



We see a world that works for everyone.

March 2026

In 2026, we are embarking on an inspiring journey through the world's great spiritual tradition, each explored through the lens of Science of Mind.

Theme for the month: Exploring Bahá'í

Affirmation for March: I celebrate the unity of all people and the unfolding of truth.

- March 1 – Russ Legear – “One Light, Many Lamps”
- March 8 – Edward Viljoen – “The Oneness of Humanity”
- March 15 – Russ Legear – “A New Revelation for a New Day”
- March 22 – Edward Viljoen – “A New Start”
- March 29 – Kirtan Mass – Community Singing and Contemplation Service

Recommended Book: A Unifying Vision in Action, An Introduction to the Bahai Faith.

Classes:

(W) Conscious Recovery Workshop - Sunday, Mar. 8 • 1 – 4 pm

What would a Science of Mind approach to recovery from addiction look like? Conscious Recovery is rooted in the fundamental principle that underneath all addictive behavior is an essential self that is whole and perfect. Addictive behaviors are coping strategies to manage underlying unaddressed wounds and pain that drive the addictive behaviors. This workshop will share powerful tools to help you find your way back to your inherent wholeness.

Teacher: Denise Pool, RScP and Marielle Taylor, MSP, SUDCC IV

Cost: \$25 – 45 Sliding scale Workshop, In-Person

(C) Foundations of Science of Mind (Brand New!) - Tuesdays, Mar. 10 – Apr. 14 • 6 to 8:30 pm

Counts as a Foundational prerequisite for Licensed Prayer Practitioner training. Every spiritual practice begins with the basics, and that's what you will learn in our all new Foundations of Science of Mind. Completely redesigned for the modern student, each class is interactive and designed to engage the Spirit within through group exercises, inspirational readings, and a community of peers learning alongside you. Not just for beginners, Foundations is a great way to brush up on the pillars of the Science of Mind, ensuring your practice serves you well in every area of your life.

Teachers: Peggy Weber, RScP and Lorena Fisher, RScP

Cost: \$180 (Discounts and scholarships available)

Core Class • 6 weeks - On Zoom

(C) The Mystical Path - Thursdays, Mar. 12 – Apr. 23 • 9:30 am to Noon

Counts as an Elective prerequisite for Licensed Prayer Practitioner training. The Mystical Path offers participants a journey into Oneness. This course provides you with an opportunity to study the

perspective of a mystic to expand your awareness of the Divine Presence in your life. Students will explore their own beliefs and experiences to discover their own mystical perspective. The course will include regular meditation as well as self-inquiry, discussion of readings, and occasional videos, as well as other ways to explore the “field of infinite possibilities” that lies at the heart of us.

Teacher: Rev. Tara Steele

Cost: \$190 (Discounts and scholarships available)

Core Class • 7 weeks - On Zoom

The Power of Women 2026: Day-Retreat with Karen Drucker

Invest in yourself and the incredible community of women around you. Your power is waiting to be unleashed! Join singer-songwriter Karen Drucker for a transformative day to celebrate the incredible strength, resilience, and power of women. In these wacky times we are living in, give yourself a time-out to sing, meditate, and connect with like-minded women. It will be just what your Spirit and soul needs!

- be uplifted by music that inspires and heals.
- gain clarity on the next step(s) in your life.
- create stronger boundaries to stay balanced and centered.
- walk away with tools on how to practice radical self-care.
- sing, laugh, make new friends, and return home with a faith-lift!



Date: Saturday, March 7 - Time: 9:30 am to 3 pm

Fee: Sliding scale. (\$50, \$75, \$100, \$125)

Registration at - <https://cslsr.breezechms.com/form/POW2026>

Sunday Services at the Center

We offer two identical in-person services each Sunday at 9 am and 11 am. The 9 am service is live-streamed and recorded for later viewing on our website and YouTube.

Youth & Family Program

Children are welcome to join our youth program during the 11 am service for creative, age-appropriate activities. To volunteer or learn more, contact Youth and Family Coordinator, Jennifer Caldwell at jennifer.caldwell@cslsr.org.

Joyful Frequency Song Circle

Presented by singer-songwriter Astra Fox, the Joyful Frequency Song Circle is a welcoming monthly gathering where participants sing simple, uplifting songs that inspire connection, joy, and personal transformation. Open to all ages and experience levels, this circle offers a fun and empowering space to explore the spiritual practice of singing affirmative songs. These songs serve as musical affirmations, anchoring positive truths into your mind and body while building community through music. The circle will be on the first Thursday of each month at 6-7:30 pm.

After Service Prayer

Practitioners are available for one-on-one affirmative prayer in the sanctuary after both morning services. You may also pray with a practitioner on Zoom at 10 am. The Zoom link is <https://cslsr.org/zoom-prayer/>

New on Sundays – Community Visioning with Lawrence Edwards, RScP.

During our search for a new Senior Minister, how will we, as a community show up? That's the focus of Practitioner Lawrence Edward's spiritual practice of visioning. You are invited to attend on the fourth Sunday of each month at 12:30 pm in Grinton Chapel.

Wednesday Evening Service

Wednesdays at 7 pm in person at the center. Includes music, message, spiritual practice, and community. This service is not recorded or live-streamed. More information:

<https://wednesdayeveningsatthecenter.blogspot.com/>

Nonprofit Partner for March 2026

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our community. We feature one of them each month. For March, it is Sonoma County Acts of Kindness. <https://socoactsofkindness.org/>



Visit our Nonprofit Partner display in the social hall for more information.

Flower Dedications

Celebrate someone you love with flowers on the Sunday stage. Order online: <https://cslsr.org/sunday-flower-dedication/>

Ernest Holmes Lending Library

Open Sundays from 10 am to 12 noon. Find spiritual books, class texts, and more. Location: Upstairs above the coffee area in the social hall.

Spiritual Support

- Grief Support: Rev. Siota Belle – (707) 527-3650
- Telephone Prayer Ministry: (707) 527-3484 (leave name and number)
- Dial-a-Thought (inspiration & prayer): (707) 527-3545
- Hospital/Home Visits: Heart in Hand – (707) 527-3574
- Submit online prayer requests: <https://cslsr.org/online-prayer-request/>
- Appointments with Practitioners: <https://cslsr.org/members/practitioners/>

Weekly Gatherings

- **NEW – Advanced Meditation with Jane Kennedy.** Is the condition of our world calling you to show up in everyday life with the deepest connection to your voice of spirit within? Tuesdays at 3:30 pm at the Center. <https://cslsr.breezechms.com/form/AMG2026>
- **Monday Afternoons** – Life Visioning Practice, from 12 noon to 1 pm on Zoom. Facilitators: Antonio Aversano; Angél Fiorito, RScP; Katrina Borneman, RScP. The Zoom link is <https://tinyurl.com/lifevisionmondays> - Recordings: tinyurl.com/CSLSR-Life-Vision-Library
- **Monday – Friday** – Daily Practice: Generating Love, from 10 to 10:25 am on Zoom: <https://tinyurl.com/GeneratingLove>
Recorded version: <https://vimeo.com/489089737>
- **Tuesday Afternoons** – Cancer Thrivers Support Group, from 1 to 2:30 pm. Contact: Kathy Galvin, RScP at kgwrites@comcast.net
- **Wednesday Evening Meditation: Inviting the Sacred**, from 6 to 6:45 pm on Zoom: <https://tinyurl.com/WedEveMed>
- **Third Saturday – Project Sleep Warm** from 10 am to 1 pm in Room 7 (upstairs) – Contact: Brenda Kobrin, RScP – (707) 566-6785

- **Last Day of the Month – World Peace Meditation**
7 pm on Zoom: <https://tinyurl.com/CSLPeaceMed>
Contact: Vivian Strand, RScP Emeritus – (707) 953-1917

Find Us Online

- Website: <https://cslsr.org>
- Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingantarosa>
- Facebook Page: <https://www.facebook.com/centerforspirituallivingantarosa>
- TikTok: <https://www.tiktok.com/@cslsantarosa>
- Instagram: <https://www.instagram.com/cslsantarosa/>

Blogs and Online Resources

- Affirmative Prayer Library: <https://affirmativeprayerlibrary.blogspot.com/>
- Dr. Edward's Blog: <https://edblogword.blogspot.com/>
- Exploring Spiritual Study: <https://exploringspiritualstudy.blogspot.com/>
- En Español: <https://enespanolcslsr.blogspot.com/>
- New Life Celebrations: <https://cslsrcelebrations.blogspot.com/>
- Volunteer Blog: <http://cslsr.blogspot.com/>
- Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>
- Youth & Family: <https://youthandfamilyministry.blogspot.com/>

Monthly Gatherings

- **First Sunday – Full Circle: Conversations About Death & Dying**
Sunday from 1 to 2:30 pm on Zoom:
<https://us02web.zoom.us/j/87804430156?pwd=c1pnZnBGUXRhYy9QUk8xM0RMTmFjZz09>
- **Third Sunday – Grief and Loss Spiritual Support**
Sunday from 10 to 10:40 am - Practitioner Room (upstairs, next to the library)
- **Second Tuesday – Seniors in Spirit**
Tuesday 11 at 12 noon. Location: Round Table Pizza, Occidental Road
Contact: Connie McMurray – text (707) 799-9366
- **Fourth Thursday – Board of Trustees** - 5:30 pm on Zoom (link on our website)

Circles for Spiritual Connection

Circles for Spiritual Connection are led by trained facilitators and meet for eight weeks, either in person or on Zoom. During each session, we discuss the month's spiritual theme, including the Sunday talk. We also support each person's spiritual journey as we explore the Science of Mind and practice spirituality together. To join a circle, please contact Chris Kelly, chriskellycommunication@gmail.com for more information at the next series of circles.

Donate Your Old Motor Vehicle

<https://cardonationservices.com/charities/center-for-spiritual-living-santa-rosa/>

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