 2.

From Our Vision Statement

We see a world in which unity and connection are emphasized, where forgiveness is the norm, and spiritual guidance is valued.

In the Social Hall Today

Your Center's Cycle Team's Bake Sale

Help create a world that works for everyone by supporting the CSLSR AIDS/LifeCycle Team bake sale. Purchase a tasty treat or donate to support the team's expenses. If you want to be part of this year's ride to raise funds in support of the San Francisco AIDS Foundation and the Los Angeles LGBT Center in battling AIDS, contact Jerry Huffaker, RScP, at 707-291-1500.

Slate of Board Candidates



The Board of Trustees is pleased to announce a slate of five members to fill vacancies that will occur at the end of the current term. Pictured, left to right, they are Julie Burns, Alicia Carroll, Barbara Frohlich, Bob Hart, and Nancy Reynolds. Election of trustees takes place at our annual meeting on Sunday, March 17. Candidate biographies are available on the literature rack in the Social Hall.

Full Circle: Conversations About Death & Dying

Meets today from 1 to 2:30 pm in Wagoneer Hall. Please join us as we discuss "The Importance of Living Life Fully Right Now" from the book, *The Five Invitations* by Frank Ostaseski.

What's Alive in You?

Sunday Evening Exploration

Tonight at 7 pm in Room 11. This evening's topic is "What Am I Seeking, Really?" facilitated by Maggie Cole, RScP. Music by Tom McCurry. You are invited to join us every week for interactive conversations facilitated by the Sunday Evening Team and guest Practitioners. Love offerings gratefully received.



Spiritual Enrichment Course

"World Mysticism" with Dr. Kim Kaiser meets on Tuesdays at 6:30 pm from March 5 – 26. You can register in person in the Social Hall today or online 24/7 at www.cslsr.org through 5 pm today. Registration will be available at the door if space is available. Please note that "Affirmations" is closed.

Wednesday Night Wisdom



Free Class: Triune Nature

Ministerial Intern Siota Belle, RScP, hosts the following presentations at 7 pm in Waggoner Hall (North Wing)

- March 6, "What is the Trinity of Being and the Three-fold Nature of Spirit?"
- March 13, "Nature and Life on All Three Planes"

- March 20, "1 + 1 + 1 = 1. Whose Mind Is It?"
- March 27, Question and Answer Panel

Spirituality in Action

This Friday, March 8, at 7 pm in Waggoner Hall (North Wing). There are many ways to embody our values in the world. One way is to work toward a world that works for everyone through

action in our communities. If this is something you are doing or want to learn more about, you are invited to the monthly meetings of this group. We explore material from Ernest Holmes's book, *Creative Mind*, and share what draws us into this conversation. Contact Rev. Tara Steele, tara@everydaycommunity.org, if you have questions or suggestions.

Women of Spirit

This Saturday, March 9, at 10:30 pm in Waggoner Hall (North Wing). Led by Rev. Joyce Duffala and Practitioner Emeritus Jennifer Mann, we welcome women of our congregation to gather and explore our unique contributions to the world as an expression of the Divine Feminine. For more information, call Jennifer at 707-583-6548.

Days for Girls Sewing and Kit Assembly

Wednesday, March 13, from 10 am to 4 pm. Join us in Room 7 (upstairs) to sew and assemble sustainable menstrual kits for girls in developing countries so they can be in school or at work all month long. For information, contact Brenda Kobrin, 707-566-6785, or kobrin.brenda@gmail.com.

Annual Membership Meeting

Sunday, March 17, in the Sanctuary. Check-in and free lunch for members is at 12:30 pm. Business meeting begins at 1:30 pm. Agenda includes electing new trustees and receiving the CPA's financial report.

Black History Month

by Rev. Tara Steele

Kudos to Calvin Johnson, Olivia Kinzler, and Lawrence Edwards for creating and presenting outstanding Wednesday evening programs for Black History Month.

The January 30 Celebration of Gospel Music brought more than 100 people to our sanctuary to sing together and be moved by the stories accompanying the songs. That was followed by Calvin Johnson's talk on the significance of Black History Month recognizing diversity and inclusion even while we know the underlying Oneness.

Lawrence Edwards brought forward several key African-American songs, again with powerful personal anecdotes and observations. That gathering ended with the congregation singing together "Lift Every Voice," recognized as the African-American national anthem.

The third Wednesday, Olivia Kinzler spoke powerfully to the role of African-American women who are challenged to do more than everyone else just to be seen.

The month closed with all three speakers inviting us to explore ways to move forward and beyond the month we dedicate to Black History.

On Sunday mornings in February, we viewed four short videos developed by Center for Spiritual Living Dallas highlighting African-American contributions to Centers for Spiritual Living. On the second Sunday, our video experience included a second, extended video, "Deconstructing White Privilege," by Dr. Robin DiAngelo, author of the book *White Fragility: Why It's So Hard for White People to Talk about Racism*. The video was the focus of the February Diversity Discussion Group meeting. They will use the book as a focus for conversations over the next few months on second Sundays.

Featured Volunteers: Board of Trustees



David Powers, Juanita Ortegon, Carol Fleming, Lynn Ruebush, Erica Palazzo, Anne Snyder, Robin Zolotoff, Calvin Johnson, and Alicia Carroll. Thank you for your commitment and dedication to our Center!

One of the highest forms of service at the Center is the elected membership on the Board of Trustees. These volunteers tend to the business and hold the consciousness of the Center in an official capacity. The connection they enjoy while doing so brings a deeply satisfying spiritual practice to each one of them. Current members are, pictured left to right,



Celebrating 25 Years

Saturday, May 11, from 5:30 to 9:30 pm. Celebrate Dr. Edward's 25th year at Center for Spiritual Living, Santa Rosa at a gala fundraiser. The evening will include hors d'oeuvres, a catered buffet dinner, music by The Core, and dancing.

Tickets are \$100, available in the Social Hall on Sundays and online 24/7. Seating is limited. We expect this event to sell out.

Sound Bowl Meditation

Friday, March 22, from 6:30 to 8:30 pm in the Social Hall. Join Claire Victor, RScP, and Deborah Titus to immerse yourself in sacred space for two hours of bliss. Relax into a deep meditation following the sound of vocals, crystal singing bowls, and other evocative instruments. Tickets are \$30 in the Social Hall and online.

Our New Jail Ministry

The Center's new Jail Ministry began organizing in May 2018 with the following purpose statement: "We seek to open the minds and hearts of women and men in Sonoma County's jail facilities, using the Light, Love, and Intelligence of the One Source. We listen, and know with and for them, that they have freedom and choice." Members of the team are Susan Bennett, Tamarya Hulme, Kathleen Kearney, Dan Parun, Jerry Huffaker, Rosalie Sulgit-Shay, and Krista McAfee. If you have a friend or loved one who is incarcerated, please inform them that if they want a visit from our Jail Ministry, they can fill out a Request for Visit (RFV) form. The ministry welcomes your support by donating *Science of Mind* magazines and paperback copies of *This Thing Called You* by Ernest Holmes.

Chair Yoga with William Abel

Wednesdays from 10 to 11 am, Grinton Chapel. This gentle weekly yoga class is suitable for those who have never done yoga or who are feeling hesitant to participate in a mat yoga class. All poses may be modified so that experienced yogis will also enjoy and benefit from the class. Drop-in, \$10 per session. For questions, e-mail William at wba31@yahoo.com.

Seeing the Divine Through the Lens of Visual Art

To beautify our Center and provide enjoyment to our congregation, we are exhibiting art from members of our community upstairs in the mezzanine. To start, we are featuring the photography of Jim Thomason, on display through Sunday, March 31. Please take a moment to enjoy his work before or after service. If you are an artist and would like to find out more about this program, contact Bob Hart at rihart9@gmail.com or stop by the Information Table in the Social Hall for details.

What's New in Stepping Stones?

If you haven't checked out Stepping Stones Books and Gifts lately, we are excited to have new arrivals from our recent trip to the Las Vegas Gift Show. New vendors and products include hand crafted items made in the U.S., fair trade items from overseas, and a new vendor that donates 25% of their profits to charitable causes worldwide.

Saturday, March 30, at 4 pm

Ordination of Rev. Tara Steele

by Rev. Janet Tobin



Center for Spiritual Living Santa Rosa is preparing to celebrate the ordination of our Community Minister, Rev. Tara Steele.

Ordination marks the culmination of the journey into ministry and is conferred upon a minister who has completed practitioner

training and ministerial training. The road to ministry is not an easy one and each candidate travels there in her own style. It requires an open heart, an open mind, and a deep abiding commitment to caring for the spiritual needs of others.

For Rev. Tara, this has involved three years of coursework in religion, philosophy, science, education, and church administration. This was accompanied by her own spiritual work, retreats, and practical internships in multiple areas related to ministry, all before graduation. After licensing as a minister, she has completed an additional three years of practical work in the field of ministry.

The ordination ceremony itself is a holy experience. It is the public acknowledgement of the minister's lifelong commitment to her sacred calling. A minister takes vows to work and care for the world in a special way and promises to center her life on a close relationship with the Divine.

Ordination is a threshold, a point of spiritual demarcation, a new beginning. As a community, we gather together to honor, celebrate, and bless the minister who is being ordained. As we are called to witness this ceremony, we are also blessed. Congratulations Rev. Tara on this sacred occasion!

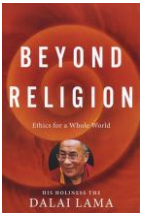
Diversity Discussion Group

Next Sunday, March 10, from 1:30 to 3 pm in Waggoner Hall (North Wing). Join a continuing exploration of white privilege, drawing upon some of the material in Robin DiAngelo's book *White Fragility: Why Is It So Hard for White People to Talk about Racism?* Questions, experiences, and observations are shared in a circle of respect and safety that supports our spiritual evolution.

Virtual CSL Convention Watch Party

Monday, March 4 – Thursday, March 7, in Room 3. Are you curious about how our home office operates? Do you love our New Thought music? Our center is hosting a CSL Convention watch party beginning with the opening welcome tomorrow evening at 5 pm. You can find the full schedule at www.vista.csl.org. Rev. Tara has details as well.

Recommended Reading for March



Beyond Religion: Ethics for a Whole World by H. Dalai Lama, outlining a system of ethics for our shared world in what he calls a “third way,” a path to an ethical and happy life and to a global human community based on understanding and mutual respect. Available from Stepping Stones Books and Gifts.

Anniversary Raffle

As part of celebrating 65 years of Science of Mind in Santa Rosa, we are having an exciting anniversary raffle beginning on Mother’s Day, May 12, and continuing through Sunday, June 9. Winners will be announced at our annual picnic on Sunday, June 16 (Father’s Day), but you need not be present to win. We are looking for fun, interesting, and unique items that will raise funds for our beloved Center. Suggested items include artisan goods, handmade jewelry, pottery, artwork, weekend getaways, and professional offerings. If you are interested in donating an item, please submit a description, photo (if possible), and value of the item for consideration to Linda Hann at lindahann@cslsr.org by Sunday March 31. **Drop by the Information Table to learn more.**

New Monthly Group The Third Act

Facilitated by Rev. Joyce Kinzel

Monday, March 25, from 3:30 to 5 pm in Grinton Chapel. This spiritual discussion group, facilitated by Rev. Joyce Kinzel, is for those who are on the mature side of life (the “third act”). We will share and learn from one another about the spiritual values that have guided us so far and discuss the concerns and challenges that face us at this time of our lives. Love offerings gratefully received.



Save the Date ManSpirit Retreat

Friday, September 13 through Sunday, September 15. The retreat will be at Walker Creek Ranch in Petaluma. Best rates are available through Saturday,

June 1. For information, contact Bradley Brink at 708-906-6101.

Spanish/Español

Spanish language interpretation of Sunday messages is available on our blog at enespanolcslsr.blogspot.com. Live interpretation may be arranged by appointment in advance by emailing cslsrenespanol@gmail.com.

La interpretación en español de los mensajes dominicales está disponible en nuestro blog: <https://enespanolcslsr.blogspot.com>. Para solicitar la interpretación en vivo de un mensaje dominical, por favor envíe una solicitud por adelantado a cslsrenespanol@gmail.com.



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707-546-4543

Office Hours:

Monday, Tuesday, and Wednesday: 10 am to 5 pm

Saturday: 10 am to 1 pm

Closed Thursday and Friday

Sunday Morning Services: 8:30 am • 10 am • 11:30 am

After Service Prayer: 9:30 am • 11 am • 12:30 pm

Sunday Youth Program: 10 and 11:30 am, Rooms 1 & 2

Sunday Teen Group: 11:15 am in Room 11 (North Wing)

Sunday Night Exploration: 7 pm, Room 11 (North Wing)

Wednesday Night Wisdom Free Class: 7 pm, Sanctuary

Meditation

Richard Leo Meditation Room (upstairs)

Sunday, 9:35 to 9:50 am

Monday, 7 pm

Wednesday, 6:15 to 6:50 pm

Saturday, 10 am

Ernest Holmes Lending Library

Open Sunday 9 am to 1 pm • E-mail: library@cslsr.org

Dial-a-Thought: 707-544-5423

Heart in Hand Spiritual Support

Hospital & Home Visits

Grief & Loss Spiritual Support

707-546-4543, ext. 370

Telephone Prayer Ministry: 707-546-4561

Member Assistance Program

707-546-4543, ext. 111

Online Prayer Requests:

cslsr.org → Quick Links → Make an Online Prayer Request

Affirmative Prayer Library: www.cslsr.org → Support tab

Listen to Dr. Edward on Radio Station KSRO

Sunday mornings at 8:30 am (1350 AM or 103.5 FM)

Stepping Stones Books and Gifts

707-527-8372

Store Hours:

Sunday: 9:30 am to 1:30 pm

Monday, Tuesday, and Wednesday: 11 am to 5 pm

Closed Thursday, Friday, and Saturday

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