

*We see a world  
that works for everyone.*



## **October 2024 Bulletin**

This Month's Theme: Power to the People

Recommended Reading: *The Art of Power* by Thich Nhat Hanh

October 6 – Dr. Edward Viljoen, "Power Within"

October 13 – Rev. Russ Legear, "Personal Power"

October 20 – Dr. Edward Viljoen, "Power Together"

October 27 – Dr. Edward Viljoen, "Power to Create a Better World"

## **Sunday Service Times**

We offer two identical, in-person services at the Center. One is at 9 am; the other is at 11 am. The 9 am service is broadcast live and recorded for viewing afterwards on our website.

## **Youth Program**

Children of all ages are welcome to attend our youth program led by Youth & Family Coordinator Jennifer Caldwell. While parents attend the 11 am service, their children can enjoy age-appropriate activities with other kids. Check-in begins at 10:45 am. If you would like to volunteer or get details and more information, contact Jennifer Caldwell at [jennifer.caldwell@cslsr.org](mailto:jennifer.caldwell@cslsr.org).

## **One-on-One Prayer with a Practitioner**

Tell a practitioner what is in your heart, and you will receive prayer to affirm that your desired good is present and available to you. Available in the sanctuary after both morning services and on Zoom at 10 am. The Zoom link is <https://cslsr.org/zoom-prayer/>

## **Wednesday Evening Service**

Join us at the Center at 7 pm for a mid-week spiritual boost. Enjoy music, prayer, spiritual practice, a message, and more. In-person only. The service is not broadcast or recorded.

## **Special Presentation: Diversity, Equity, and Inclusion – Wednesday, October 23**

Everyone is invited to our 6 pm potluck and 7 pm presentation in the Social Hall, continuing our conversation on diversity, equity, and inclusion with Olivia Kinzler, Celeste Austin, and Lawrence Edwards. This is the third and final presentation in the series.

## **Special Workshop: Voting Our Values – Sunday, October 6**

In this 90-minute workshop, beginning at 1 pm, Dr. Edward Viljoen will present our Voting Our Vision & Values Guide that is designed to help you align your spiritual beliefs with your choices at the polls.

## **Pumpkin Carving Party – Sunday, October 27 from 12 noon to 1 pm**

We look forward to seeing you for pumpkin carving and light snacks. Bring your own pumpkins or order some in advance to have them ready for you at the event. Details at the information table in the social hall or online at <https://cslsr.breezechms.com/form/PC2024>

## **Supporting Our Teens – Raising Funds for Winter Camp**

- **Holiday Wreath Fundraiser – Pre-orders begin Sunday, October 13.**  
Choose a "Classic Wreath" or "Cranberry Splash Wreath" to support our teens in going to winter camp. To order, visit the teens at their table in the Social Hall beginning Sunday, October 13 through Sunday, November 10. Pre-ordered wreaths will be delivered to the Center in early December just in time for the holidays. All orders must be received by Sunday, November 10. No wreath sales after this date.
- **Bake Sale Fundraiser – Sunday, October 27, between services.**  
Treat yourself to some delicious goodies and support our teens as they raise funds for winter camp. You are welcome to bring baked goods to the teens for them to sell.

## Ernest Holmes Lending Library (Upstairs)

Our library is located upstairs above the coffee serving area of the Social Hall. We are open every Sunday from 10 am to 12:30 pm. We have books, audio recordings, and video recordings on a wide variety of subjects that are of interest to our spiritual community. We also have multiple copies of textbooks used in some of our classes and patrons are welcome to borrow these books for the duration of the class. Use the staircase opposite entrance to bookstore.

### **TICKETS ON SALE NOW - Benefit Concert: Soph & Trey + 945 Band**

**Friday, November 9, from 7:30 to 9 pm at the Center.** An evening of dance and music to benefit the Center's music ministry. See the homepage of our website, [www.cslsr.org](http://www.cslsr.org) for details.

## Spiritual Coaching

If you have benefited from prayer sessions on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone or Zoom. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer to make it so. Contact a practitioner through the online practitioner directory at <https://cslsr.org/members/practitioners/>

## Upcoming Classes and Workshops

**Look for registration information on the homepage of our website, [www.cslsr.org](http://www.cslsr.org).**

- **(C) The Mystical Path**, seven-week core class with Elias Owens, RScP, begins Monday, Oct. 7, from 6 to 8 pm in person at the Center.
- **(S) Living the Serenity Prayer**, four-week spiritual enrichment course with Dr. Edward Viljoen begins Tuesday, Oct. 8, from 6 to 7:30 pm in person at the Center or on Zoom
- **(S) Hail Mary: A Metaphysical Understanding**, four-week spiritual enrichment course with Dr. Edward Viljoen, begins Saturday, Oct. 19, in person at the Center or on Zoom.
- **(W) Karma and the Science of Mind**, Sunday, Oct. 20, from 1 to 3 pm in person at the Center.
- **(C) Revealing Wholeness**, six-week core class with Rev. Siota Belle, begins Tuesday, Oct. 29, from 6 to 8 pm in person at the Center.
- **(B) The Four Spiritual Laws of Prosperity**, five-week book study with Pat Byrne, RScP, begins Monday, Nov. 4, from 6:30 to 8 pm on Zoom.
- **(S) What Is My Relationship with God?**, four-week spiritual enrichment course with Maggie Cole, RScPE, begins Tuesday, Nov. 5, from 11 am to 12:30 pm on Zoom
- **(W) Living the Presence**, workshop with Dr. Edward Viljoen, Sunday, Nov. 10, from 1 to 3 pm.

## Contacts for Spiritual Support

- For grief support, call Rev. Siota Belle at (707) 527-3650.
- To have someone pray with you, call our Telephone Prayer Ministry, (707) 527-3484. Leave your name and number; a prayer practitioner will return your call.
- To hear an inspirational message and prayer, call Dial-a-Thought, (707) 527-3545.
- To request hospital or home telephone visits, call Heart in Hand, (707) 527-3574.
- If you want to submit a written prayer request while the Center is open on Sunday, you will find prayer request forms and the prayer box on a table in the hallway between the Social Hall and the office wing. You can also submit prayer requests online: <https://cslsr.org/online-prayer-request/>
- For additional spiritual support, click on "Resources" at the top of our homepage, <https://cslsr.org>
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <https://cslsr.org/members/practitioners/> and contact the practitioner of your choice. Fees apply.

## Member Assistance Program

From time to time we all need a little help from our friends. And sometimes what's really needed is money. A portion of monetary contributions to the Center is set aside in a fund ready to be drawn upon by members in times of need. If you have been a member of the Center for at least one year and have a giving intention on file, you are eligible to apply for one-time financial assistance. Our confidential Member Assistance Program is a shining example of members helping members. Go to <https://cslsr.org/member-assistance-program/> for more information

## **Annual Remembrance Service – Wednesday, November 13, at 7 pm**

You are invited to write the names of loved ones who have passed on since November 2023, on the remembrance pages at the Information Desk in the Social Hall or online at <https://cslsr.breezechms.com/form/RS2024>. You are welcome to bring flowers, photographs, or other mementos to the service to place on the community altar.

## **Art in the Social Hall**

For the months of September and October the featured art in the Social Hall is by Gail Mardfin. If you are a member of the Center and would like to exhibit your work, please contact Bob Hart at [rihart9@gmail.com](mailto:rihart9@gmail.com).

## **Every Time You Shop at Oliver's Market...**

...the Center receives a donation at no cost to you. Please stop by the literature display in the Social Hall for information on how to sign up.

## **Don't Miss a Thing!**

- To see a list online of all upcoming Center events, go to <https://cslsr.org/events/>
- For a monthly calendar view of our events, go to <https://cslsr.org/events/month/>

## **Our Nonprofit Partner Program**

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our community. We feature one of them each month. For October it Developing Communities, Inc. working with individuals and organizations in Nicaragua to help the people to improve their economic situation in both their community and their personal lives. To learn more about our nonprofit partner program and to see a list of all 12 partners for 2024, go here: <https://cslsr.org/our-nonprofit-program>

## **Sunday Flower Dedications**

At the Center we use flowers to send messages of love. You can purchase a flower arrangement for the stage. After the last service, you may take the flowers home, or you can donate them to decorate the Center during the week. Go here for the order form: <https://cslsr.org/sunday-flower-dedication/>

## **Online Resources**

- AFFIRMATIVE PRAYER LIBRARY  
Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is <https://affirmativeprayerlibrary.blogspot.com/>
- ONLINE PRAYER REQUESTS  
Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <https://cslsr.org/online-prayer-request>

## **Social Media**

- Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>
- Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>
- Instagram: <https://www.instagram.com/cslsantarosa/>
- Stepping Stones Facebook Page: <https://www.facebook.com/Stepping-Stones-Bookstore-116152508558>

## **Our Online Blogs**

- Dr. Edward's Blog: <https://edblogword.blogspot.com/>
- En Español: <https://enespanolcslsr.blogspot.com/>
- (NEW) Exploring Spiritual Study at the Center: <https://exploringspiritualstudy.blogspot.com/>
- New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>
- New Thought Resources: <http://newthoughtresources.blogspot.com/>
- Remembrance Pages: <https://communityremembrancepages.blogspot.com/>
- Volunteer Blog: <http://cslsr.blogspot.com/>
- Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>
- Youth and Family Ministry: <https://youthandfamilyministry.blogspot.com/>

## DAILY AND WEEKLY GATHERINGS

### MONDAY AFTERNOONS

Life Visioning Practice. Every Monday from 12 noon to 1 pm on Zoom, we practice consciously opening to the still small voice within. Facilitators are Antonio Aversano; Angél Fiorito, RScP; and Katrina Borneman, RScP. The Zoom link is <https://tinyurl.com/lifevisionmondays> You can download and/or listen to previous sessions at <https://tinyurl.com/CSLSR-Life-Vision-Library>

### MONDAY THROUGH FRIDAY

Daily Practice: Generating Love, Every weekday, Monday through Friday, from 10 to 10:25 am. The Zoom link is <https://tinyurl.com/GeneratingLove> You can use a video of this meditation practice on your own at any time: <https://vimeo.com/489089737>

### TUESDAY AFTERNOONS

Cancer Thrivers. We provide mutual support for those actively dealing with cancer. We meet on Tuesdays from 1 to 2:30 pm. Contact: Kathy Galvin, RScP, at [kgWrites@comcast.net](mailto:kgWrites@comcast.net)

### WEDNESDAY EVENINGS

Wednesday Meditation: Inviting the Sacred. Every Wednesday from 6 to 6:45 pm on Zoom. The new Zoom link is <https://tinyurl.com/WedEveMed>

### WEDNESDAY EVENINGS

Wednesday Evening Service. Mid-week spiritual boost every Wednesday from 7 to 7:45 pm in person at the Center. Details: <https://wednesdayeveningsatthecenter.blogspot.com/>

## MONTHLY MEETINGS

### FIRST SUNDAY

*Full Circle: Conversations About Death & Dying, 1 to 2:30 pm (October 6).* We meet on Zoom to provide education, spiritual support, conversation, and resources around the many ways dying can inform us about living and how valuable it is to have a spiritual practice.

### THIRD SUNDAY

*Grief and Loss Support, 10 to 10:40 am (October 20).* Come to the Practitioner Room upstairs, next to the library, for a facilitated session by a prayer practitioner. You can sit in silence or share your experiences in a safe and sacred space where we listen with honor, acceptance, and love.

### SECOND TUESDAY

*Seniors in Spirit, 12 noon (October 8).* We meet at Round Table Pizza on Occidental Road near the Center for lunch, friendship, prayer support, and to plan outings together as a group. Text Norma Miller at (707) 328-9771 to reserve your place at lunch.

### FOURTH THURSDAY

*Board of Trustees, 5:30 pm (October 24).* Except for executive sessions, board meetings are open to the public. The Zoom link is <https://us02web.zoom.us/j/82409732515>. No meeting in March since this is the month of the Annual Member Meeting. Dates for November and December may vary due to holidays.

### THIRD SATURDAY

*Project Sleep Warm, 10 am to 1 pm (October 19).* We meet at the Center in Room 7 (upstairs) to make comforters and coverlets for unsheltered women and children. Contact: Brenda Kobrin, RScP, at (707) 566-6785.

### LAST DAY OF THE MONTH

*Peace Meditation, 7 pm (Wednesday, October 30).* Except in October, when we meet on the 30th, and December, when we meet at 4 am, we meet at 7 pm to pray for peace on our planet. For more information, contact Vivian Strand, RScP Emeritus, at (707) 953-1917. The Zoom link is <https://tinyurl.com/CSLPeaceMed>