

One World, One Heart in 2026

This year, we're embarking on an inspiring journey through the world's great spiritual traditions, each explored through the lens of Science of Mind. Why this focus? To deepen our sense of unity, strengthen connections with other faith communities, and live out Ernest Holmes' call to remain "open at the top." The schedule of topics below is subject to change. Please check our website for current information.

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What does Science of Mind teach about other religions?

Science of Mind, as taught by Ernest Holmes and in Centers for Spiritual Living, has a very open and affirming perspective on other religions. Here are the key points:

1. A universal truth runs through all faiths.

Holmes taught that all spiritual paths contain the essence of truth. Different traditions may use different symbols, names, or practices, but they all point toward the same reality: One Infinite Presence, which he described as God, Spirit, or the Creative Power of Life.

2. No religion has a monopoly.

Science of Mind emphasizes that no single path can claim exclusive access to God. Holmes once said: *"We believe that God has inspired the great prophets, teachers, and seers of the ages. We honor all the great spiritual leaders and recognize that they have all brought light to humanity."*

3. Freedom of belief.

Science of Mind does not require conversion or renunciation of one's existing religion. It encourages people to deepen their own faith tradition if that path helps them realize their oneness with Spirit. Many students come from Christian, Jewish, Hindu, Buddhist, or other backgrounds and integrate those practices.

4. Practical spirituality.

Rather than debating which religion is right, Science of Mind focuses on whether a teaching helps people live more fully—with peace, health, abundance, and loving relationships. If it works, it is true for the individual.

5. Interfaith respect.

In practice, Centers for Spiritual Living engage in interfaith dialogue and cooperation. Holmes himself studied widely from Christianity and Hinduism to Buddhism, Taoism, and Western philosophy, and incorporated insights from many traditions into his teachings.

In short: Science of Mind teaches that all faiths are valid paths to the Divine, each carrying a piece of the greater truth. It honors their prophets and practices, while offering a universal metaphysical framework that seeks to unify, rather than divide, the world's spiritual wisdom.

January – Science of Mind

Affirmation: “I live in harmony with the Creative Power of Life.”

Book Recommendation: *The Science of Mind* by Ernest Holmes (Ch. 1–4)

- January 04, 2026: **The Thing Itself** — Exploring the nature of the Divine — the Infinite Presence behind all
- January 11, 2026: **The Way It Works** — Understanding how thought activates Law — the creative process
- January 18, 2026: **What It Does** — Seeing how the Universe responds to our beliefs and consciousness
- January 25, 2026: **How to Use It** — Applying spiritual principle to daily life through conscious intention

February – Islam

Affirmation: “I surrender to the rhythm of divine order and peace.”

Book Recommendation: *Sufi Talks* by Robert Frager

- February 01, 2026: **The Path of Peace** — Islam as a path of peace, submission, and spiritual alignment
- February 08, 2026: **Jesus and Islam** — Jesus through the lens of Islam — shared reverence and distinctions
- February 15, 2026: **The Feast of Ramadan** — Ramadan as a sacred discipline of purification and devotion
- February 22, 2026: **Islamic Mysticism** — Sufism and the mystical heart of Islam — love, unity, and longing

March – Bahá’í Faith

Affirmation: “I celebrate the unity of all people and the unfolding of truth.”

Book Recommendation: *The Bahá’í Faith: A Short Introduction* by Moojan Momen

- March 01, 2026: **One Light, Many Lamps** — Progressive revelation — honoring all messengers
- March 08, 2026: **The Oneness of Humanity** — The spiritual call to human unity and global cooperation
- March 15, 2026: **A New Revelation for a New Day** — The message of Bahá’u’lláh for spiritual awakening
- March 22, 2026: **A New Start (Naw-Rúz)** — Celebrating spiritual renewal and the Bahá’í New Year (Naw-Rúz)
- March 29, 2026: **Kirtan Mass**

April – Christianity

Affirmation: “I rise in love, forgiveness, and renewed life.”

Book Recommendation: *The Hidden Parables* by Todd Michael

- April 05, 2026: **Awake and Arise** — The metaphysical meaning of resurrection — rising into renewed life
- April 12, 2026: **Parable of the Sower** — Cultivating spiritual receptivity and awareness of inner soil
- April 19, 2026: **Parable of the Wheat and Tares** — Spiritual discernment — sort truth from illusion
- April 26, 2026: **Parable of the Mustard Seed** — Faith and potential — small beginnings to great expressions

May – Buddhism

Affirmation: “I meet this moment with clarity, compassion, and peace.”

Book Recommendation: *The Heart of the Buddha’s Teaching* by Thich Nhat Hanh

- May 03, 2026: **The Four Noble Truths** — Buddhist teaching on suffering and liberation
- May 10, 2026: **Rest in Openness - Zen** — Examining the nature of suffering
- May 17, 2026: **The Eightfold Path to Freedom** — Living the Eightfold Path
- May 24, 2026: **Wake Up and Stay Awake** — Awakening through mindfulness and presence
- May 31, 2026 - All Community Service

June – Taoism

Affirmation: I flow with Life and trust the wisdom of balance and simplicity.

Book Recommendation: *A Path and a Practice* by William Martin

- June 07, 2026: **Knowledge of the Tao** — Introducing the Tao — the nameless source and flow of all life
- June 14, 2026: **Letting Go of Opposites** — Releasing dualistic thinking and trusting the middle path
- June 21, 2026: **Without Seeking Acclaim** — Living without egoic striving — the power of humility and service
- June 28, 2026: **Tranquil but Unceasing** — Balance, rhythm, and spiritual constancy without force or strain

July – Native American Wisdom Traditions

Affirmation: “I walk gently on the earth, guided by the Spirit in all things.”

Book Recommendation: *Walking on the Wind: Cherokee Teachings for Harmony and Balance* by Michael Tlanusta Garrett

- July 05, 2026: **Changing the Muddied Water** — Cleansing and clarity — healing through water and story
- July 12, 2026: **Walking in Step with the Greater Circle** — Walking in harmony
- July 19, 2026: **All in Good Time** — Respecting right timing — patience, cycles, and natural unfolding
- July 26, 2026: **Crossing the Bridge** — Crossing thresholds with reverence — transformation through ritual

August – Paganism

Affirmation: “I honor the sacred cycles and dance with the turning of the Wheel.”

Book Recommendation: *The Earth Path* by Starhawk

- August 02, 2026: **Turning of the Wheel** — Introducing the Wheel of the Year — sacred time and change
- August 09, 2026: **The Sacred Feminine and the Living Earth** — Embracing the Divine Feminine
- August 16, 2026: **Magic as Conscious Creation** — Metaphysical magic — intention, ritual, and creation
- August 23, 2026: **Honoring the Ancestors, Healing the Lineage** — Honoring those who came before
- August 30, 2026: **Walking the Spiral Path** — Spiritual evolution as spiral of returning wisdom

September – Judaism

Affirmation: I return to wholeness through reflection, remembrance, and renewal.

Book Recommendation: *Judaism's Ten Best Ideas* by Arthur Green

- September 06, 2026: **The Eternal Now of Sabbath** — Shabbat as a practice of sacred rest
- September 13, 2026: **The Shofar and the Soul** — Rosh Hashanah and the inner call to awaken
- September 20, 2026: **The Art of Returning** — Teshuvah and forgiveness
- September 27, 2026: **A People of the Book** — Jewish resilience and wisdom through storytelling

October – Hinduism

Affirmation: "I behold the Divine in every form and in my own soul."

Book Recommendation: *The Bhagavad Gita: A New Translation* by Stephen Mitchell

- October 04, 2026: **Born Again: A Hindu Perspective** — Rebirth as transformation — karma, dharma
- October 11, 2026: **Who Am I?** — Vedantic inquiry into the nature of the true Self (Atman)
- October 18, 2026: **Truth Is a Multi-Layered Cake** — Truth expressed in many layers
- October 25, 2026: **Seeing God Everywhere** — Seeing the Divine in creation — sacred multiplicity

November – Sikhism

Affirmation: "I serve with love and see the One Light in all."

Book Recommendation: *Sikhism: A Very Short Introduction* by Eleanor Nesbitt

- November 01, 2026: **One Light, Many Faces** — The One Light expressed through many paths and traditions
- November 08, 2026: **The Sound of the Soul** — The Divine Name as vibration — sacred sound
- November 15, 2026: **The Way of the Warrior-Saint** — Courage and compassion
- November 22, 2026: **Walking in Grace: The Guru's Path** — Living the teachings of the Gurus
- November 29, 2026: **Gratitude as a Way of Life** — Gratitude as a daily spiritual practice and way of being

December – Science of Mind

Affirmation: "I shine my inner light and celebrate the Spirit in all paths."

Book Recommendation: *This Thing Called You* by Ernest Holmes

- December 07, 2026: **What We Believe** — Recognizing the inner light of Spirit within yourself and others
- December 14, 2026: **The Power of Spiritual Imagination** — Thomas Troward - Imagination
- December 20, 2026: **Clearing the Way** - Emma Curtis Hopkins
- December 28, 2026: **Begin Again in Grace** — Releasing the past and stepping into the new year



In-person Sunday services are at 9 am and 11 am • Youth program every Sunday, 11 am to Noon

In-person Wednesday service is at 7 pm

Bookstore: Sun. 9:30 am to 12:30 pm, Tue. 11 am to 3 pm, Wed. 6:30 to 7 pm

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