



We see a world that works for everyone.

January 2026

In 2026, we are embarking on an inspiring journey through the world's great spiritual tradition, each explored through the lens of Science of Mind. From January's return to our own foundational teachings to December's year-end refresh, we will visit Islam, Baha'i, Christianity, Buddhism, Taoism, Native American wisdom traditions, Paganism, Judaism, Hinduism, and Sikhism.

Theme for the month: Science of Mind

January 4 – Russ Legear – “The Thing Itself”

January 11 – Edward Viljoen – “The Way It Works”

January 18 – Edward Viljoen – “What It Does”

January 25 – Edward Viljoen – “How To Use It”

Class: Exploring Life Beyond Life, with Dr. Edward Viljoen

Reminder, this free four-week class for everyone who completed a 2026 giving intention form is starting in January:

In person on Mondays from **6 to 7:30 pm** (Jan 12, 19, 26, Feb. 2).

On Zoom on Saturdays from **9 to 10:30 am** (Jan. 17, 24, 31, and Feb. 7).

If you registered, you will receive an email reminder on Wednesday, January 7, 2026. In the email will be a link to the zoom meeting for the class, so that you can attend either in person or on zoom, or both.

If you did not register for the class, there is still time. You can complete your giving intention form at <https://cslsr.breezechms.com/form/GIF2026> to receive this complimentary class or at the information desk on Sundays.

Sunday Services at the Center

We offer two identical in-person services each Sunday at 9 am and 11 am. The 9 am service is live-streamed and recorded for later viewing on our website and YouTube.

Youth & Family Program

Children are welcome to join our youth program during the 11 am service for creative, age-appropriate activities. To volunteer or learn more, contact Youth and Family Coordinator, Jennifer Caldwell at jennifer.caldwell@cslsr.org .

Joyful Frequency Song Circle

Presented by singer-songwriter Astra Fox, the Joyful Frequency Song Circle is a welcoming monthly gathering where participants sing simple, uplifting songs that inspire connection, joy, and personal transformation. Open to all ages and experience levels, this circle offers a fun and empowering space to explore the spiritual practice of singing affirmative songs. These songs serve as musical affirmations, anchoring positive truths into your mind and body while building community through music. In January, the circle will be on **Thur., January 8, 2026**, 6-7:30 pm and for the rest of the year on the first Thursday of the month.

After Service Prayer

Practitioners are available for one-on-one affirmative prayer in the sanctuary after both morning services. You may also pray with a practitioner on Zoom at 10 am. The Zoom link is <https://cslsr.org/zoom-prayer/>

Wednesday Evening Service

Wednesdays at 7 pm in person at the center. Includes music, message, spiritual practice, and community. This service is not recorded or live-streamed. More information: <https://wednesdayeveningsatthecenter.blogspot.com/>

Nonprofit Partner for January 2026 - Sonoma County Indian Health Project, Inc.

Established in 1971 to provide health care for all Indians of Sonoma County and to provide services in a manner which is sensitive to the culture and traditions of the local Indian tribes. Over the years, SCIHP has grown to a comprehensive health care facility. scihp.org

Flower Dedications

Celebrate someone you love with flowers on the Sunday stage. Order online: <https://cslsr.org/sunday-flower-dedication/>

Ernest Holmes Lending Library

Open Sundays from 10 am to 12 noon. Find spiritual books, class texts, and more. Location: Upstairs above the coffee area in the social hall.

Spiritual Support

- Grief Support: Rev. Siota Belle – (707) 527-3650
- Telephone Prayer Ministry: (707) 527-3484 (leave name and number)
- Dial-a-Thought (inspiration & prayer): (707) 527-3545
- Hospital/Home Visits: Heart in Hand – (707) 527-3574
- Submit online prayer requests: <https://cslsr.org/online-prayer-request/>
- Appointments with Practitioners: <https://cslsr.org/members/practitioners/>

Weekly Gatherings

- **Monday Afternoons** – Life Visioning Practice, from 12 noon to 1 pm on Zoom.
Facilitators: Antonio Aversano; Angél Fiorito, RScP; Katrina Borneman, RScP. The Zoom link is <https://tinyurl.com/lifevisionmondays>
Recordings: <https://tinyurl.com/CSLSR-Life-Vision-Library>
- **Monday – Friday** – Daily Practice: Generating Love, from 10 to 10:25 am on Zoom:
<https://tinyurl.com/GeneratingLove>
Recorded version: <https://vimeo.com/489089737>
- **Tuesday Afternoons** – Cancer Thrivers Support Group, from 1 to 2:30 pm. Contact: Kathy Galvin, RScP at kgwrites@comcast.net
- **Wednesday Evening Meditation: Inviting the Sacred**, from 6 to 6:45 pm on Zoom:
<https://tinyurl.com/WedEveMed>
- **Third Saturday – Project Sleep Warm**
from 10 am to 1 pm in Room 7 (upstairs)
Contact: Brenda Kobrin, RScP – (707) 566-6785
- **Last Day of the Month – World Peace Meditation**
7 pm on Zoom: <https://tinyurl.com/CSLPeaceMed>
Contact: Vivian Strand, RScP Emeritus – (707) 953-1917

Find Us Online

- Website: <https://cslsr.org>
- Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>
- Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>
- Instagram: <https://www.instagram.com/cslsantarosa/>

Blogs and Online Resources

- Affirmative Prayer Library: <https://affirmativeprayerlibrary.blogspot.com/>
- Dr. Edward's Blog: <https://edbogword.blogspot.com/>
- Exploring Spiritual Study: <https://exploringspiritualstudy.blogspot.com/>
- En Español: <https://enespanolcslsr.blogspot.com/>
- New Life Celebrations: <https://cslrlifecelebrations.blogspot.com/>
- Volunteer Blog: <http://cslsr.blogspot.com/>
- Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>
- Youth & Family: <https://youthandfamilyministry.blogspot.com/>

Monthly Gatherings

- **First Sunday – Full Circle: Conversations About Death & Dying**
Sunday from 1 to 2:30 pm on Zoom:
<https://us02web.zoom.us/j/87804430156?pwd=c1pnZnBGUXRhYy9QUk8xM0RMTmFjZz09>
- **Third Sunday – Grief and Loss Spiritual Support**
Sunday from 10 to 10:40 am
Practitioner Room (upstairs, next to the library)
- **Second Tuesday – Seniors in Spirit**
Tuesday 11 at 12 noon. Location: Round Table Pizza, Occidental Road
Contact: Connie McMurray – text (707) 799-9366
- **Fourth Thursday – Board of Trustees**
5:30 pm on Zoom (link on our website)

Circles for Spiritual Connection

Circles for Spiritual Connection are led by trained facilitators and meet for eight weeks, either in person or on Zoom. During each session, we discuss the month's spiritual theme, including the Sunday talk. We also support each person's spiritual journey as we explore the Science of Mind and practice spirituality together. To join a circle, please fill out the form below. When there is an opening, a facilitator will contact you with more details

<https://cslsr.breezechms.com/form/CSC112025>

Donate Your Unwanted Motor Vehicle

Here is an easy way to bring additional funds to the center

<https://cardonationsservices.com/charities/center-for-spiritual-living-santa-rosa/>

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