



*We see a world that works for  
everyone.*

## February 2026

In 2026, we are embarking on an inspiring journey through the world's great spiritual tradition, each explored through the lens of Science of Mind. From January's return to our own foundational teachings to December's year-end refresh, we will visit Islam, Baha'i, Christianity, Buddhism, Taoism, Native American wisdom traditions, Paganism, Judaism, Hinduism, and Sikhism.

### Theme for the month: Islam

Affirmation for February: I surrender to the rhythm of divine order and peace

February 1 – Edward Viljoen – “The Path of Peace”

February 8 – Karen Drucker - “My Religion is Love”

February 15 – Edward Viljoen – “The Feast of Ramadan”

February 22 – Russ Legear – “Dancing With Spirit”

Recommended Book: *Taking Back Islam*, by Michael Wolfe, available at our bookstore.

### Classes:

- **Finding Abundance in Austerity:** Letting Go as a Spiritual Practice, Tuesdays, Feb. 10 – Mar. 3 • 6 to 7:30 pm with Rev. Russ Legear
- **Spiritual Mind Treatment for Beginners**, Sunday, Feb. 15 • 1 to 3 pm with Dr. Edward Viljoen
- **Help for Today, Mondays**, Feb 23 – Mar. 16 • 6 to 7:30 p with Dr. Edward Viljoen

### Sunday Services at the Center

We offer two identical in-person services each Sunday at 9 am and 11 am. The 9 am service is live-streamed and recorded for later viewing on our website and YouTube.

### Youth & Family Program

Children are welcome to join our youth program during the 11 am service for creative, age-appropriate activities. To volunteer or learn more, contact Youth and Family Coordinator, Jennifer Caldwell at [jennifer.caldwell@cslsr.org](mailto:jennifer.caldwell@cslsr.org).

### Teen Overnight

On Saturday, February 28, we are hosting our quarterly teen overnight experience. Teens will have an opportunity to connect in guided spiritual practice with their peers and have fun at the Center. Reach out to Jennifer Caldwell at [jennifer.caldwell@cslsr.org](mailto:jennifer.caldwell@cslsr.org) for details on how to join.

### **Joyful Frequency Song Circle**

Presented by singer-songwriter Astra Fox, the Joyful Frequency Song Circle is a welcoming monthly gathering where participants sing simple, uplifting songs that inspire connection, joy, and personal transformation. Open to all ages and experience levels, this circle offers a fun and empowering space to explore the spiritual practice of singing affirmative songs. These songs serve as musical affirmations, anchoring positive truths into your mind and body while building community through music. In February, the circle will be on Thur., February 5, 2026, 6-7:30 pm and for the rest of the year on the first Thursday of the month.

### **After Service Prayer**

Practitioners are available for one-on-one affirmative prayer in the sanctuary after both morning services. You may also pray with a practitioner on Zoom at 10 am. The Zoom link is <https://cslsr.org/zoom-prayer/>

### **Wednesday Evening Service**

Wednesdays at 7 pm in person at the center. Includes music, message, spiritual practice, and community. This service is not recorded or live-streamed. More information: <https://wednesdayeveningsatthecenter.blogspot.com/>

### **An Evening of Love with Karen Drucker – Special Wednesday Evening Concert**

Join Karen for an evening of music, prayer, meditation, and love on February 11 at 7 pm. Event is offered on a love offering basis.

### **Nonprofit Partner for February 2026**

**North Bay Theatrics** – Provides a safe and inclusive environment that is accessible to all young people; where they create leadership opportunities and foster relationships so all individuals can build confidence while having fun, being themselves, and instilling a sense of value through the performing arts.

[www.northbaytheatrics.com](http://www.northbaytheatrics.com)

### **Flower Dedications**

Celebrate someone you love with flowers on the Sunday stage. Order online: <https://cslsr.org/sunday-flower-dedication/>

### **Ernest Holmes Lending Library**

Open Sundays from 10 am to 12 noon. Find spiritual books, class texts, and more. Location: Upstairs above the coffee area in the social hall.

## Spiritual Support

- Grief Support: Rev. Siota Belle – (707) 527-3650
- Telephone Prayer Ministry: (707) 527-3484 (leave name and number)
- Dial-a-Thought (inspiration & prayer): (707) 527-3545
- Hospital/Home Visits: Heart in Hand – (707) 527-3574
- Submit online prayer requests: <https://cslsr.org/online-prayer-request/>
- Appointments with Practitioners: <https://cslsr.org/members/practitioners/>

## Weekly Gatherings

- **Monday Afternoons** – Life Visioning Practice, from 12 noon to 1 pm on Zoom.  
Facilitators: Antonio Aversano; Angél Fiorito, RScP; Katrina Borneman, RScP. The Zoom link is <https://tinyurl.com/lifevisionmondays>  
Recordings: <https://tinyurl.com/CSLSR-Life-Vision-Library>
- **Monday – Friday** – Daily Practice: Generating Love, from 10 to 10:25 am on Zoom:  
<https://tinyurl.com/GeneratingLove>  
Recorded version: <https://vimeo.com/489089737>
- **Tuesday Afternoons** – Cancer Thrivers Support Group, from 1 to 2:30 pm. Contact: Kathy Galvin, RScP at [kgwrites@comcast.net](mailto:kgwrites@comcast.net)
- **Wednesday Evening Meditation: Inviting the Sacred**, from 6 to 6:45 pm on Zoom:  
<https://tinyurl.com/WedEveMed>
- **Third Saturday – Project Sleep Warm**  
from 10 am to 1 pm in Room 7 (upstairs)  
Contact: Brenda Kobrin, RScP – (707) 566-6785
- **Last Day of the Month – World Peace Meditation**  
7 pm on Zoom: <https://tinyurl.com/CSLPeaceMed>  
Contact: Vivian Strand, RScP Emeritus – (707) 953-1917

## Find Us Online

- Website: <https://cslsr.org>
- Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>
- Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>
- Instagram: <https://www.instagram.com/cslsantarosa/>

## Blogs and Online Resources

- Affirmative Prayer Library: <https://affirmativeprayerlibrary.blogspot.com/>
- Dr. Edward's Blog: <https://edblogword.blogspot.com/>
- Exploring Spiritual Study: <https://exploringspiritualstudy.blogspot.com/>
- En Español: <https://enespanolcslsr.blogspot.com/>
- New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>
- Volunteer Blog: <http://cslsr.blogspot.com/>
- Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>
- Youth & Family: <https://youthandfamilyministry.blogspot.com/>

## Monthly Gatherings

- **First Sunday – Full Circle: Conversations About Death & Dying**  
Sunday from 1 to 2:30 pm on Zoom:  
<https://us02web.zoom.us/j/87804430156?pwd=c1pnZnBGUXRhYy9QUk8xM0RMTmFjZz09>
- **Third Sunday – Grief and Loss Spiritual Support**  
Sunday from 10 to 10:40 am  
Practitioner Room (upstairs, next to the library)
- **Second Tuesday – Seniors in Spirit**  
Tuesday 11 at 12 noon. Location: Round Table Pizza, Occidental Road  
Contact: Connie McMurray – text (707) 799-9366
- **Fourth Thursday – Board of Trustees**  
5:30 pm on Zoom (link on our website)

## Circles for Spiritual Connection

Circles for Spiritual Connection are led by trained facilitators and meet for eight weeks, either in person or on Zoom. During each session, we discuss the month's spiritual theme, including the Sunday talk. We also support each person's spiritual journey as we explore the Science of Mind and practice spirituality together. To join a circle, please contact Chris Kelly, [chriskellycommunication@gmail.com](mailto:chriskellycommunication@gmail.com) for more information at the next series of circles.

## Donate Your Unwanted Motor Vehicle

Here is an easy way to bring additional funds to the center

<https://cardonationservices.com/charities/center-for-spiritual-living-santa-rosa/>

Center for Spiritual Living, Santa Rosa  
2075 Occidental Road • Santa Rosa CA 95401  
(707) 546-4543 • [www.cslsr.org](http://www.cslsr.org)