



*We see a world that works
for everyone.*

September 2025

This Month's Theme: Living with Purpose

Sunday Talks

September 7 – Ruth Barnhart – “What’s the Point, Anyway?”
September 14 – Joyce Duffala – “The Purpose That Surpasses All”
September 21 – Tara Steele – “Elevation of Awareness”
September 28 – Russ Legear – “Mission Possible”

Sunday Services at the Center

We offer two identical in-person services each Sunday at 9 am and 11 am. The 9 am service is live-streamed and recorded for later viewing on our website and YouTube.

Youth & Family Program

Children are welcome at the 11 am for creative, age-appropriate activities. To volunteer or learn more, contact Youth and Family Coordinator jennifer.caldwell@cslsr.org.

Prayer Support After Services

Practitioners are available for one-on-one affirmative prayer in the sanctuary after both morning services. You may also pray with a practitioner on Zoom at 10 am. The Zoom link is <https://cslsr.org/zoom-prayer/>

Wednesday Meditation

Join us on Zoom every Wednesday evening from 6 to 6:45 pm for a facilitator-led meditation, “Inviting the Sacred,” with Rev. Siota Belle. Enjoy a sense of peace and Oneness as we explore different meditation practices together. This weekly gathering welcomes both new and experienced meditators. Click here to attend: <https://tinyurl.com/WedEveMed>

Wednesday Evening Service

Wednesdays at 7 pm in person at the center. Includes music, message, spiritual practice, and community. This service is not recorded or live-streamed.

Nonprofit Partner of the Month: Council on Aging

Each year the center selects twelve nonprofit partners from nominations submitted by individuals in our community. We feature one of them each month. For September, it is Council on Aging, providing Sonoma County citizens over the age of 60 with social, financial, and nutritional services such as Meals on Wheels. To learn about our nonprofit partner program and see all 2025 selections, visit: <https://cslsr.org/our-nonprofit-partners>

September Featured Volunteers: Board of Trustees

The board consists of nine trustees plus our senior minister, Dr. Edward Viljoen. They typically meet on the last Thursday of the month at 5:30 pm on Zoom. Look for the Zoom link on the home page of our website, www.cslsr.org. At the present time, the center is looking for three candidates to replace the three trustees whose terms are expiring this year. For more information, go to <https://cslsr.org/be-a-trustee/>

Seeking Donations for December Holiday Art & Craft Fundraiser

Celebrate creativity and support the center by donating your handmade art and craft items! We welcome paintings, jewelry, ceramics, textiles, sculpture, and more, ready to hang or packaged for display. Invite friends and fellow artisans. Let's make this a joyful and generous holiday season! To learn more and register to donate items, go to <https://cslsr.breezechms.com/form/CF25>

Spirit Walk - Saturday, August 2

Join Rev. Russ Legear at 9 am at Sugarloaf Ridge State Park. For details and to sign up, go to <https://cslsr.breezechms.com/form/SWSep2025>

Flower Dedications

Celebrate someone you love with flowers on the Sunday stage. Order online: <https://cslsr.org/sunday-flower-dedication/>

Ernest Holmes Lending Library

Open Sundays from 10 am to 12 noon. Find spiritual books, class texts, audio and video recordings, and more. Location: Upstairs above the coffee area in the social hall. Take the stairs or use the elevator near the family room.

Spiritual Support

- Grief Support: Rev. Siota Belle – (707) 527-3650
- Telephone Prayer Ministry: (707) 527-3484 (leave name and number)
- Dial-a-Thought (inspiration & prayer): (707) 527-3545
- Hospital/Home Visits: Heart in Hand – (707) 527-3574
- Submit online prayer requests: <https://cslsr.org/online-prayer-request/>
- Appointments with Practitioners: <https://cslsr.org/members/practitioners/>

Art in the Social Hall

During the months of September and October, we are featuring the art of Pamela Heck. If you are a member and would like to display your art, please contact Bob Hart at rihart9@gmail.com

Donate Your Unwanted Vehicle

This is an easy way to support the center when you get rid of a car, pickup, motorcycle, boat, or van. Just fill out the form and the company handles all the details. Most vehicles are accepted, running or not. The center receives a donation and you get a tax deduction. Go to <https://cardonationservices.com/charities/center-for-spiritual-living-santa-rosa/>

Sharing Our Bounty: Plants & Produce

One Day Only, Sunday, September 21, from 10 to 11 am (between services)

Stay after first service or come early for second service. Celebrate the abundance of the season by sharing and receiving nature's gifts! Bring fruits, vegetables, flowers, plant starts, houseplants, seeds, and other plant-related items to share with fellow congregants. Everyone is welcome to take part in this joyful exchange, whether or not you bring something to contribute. Come connect, share, and celebrate the gifts of nature.

Upcoming Classes and Workshops

(See the education catalog on the homepage of the website for details and to register.

B = book study; C = core class; S = spiritual enrichment course;

W = workshop)

- (S) Enneagram: Map of the Soul, four-week class with Kathy Galvin, RScP, begins Thursday, September 4, from 1 to 2:30 pm on Zoom.
- (B) When Things Fall Apart, four-week book study with Jan Svoboda, RScP, begins Saturday, September 13, from 10 am to 12 noon on Zoom.
- (S) Deepening Awareness: The Journey from Mind to Spirit, four-week course with Rev. Tara Steele, begins Thursday, September 25, from 6:30 to 8 pm on Zoom.
- (S) Living with Vision, four-week course with Tamarya Hulme, RScP, begins Saturday, September 27, from 1 to 2:30 pm on Zoom.
- (W) Rewrite Your Mind with Gratitude, workshop with Rev. Russ Legear, Sunday, September 28, from 1 to 3 pm.

Weekly Gatherings

- **Monday Afternoons** – Life Visioning Practice, from 12 noon to 1 pm on Zoom. Facilitators: Antonio Aversano; Angél Fiorito, RScP; Katrina Borneman, RScP. The Zoom link is <https://tinyurl.com/lifevisionmondays>
Recordings: <https://tinyurl.com/CSLSR-Life-Vision-Library>
- **Monday – Friday** – Daily Practice: Generating Love, from 10 to 10:25 am on Zoom: <https://tinyurl.com/GeneratingLove>
Recorded version: <https://vimeo.com/489089737>
- **Tuesday Afternoons** – Cancer Thrivers Support Group, from 1 to 2:30 pm. Contact: Kathy Galvin, RScP at kgwrites@comcast.net
- **Wednesday Evening Meditation: Inviting the Sacred**, from 6 to 6:45 pm on Zoom: <https://tinyurl.com/WedEveMed>

Monthly Gatherings

- **First Sunday – Full Circle: Conversations About Death & Dying**
Sunday, September 7, from 1 to 2:30 pm on Zoom:
<https://us02web.zoom.us/j/87804430156?pwd=c1pnZnBGUXRhYy9QUk8xM0RMTmFjZz09>
- **Third Sunday – Grief and Loss Spiritual Support**
Sunday, September 21, from 10 to 10:40 am
Practitioner Room (upstairs, next to the library)
- **Second Tuesday – Seniors in Spirit**
Tuesday, September 9, at 12 noon. Location: Round Table Pizza, Occidental Road
Contact: Connie McMurray – text (707) 799-9366
- **Fourth Thursday – Board of Trustees**
Thursday, September 25, at 5:30 pm on Zoom:
<https://us02web.zoom.us/j/84501860285?pwd=SuYSm1db0wbOARQmnkcm3VF1lw6qx3.1>
- **Third Saturday – Project Sleep Warm**
Saturday, September 20, from 10 am to 1 pm in Room 7 (upstairs)
Contact: Brenda Kobrin, RScP – (707) 566-6785
- **Last Day of the Month – World Peace Meditation**
Tuesday, September 30, at 7 pm on Zoom: <https://tinyurl.com/CSLPeaceMed>
Contact: Vivian Strand, RScP Emeritus – (707) 953-1917

Find Us Online

- Website: <https://cslsr.org>
- Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>
- Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>
- Instagram: <https://www.instagram.com/cslsantarosa/>

Blogs and Online Resources

- Affirmative Prayer Library: <https://affirmativeprayerlibrary.blogspot.com/>
- Dr. Edward's Blog: <https://edblogword.blogspot.com/>
- Exploring Spiritual Study: <https://exploringspiritualstudy.blogspot.com/>
- En Español: <https://enespanolcslsr.blogspot.com/>
- New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>
- Volunteer Blog: <http://cslsr.blogspot.com/>
- New Thought Resources: <http://newthoughtresources.blogspot.com/>
- Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>
- Youth & Family: <https://youthandfamilyministry.blogspot.com/>

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