



*We see a world that works
for everyone.*

JULY 2025

This Month's Theme: Below the Surface

Sunday Talks

July 6 – Edward Viljoen, “Honoring the Current”

July 13 – Russ Legear, “Embracing Personal Power”

July 20 – Edward Viljoen, “Unlearning for Liberation”

July 27 – Siota Belle, “Depth and Boundaries”

Sunday Services at the Center

We offer two identical in-person services each Sunday at 9 am and 11 am. The 9 am service is live-streamed and recorded for later viewing on our website and YouTube.

Youth & Family Program

Children are welcome at the 11 am for creative, age-appropriate activities. To volunteer or learn more, contact Youth and Family Coordinator jennifer.caldwell@cslsr.org.

Prayer Support After Services

Practitioners are available for one-on-one affirmative prayer in the sanctuary after both morning services. You may also pray with a practitioner on Zoom at 10 am. The Zoom link is <https://cslsr.org/zoom-prayer/>

Wednesday Evening Service

Wednesdays at 7 pm in person at the center. Includes music, message, spiritual practice, and community. This service is not recorded or live-streamed.

Swing Band Dance & Concert

Friday, July 18. Dance lesson from 6 to 7 pm; live band concert and dancing from 7 to 9 pm. Enjoy music and fun with the New Horizons Swing Band. A fundraiser for both the band and the center. Advance \$15, at the door \$20. Purchase tickets at <https://tinyurl.com/SwingConcert>

Nonprofit Partner of the Month: Farm to Pantry

Farm to Pantry rescues fresh food and shares it with vulnerable communities. To learn about our nonprofit partner program and see all 2025 selections, visit: <https://cslsr.org/our-nonprofit-partners>

School Supplies for Local Students

We are partnering with First United Methodist Church to provide backpacks and school supplies for local students. On any Sunday in July, you can bring a backpack to the center filled with supplies appropriate for a student in any age group. Please attach a note to the backpack indicating the intended student's level. Details: <https://cslsr.org/school-supplies-for-students/>

Nominate a Nonprofit Partner for 2026

For 2026, we are especially looking for local groups aligned with our Global Vision that offer volunteer opportunities for us or have practical needs we can help meet. Go here to submit your nomination: <https://cslsr.breezechms.com/form/NPN26>. The deadline is Sunday, August 3. Questions? Visit the Information Desk in the social or contact Linda Hann at linda.hann@cslsr.org or (707) 494-8094

July Featured Volunteers: CSLSR Jail Ministry

This volunteer team provides compassionate support at the Sonoma County Main Adult Detention Facility through visits, classes, and spiritual resources. Team members: Jan Peterson, RScP, Krista McAtee, RScP, Patty Byrne, RScP, Rev. Siota Belle, and Wayne Stanfield. Find their informational flyer in the social hall.

Seeking Donations for December Holiday Art & Craft Fundraiser

Celebrate creativity and support the center by donating your handmade art and craft items! We welcome paintings, jewelry, ceramics, textiles, sculpture, and more, ready to hang or packaged for display. Invite friends and fellow artisans. Let's make this a joyful and generous holiday season! To learn more and register to donate items, go to <https://cslsr.breezechms.com/form/CF25>

New Member Class

Join Dr. Edward on Sunday, August 10, from 1 to 3 pm for this free class to learn more about the center and to decide if membership is right for you. To register, go to <https://cslsr.breezechms.com/form/NMC25>

Emergency Preparedness Workshop

In this free comprehensive workshop, you will learn how to prepare for natural disasters and other emergencies.

Part 1: Tuesday, August 5 – Making a plan, alerts, free go-bags, earthquake prep

Part 2: Tuesday, August 19 – Home supplies, document safety, pets, 2-1-1 resources

To register, go to <https://cslsr.breezechms.com/form/EPW25>

Spirit Walk - Saturday, July 5

Join Rev. Russ Legear at 9 am on the Santa Rosa Creek Trail. For details and to sign up, go to <https://cslsr.breezechms.com/form/SWJuly2025>

Flower Dedications

Celebrate someone you love with flowers on the Sunday stage. Order online: <https://cslsr.org/sunday-flower-dedication/>

Ernest Holmes Lending Library

Open Sundays from 10 am to 12 noon. Find spiritual books, class texts, and more. Location: Upstairs above the coffee area in the social hall.

Upcoming Classes and Workshops

(Use the [interactive education catalog](#) on the homepage of the website to see details and to register. **C** = core class; **S** = spiritual enrichment course; **W** = workshop)

- (C) Self-Mastery, with Dr. Edward Viljoen & Rev. Russ Legear, begins Tuesday, July 1
- (C) The Essential Ernest Holmes, with Christine Ruddy, RScP, begins Thur., July 17
- (S) The Power of Ritual: Exploring Paganism Through the Science of Mind, with Rev. Russ Legear, begins Monday, July 21.
- (W) Living Your Intention: A Mid-Year Reset, with Rev. Russ Legear, on Sun., July 27
- (S) The Spirit of Haiku, with Elias Owens, RScP, begins Monday, August 18
- (W) Sparks of Awareness, with Rev. Tara Steele, on Sunday, August 24
- (S) Consciousness and the Creative Process, with Rev. Siota Belle begins Tuesday, August 26

Spiritual Support

- Grief Support: Rev. Siota Belle – (707) 527-3650
- Telephone Prayer Ministry: (707) 527-3484 (leave name and number)
- Dial-a-Thought (inspiration & prayer): (707) 527-3545
- Hospital/Home Visits: Heart in Hand – (707) 527-3574
- Submit online prayer requests: <https://cslsr.org/online-prayer-request/>
- Appointments with Practitioners: <https://cslsr.org/members/practitioners/>

Weekly Gatherings

- **Monday Afternoons** – Life Visioning Practice, from 12 noon to 1 pm on Zoom. Facilitators: Antonio Aversano; Angél Fiorito, RScP; Katrina Borneman, RScP. The Zoom link is <https://tinyurl.com/lifevisionmondays>
Recordings: <https://tinyurl.com/CSLSR-Life-Vision-Library>
- **Monday – Friday** – Daily Practice: Generating Love, from 10 to 10:25 am on Zoom: <https://tinyurl.com/GeneratingLove>
Recorded version: <https://vimeo.com/489089737>
- **Tuesday Afternoons** – Cancer Thrivers Support Group, from 1 to 2:30 pm. Contact: Kathy Galvin, RScP at kgwrites@comcast.net
- **Wednesday Evening Meditation: Inviting the Sacred**, from 6 to 6:45 pm on Zoom: <https://tinyurl.com/WedEveMed>

Art in the Social Hall

During the months of July and August we are featuring the art of Robert Benson and Jim Thomason in the social hall. If you are a member and would like to display your art, please contact Bob Hart at rihart9@gmail.com

Monthly Gatherings

- **First Sunday – Full Circle: Conversations About Death & Dying**
Sunday, July 6 from 1 to 2:30 pm on Zoom:
<https://us02web.zoom.us/j/87804430156?pwd=c1pnZnBGUXRhYy9QUk8xM0RMTmFjZz09>
- **Third Sunday – Grief and Loss Spiritual Support**
Sunday, July 20 from 10 to 10:40 am
Practitioner Room (upstairs, next to the library)
- **Second Tuesday – Seniors in Spirit**
Tuesday, July 8 at 12:30 pm. Location: Round Table Pizza, Occidental Road
Contact: Connie McMurray – text (707) 799-9366
- **Fourth Thursday – Board of Trustees**
Thursday, July 24 at 5:30 pm on Zoom:
<https://us02web.zoom.us/j/84501860285?pwd=SuYSm1db0wbOARQmnkcm3VF1lw6qx3.1>
- **Third Saturday – Project Sleep Warm**
Saturday, July 19 from 10 am to 1 pm in Room 7 (upstairs)
Contact: Brenda Kobrin, RScP – (707) 566-6785
- **Last Day of the Month – World Peace Meditation**
Thursday, July 31 at 7 pm on Zoom: <https://tinyurl.com/CSLPeaceMed>
Contact: Vivian Strand, RScP Emeritus – (707) 953-1917

Find Us Online

- Website: <https://cslsr.org>
- Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>
- Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>
- Instagram: <https://www.instagram.com/cslsantarosa/>

Blogs and Online Resources

- Affirmative Prayer Library: <https://affirmativeprayerlibrary.blogspot.com/>
- Dr. Edward's Blog: <https://edblogword.blogspot.com/>
- Exploring Spiritual Study: <https://exploringspiritualstudy.blogspot.com/>
- En Español: <https://enespanolcslsr.blogspot.com/>
- New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>
- Volunteer Blog: <http://cslsr.blogspot.com/>
- New Thought Resources: <http://newthoughtresources.blogspot.com/>
- Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>
- Youth & Family: <https://youthandfamilyministry.blogspot.com/>

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